# Shrinkage Estimation for Multivariate Hidden Markov Mixture Models 

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## Motivating data analysis

## Returns of US Industry Portfolio

- Monthly returns of $P=30$ different industry sectors (NYSE, NASDAQ and AMEX)
- $T=1026$ time points between July 1926 and December 2011
- Characteristics: changing market environment over time
- Model: Hidden (Markov) states based on pseudo-Gaussian likelihood

$$
X_{t}=\sum_{k=1}^{K} S_{t, k} \boldsymbol{\Sigma}_{k}^{1 / 2} \varepsilon_{t}
$$

## US Industry Portfolio



## Challenge

- Variance-covariance analysis of (mean-centered) log-returns
- Due to high dimensionality, sample covariance matrix $(30 \times 30)$ possibly not invertible and numerically unstable
- In this work: method to improve this estimator by shrinkage

Shrinkage for covariance estimation

- Developed by Ledoit et al (2004), Sancetta (2008)
- Can drastically improve the mean-squared error and the condition number
- (Theory: double asymptotics $P \rightarrow \infty$ and $T \rightarrow \infty$ )
- Our contribution: Use for Hidden Markov mixtures


## Multivariate Hidden Markov Mixture

Let $S_{t}$ be a finite-state Markov chain with values in $\left\{e_{1}, \ldots, e_{K}\right\}$, where $e_{i}$ is a unit vector in $\mathbb{R}^{K}$ and having the ith entry equal to 1 .

$$
P\left(S_{t}=e_{j} \mid S_{t-1}=e_{i}, S_{t-2}, \cdots\right)=P\left(S_{t}=e_{j} \mid S_{t-1}=e_{i}\right)=a_{i j}
$$

Let assume

1. $S_{t}$ aperiodic and irreducible, and
2. $S_{t}$ is $\alpha$-mixing with exponentially decreasing rate.

Then, $S_{t}$ stationary with distribution given by $\pi_{k}=P\left(S_{t}=e_{k}\right)$. We define,

$$
\begin{equation*}
X_{t}=\sum_{k=1}^{K} S_{t, k}\left(\mu_{k}+\boldsymbol{\Sigma}_{k}^{1 / 2} \varepsilon_{t}\right) \tag{1}
\end{equation*}
$$

where $\varepsilon_{t}$ i.i.d. $\left(0, \mathbf{I}_{p}\right)$, independent of $S_{t}$ and $S_{t, k}=1$ iff $S_{t}=e_{k}$.
For ease of presentation: $\mu_{k}=0 \forall k$.

Some literature: Francq and Roussignol (1997), Yang (2000): Switching Markov VAR; Francq and Zarkoïan (2001): Multivariate Markov switching ARMA; Franke et al (2010, 2011): Mixtures of nonparametric AR, Markov switching AR-ARCH.

## Shrinkage Estimation of Covariance Matrices

Goal: Estimate $\boldsymbol{\Sigma}$ by more "regular" estimator than empirical covariance

$$
\widehat{\Sigma}=\frac{1}{T} \sum_{t=1}^{T} X_{t} X_{t}^{\prime}
$$

Idea (Ledoit et al, 2004, Sancetta, 2008): Shrinkage of $\widehat{\Sigma}$ :

$$
\begin{equation*}
\widehat{\Sigma}_{s}=(1-W) \hat{\Sigma}+W \alpha \mathbf{l}_{p} \text { with } 0 \leq W \leq 1 . \tag{2}
\end{equation*}
$$

Shrink $\hat{\Sigma}$ towards $\alpha \mathbf{I}_{p}$ such that $\operatorname{tr}\left(\alpha \mathbf{I}_{p}\right)=\mathbb{E} \operatorname{tr} \hat{\Sigma} \approx \operatorname{tr} \boldsymbol{\Sigma}$.
Interesting: extreme eigenvalues are shrunken towards the "grand mean" $\frac{\operatorname{tr} \hat{\Sigma}}{p}$. Although bias is introduced, variance is highly reduced (for $p$ large), and the MSE is reduced.

## Optimal shrinkage weights

Choose optimal shrinkage weight $W$ by minimizing MSE:

$$
W^{*}=\arg \min _{W \in[0,1]} \mathbb{E}\left\|\widehat{\Sigma}_{s}-\boldsymbol{\Sigma}\right\|^{2}
$$

where $\|\mathbf{A}\|^{2}=\frac{1}{p} \operatorname{tr}\left(\mathbf{A} \mathbf{A}^{\prime}\right)$, the scaled Frobenius norm. The solution is

$$
\begin{equation*}
W^{*}=\frac{\mathbb{E}\|\widehat{\Sigma}-\boldsymbol{\Sigma}\|^{2}}{\mathbb{E}\left\|\alpha I_{p}-\widehat{\Sigma}\right\|^{2}} \wedge 1 \tag{3}
\end{equation*}
$$

But: $\widehat{\boldsymbol{\Sigma}}_{s}^{*}$ is not feasible as depending on unknowns, in particular $\alpha=\frac{1}{p} \operatorname{tr}(\boldsymbol{\Sigma})$.
Interpretations:
$W^{*}$ is also the PRIAL ("percentage relative improvement of average loss") of $\widehat{\Sigma}_{s}^{*}$ over $\widehat{\Sigma}$. It shows that (even under - correct - double asymptotics $p$ and $T$ to infinity) shrinkage is important.

Also, we have a Pythagorean for shrinkage (asymptotically, if biased $\widehat{\Sigma}$ ):

$$
\alpha^{2}+\beta^{2}=\delta^{2},
$$

- $\alpha^{2}=$ distance between "truth" and shrinkage target
- $\beta^{2}=$ distance between "truth" and (unshrunken) estimator
- $\delta^{2}=$ distance between (unshrunken) estimator and shrinkage target


## A Pythagorean for Shrinkage

$\mu_{T}(\omega)$ Id

$$
f_{T}(\omega)
$$

## Shrinkage Estimation of Covariance Matrices (2)

How to estimate consistently the optimal shrinkage weight $W^{*}$ ?

$$
\begin{equation*}
W^{*}=\frac{\mathbb{E}\|\widehat{\Sigma}-\boldsymbol{\Sigma}\|^{2}}{\mathbb{E}\left\|\alpha I_{p}-\widehat{\Sigma}\right\|^{2}} \wedge 1 \tag{4}
\end{equation*}
$$

Estimate

- $\alpha$ by $\widehat{\alpha}=\frac{1}{p} \operatorname{tr}(\widehat{\Sigma})$
- denominator by sample analogue $\left\|\alpha I_{p}-\widehat{\Sigma}\right\|^{2}$
- numerator by some less direct alternative approach which works even for correlated data $X_{t}$, suggested by Sancetta (2008):
Note that

$$
\mathbb{E}\|\widehat{\Sigma}-\boldsymbol{\Sigma}\|^{2}=\frac{1}{p} \sum_{i, j}^{p} \operatorname{var}\left(\widehat{\Sigma}_{i j}\right)=\frac{1}{p} \sum_{i, j}^{p} \frac{1}{T} f_{i j}(0)
$$

where $f_{i j}$ is the spectral density of (the time series) $Y_{t}^{i j}:=X_{t i} X_{t j}$. Estimate $f(\omega)(0)$ via some lag-window smoother over the empirical autocovariances of $Y_{t}^{i j}$.
The shrinkage estimator $\hat{\boldsymbol{\Sigma}}_{k}^{s}$ (based on estimated optimal shrinkage weights) asymptotically has the same propoerties as the optimal shrinkage estimator $\boldsymbol{\Sigma}^{s, *}$, improving the PRIAL over $\widehat{\Sigma}$.
Also: both estimators improve the condition number of the matrix $\widehat{\Sigma}$ defined to be the ratio of its largest to its smallest eigenvalue.

## Covariance estimators built via oracle states

Paradigm: Ignore that state variables $S_{t}$ are unknown, develop covariance shrinkage estimators. Consider

$$
\begin{aligned}
\tilde{\boldsymbol{\Sigma}}_{k}^{(0)} & =\frac{1}{\sum_{t=1}^{T} S_{t, k}} \sum_{t=1}^{T} S_{t, k} X_{t} X_{t}^{\prime} \\
& =\frac{1}{T_{k}} \sum_{t=1}^{T} S_{t, k} X_{t} X_{t}^{\prime} \quad \text { Oracle State Covariance estimator }
\end{aligned}
$$

Problem of numerical stability if the effective sample size $\sum_{t=1}^{T} S_{t, k}=T_{k}$ is not large enough compared to the dimension of the process $p$.
Way out: work with

$$
\boldsymbol{\Sigma}_{k}^{(0)}=\frac{1}{T} \sum_{t=1}^{T} S_{t, k} X_{t} X_{t}^{\prime}=\pi_{k}^{(0)} \tilde{\boldsymbol{\Sigma}}_{k}^{(0)}
$$

with

$$
\pi_{k}^{(0)}=\frac{1}{T} \sum_{t=1}^{T} S_{t, k}
$$

Observe that $\boldsymbol{\Sigma}_{k}^{(0)}$ estimates

$$
\mathbb{E} \boldsymbol{\Sigma}_{k}^{(0)}=\pi_{k} \boldsymbol{\Sigma}_{k}
$$

but it is still potentially ill-conditioned: Shrinkage

## Shrinkage based Oracle State Covariance Estimator

Goal: Shrink $\boldsymbol{\Sigma}_{k}^{(0)}$ towards $\alpha_{k} \boldsymbol{I}_{\rho}$, with $\alpha_{k}=\frac{1}{p} \operatorname{tr}\left(\pi_{k} \boldsymbol{\Sigma}_{k}\right)$ which can be unbiasedly and $\sqrt{T}$-consistently estimated by

$$
\alpha_{k}^{(0)}=\frac{1}{p} \operatorname{tr} \boldsymbol{\Sigma}_{k}^{(0)}
$$

Let

$$
\boldsymbol{\Sigma}_{k}^{s}=\left(1-W_{k}\right) \boldsymbol{\Sigma}_{k}^{(0)}+W_{k} \alpha_{k}^{(0)} \mathbf{I}_{p} \quad \text { with } 0 \leq W_{k} \leq 1
$$

and optimize the $\left\{W_{k}\right\}$ by

$$
\tilde{W}_{k}^{(0)}=\arg \min _{W_{k} \in[0,1]} \mathbb{E}\left\|\left(1-W_{k}\right) \boldsymbol{\Sigma}_{k}^{(0)}+W_{k} \alpha_{k}^{(0)} \mathbf{I}_{p}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}
$$

We get

$$
\begin{aligned}
\tilde{W}_{k}^{(0)} & =\frac{\mathbb{E}\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}-\sum_{i=1}^{p} \operatorname{cov}\left(\operatorname{tr} \boldsymbol{\Sigma}_{i i, k}^{(0)}, \alpha_{k}^{(0)}\right)}{\mathbb{E}\left\|\alpha_{k}^{(0)} \mathbf{I}_{p}-\boldsymbol{\Sigma}_{k}^{(0)}\right\|^{2}} \wedge 1 \\
& \approx \frac{\mathbb{E}\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}}{\mathbb{E}\left\|\alpha_{k}^{(0)} \mathbf{I}_{p}-\boldsymbol{\Sigma}_{k}^{(0)}\right\|^{2}} \wedge 1
\end{aligned}
$$

using that

$$
\sum_{i=1}^{p} \operatorname{cov}\left(\operatorname{tr} \boldsymbol{\Sigma}_{i i, k}^{(0)}, \alpha_{k}^{(0)}\right)=\frac{1}{p} \operatorname{var}\left(\operatorname{tr} \boldsymbol{\Sigma}_{k}^{(0)}\right)=p \mathbb{E}\left(\alpha_{k}^{(0)}-\alpha_{k}\right)^{2}=O\left(\frac{p}{T}\right)
$$

## Estimation of the shrinkage weights

As in Sancetta (2008), estimate the numerator

$$
\mathbb{E}\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}
$$

by an estimator of the spectral density $f_{i j}(\omega)$ of $Y_{t}^{i j, k}=S_{t k} X_{t i} X_{t j}$ at frequency $\omega=0$.
Reminder: Use lag-window smoothed empirical autocovariances. Indeed, for $K(u) \geq 0, K(u)=K(-u)$ and $K(0)=1$ and some $b>0$

$$
\hat{f}_{i j, k}^{b}(0)=\sum_{s=-T+1}^{T-1} K\left(\frac{s}{b}\right) \Gamma_{i j, k}^{(0)}(s) .
$$

Then, we get an estimator of the optimal shrinkage weights $W_{k}^{(0)}$ as follows:

$$
\hat{W}_{k}^{(0)}=\frac{\frac{1}{p} \frac{1}{T} \sum_{i, j=1}^{p} \hat{f}_{j, k}^{b}(0)}{\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\alpha_{k}^{(0)} \mathbf{I}_{p}\right\|^{2}} \wedge 1 .
$$

## Some asymptotic theory

## Theorem

Under the above assumptions on $S_{t}$, with $\mathbb{E}\left\|\varepsilon_{t}\right\|^{8}<\infty$, a kernel $K(u)$ with "usual" poperties and a bandwidth $b=b_{T} \rightarrow \infty$ such that $\frac{b_{T}}{\sqrt{T}} \rightarrow 0$. Moreover, assume, with $p$ fixed,
A1) $\alpha_{k} \mathbf{I}_{p} \neq \pi_{k} \boldsymbol{\Sigma}_{k}$
Then
a) $W_{k}^{*}=\frac{\mathbb{E}\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}}{\mathbb{E}\left\|\alpha_{k} \mathbf{I}_{p}-\boldsymbol{\Sigma}_{k}^{(0)}\right\|^{2}} \wedge 1 \asymp \frac{1}{T}$
b) $\left(\hat{W}_{k}^{(0)}-W_{k}^{*}\right)=o_{p}\left(T^{-1}\right)$
c) $\left\|\hat{\boldsymbol{\Sigma}}_{k}^{s}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|=\left\|\boldsymbol{\Sigma}_{k}^{s, *}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|\left(1+o_{p}\left(\frac{1}{\sqrt{T}}\right)\right)$

That is, the shrinkage estimator $\hat{\boldsymbol{\Sigma}}_{k}^{s}$ based on estimated optimal weights $\hat{W}_{k}^{(0)}$ is asymptotically as performant as $\boldsymbol{\Sigma}_{k}^{s, *}$ based on true optimal weights $W_{k}^{*}$ (and both reduce the risk of the unshrunken estimator $\boldsymbol{\Sigma}_{k}^{(0)}$ ).

## Variations of this Theorem

Asymptotically growing dimension $p=p(T) \rightarrow \infty$ :
A2) $\frac{1}{p^{\gamma}}\left\|\alpha_{k} \mathbf{I}_{p}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2} \rightarrow c>0$ for some $2>\gamma>0$ such that $\frac{p^{2-\gamma}}{T} \rightarrow 0$.
Then, with $a_{T}=\frac{T}{p^{2-\gamma}}$
a) $W_{k}^{*}=\frac{\mathbb{E}\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}}{\mathbb{E}\left\|\alpha_{k} \boldsymbol{I}_{\rho}-\boldsymbol{\Sigma}_{k}^{(0)}\right\| \|^{2}} \wedge 1 \asymp \frac{p^{2-\gamma}}{T}$
b) $a_{T}\left(\hat{W}_{k}^{(0)}-W_{k}^{*}\right)=o_{p}(1)$
c) $\left\|\hat{\boldsymbol{\Sigma}}_{k}^{s}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|=\left\|\boldsymbol{\Sigma}_{k}^{s, *}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|\left(1+o_{p}\left(\frac{1}{\sqrt{a_{T}}}\right)\right)$

Interpretation: Everything is scaled with the amount of cross-covariance converging to zero with $p \rightarrow \infty$.

If $\mu_{k} \neq 0$ : Estimator $\widehat{\mu}_{k}=\frac{\sum_{t} s_{t k} X_{t k}}{\sum_{t} s_{t k}}$ leads to additional but asymptotically vanishing bias.

Oracle estimators: Example with two hidden states

Let

$$
S_{t} \in\{0,1\}, \varepsilon_{t} \sim \mathcal{N}\left(0, \mathbf{I}_{p}\right)
$$

and define

$$
X_{t}=\left(S_{t} \boldsymbol{\Sigma}_{1}^{1 / 2}+\left(1-S_{t}\right) \boldsymbol{\Sigma}_{2}^{1 / 2}\right) \varepsilon_{t}
$$

Additionally,

$$
\begin{aligned}
\mathbf{A} & =\left(a_{i j}\right)_{1 \leq i, j \leq 2} \\
& =\left(\begin{array}{ll}
0.95 & 0.05 \\
0.05 & 0.95
\end{array}\right)
\end{aligned}
$$

Furthermore

$$
p=20 \quad T=256
$$

Let

$$
\mathbf{R}_{1}=\left(\begin{array}{cccc}
1 & .2 & .2 & .2 \\
.2 & 1 & .2 & .2 \\
.2 & .2 & 1 & .2 \\
.2 & .2 & .2 & 1
\end{array}\right) \quad \text { and } \quad \mathbf{R}_{2}=\left(\begin{array}{cccc}
1 & .5 & .5 & .5 \\
.5 & 1 & .5 & .5 \\
.5 & .5 & 1 & .5 \\
.5 & .5 & .5 & 1
\end{array}\right)
$$

and construct the block-diagonal correlation matrix

$$
\mathbf{R}=\left(\begin{array}{ccccc}
\mathbf{R}_{1} & \mathbf{0}_{4} & \cdots & \cdots & \mathbf{0}_{4} \\
\mathbf{0}_{4} & \mathbf{R}_{2} & \ddots & & \vdots \\
\vdots & \ddots & \mathbf{R}_{1} & \ddots & \vdots \\
\vdots & & \ddots & \mathbf{R}_{2} & \mathbf{0}_{4} \\
\mathbf{0}_{4} & \cdots & \cdots & \mathbf{0}_{4} & \mathbf{R}_{1}
\end{array}\right)
$$

We then consider

$$
\mathbf{B}=\sqrt{5} \mathbf{R}, \quad \mathbf{D}=\sqrt{10} \mathbf{I}_{20} \quad \text { and } \mathbf{H}=\left(\begin{array}{cccc}
\sqrt{1} \mathbf{l}_{5} & \mathbf{0}_{5} & \cdots & \mathbf{0}_{5} \\
\mathbf{0}_{5} & \sqrt{2} \mathbf{l}_{5} & \ddots & \vdots \\
\vdots & \ddots & \sqrt{3} \mathbf{l}_{5} & \mathbf{0}_{5} \\
\mathbf{0}_{5} & \cdots & \mathbf{0}_{5} & \sqrt{5} \mathbf{I}_{5}
\end{array}\right)
$$

1. Distribution of estimated shrinkage weights:

| Simulation 1 |  | Simulation 2 |  | Simulation 3 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\boldsymbol{\Sigma}_{1}=\mathbf{H}$ | $\boldsymbol{\Sigma}_{2}=\mathbf{D}$ | $\boldsymbol{\Sigma}_{1}=\mathbf{B} \quad \boldsymbol{\Sigma}_{2}=\mathbf{D}$ | $\boldsymbol{\Sigma}_{1}=\mathbf{B} \quad \boldsymbol{\Sigma}_{2}=\mathbf{H}$ |  |  |

Mode of estimated shrinkage weight

| in State $1 /$ State 2 | in State $1 /$ State 2 | in State $1 /$ State 2 |
| :---: | :---: | :---: |
| $0.65 / 1.0$ | $0.3 / 1.0$ | $0.3 / 0.65$ |

2. Improvement for Average Loss:

$$
\begin{equation*}
\operatorname{PRIAL}\left(\hat{\boldsymbol{\Sigma}}_{k}^{s}\right)=100 \times \frac{\mathbb{E}\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}-\mathbb{E}\left\|\hat{\boldsymbol{\Sigma}}_{k}^{s}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}}{\mathbb{E}\left\|\boldsymbol{\Sigma}_{k}^{(0)}-\pi_{k} \boldsymbol{\Sigma}_{k}\right\|^{2}} \tag{5}
\end{equation*}
$$

which yields

|  | State | Covariance Matrix | Precision Matrix |
| :--- | :---: | :---: | :---: |
| Simulation 1 | 1 | 49.293 | 95.626 |
|  | 2 | 70.876 | 89.640 |
| Simulation 2 | 1 | 22.132 | 85.653 |
|  | 2 | 71.837 | 89.544 |
| Simulation 3 | 1 | 19.054 | 84.965 |
|  | 2 | 45.727 | 86.194 |

Table: PRIALs per state for the covariance matrix and the precision (=inverse covariance) matrix when the true state is known.

## Condition numbers

Let $\lambda_{1} \geq \ldots \geq \lambda_{p}$ be the ordered eigenvalues of a matrix $\boldsymbol{\Sigma}$.

$$
\begin{equation*}
\operatorname{cond}(\boldsymbol{\Sigma})=\frac{\lambda_{1}}{\lambda_{p}} \equiv \text { condition number of } \boldsymbol{\Sigma} \tag{6}
\end{equation*}
$$

The larger cond $(\boldsymbol{\Sigma})$, the more numerically unstable the inversion of the matrix.


Figure: Comparison of condition numbers for each Monte Carlo iteration in Simulation 1 for (top) state 1 and (bottom) state 2. The mean decreasing trend is shown in red.

## Maximum Likelihood Estimation

Recall
$S_{t} \in\{0,1\}, \varepsilon_{t} \sim \mathcal{N}\left(0, \mathbf{I}_{p}\right)$ and define

$$
\begin{equation*}
X_{t}=\left(S_{t} \boldsymbol{\Sigma}_{1}^{1 / 2}+\left(1-S_{t}\right) \boldsymbol{\Sigma}_{2}^{1 / 2}\right) \varepsilon_{t} \tag{7}
\end{equation*}
$$

Additionally,

$$
\mathbf{A}=\left(\begin{array}{ll}
0.95 & 0.05 \\
0.05 & 0.95
\end{array}\right)
$$

Given $S_{t, k}=1$ and

$$
\begin{aligned}
f\left(X_{t}, \mu_{k}, \boldsymbol{\Sigma}_{k}\right) & =\frac{1}{(2 \pi)^{p / 2}\left|\boldsymbol{\Sigma}_{k}\right|^{1 / 2}} \exp \left(-\frac{1}{2}\left(X_{t}-\mu_{k}\right)^{\prime} \boldsymbol{\Sigma}_{k}^{-1}\left(X_{t}-\mu_{k}\right)\right) \\
& =f\left(X_{t} \mid S_{t}=e_{k}, \lambda\right)
\end{aligned}
$$

where $\lambda$ is the vector of parameters for the $K$ different probability density functions.

More generally, if we were given a hidden sample path $S=\left(S_{1}, \ldots, S_{T}\right)$, one could have defined

$$
L\left(X_{1}, \ldots, X_{T} \mid \lambda, S\right)=\prod_{t=1}^{T} f\left(X_{t} \mid S_{t}, \lambda\right)=\prod_{t=1}^{T}\left(\sum_{k=1}^{K} S_{t, k} f\left(X_{t}, \mu_{k}, \boldsymbol{\Sigma}_{k}\right)\right)
$$

and therefore the extended likelihood could have been written as

$$
\begin{equation*}
P(X, S \mid \lambda)=L\left(X_{1}, \ldots, X_{T} \mid \lambda, S\right) L(S \mid \lambda) \tag{8}
\end{equation*}
$$

Unfortunately the hidden process is unknown. Therefore,

$$
\begin{equation*}
L\left(X_{1}, \ldots, X_{T} \mid \theta\right)=\sum_{\text {all possible } S} P(X, S \mid \theta) \tag{9}
\end{equation*}
$$

where $\theta$ is the vector of parameters of the $K$ different probability distribution functions and the transition probabilities.

A direct optimization of the likelihood function could be numerically cumbersome - we prefer to use the EM-Algorithm.

## Idea of the EM-Algorithm

## Algorithm 1 EM Algorithm

1. Initialize a good starting value of the parameter $\theta^{(0)}$
2. E-Step: Assume the parameter are known and compute the estimated state variables $\hat{S}_{t, k}$ (making use of the forward and backward procedure see e.g. Rabiner (1989))
3. M-Step: Assume the hidden state variables are known and update the parameter estimates by optimizing the cost function (quasi-likelihood function) with respect to the unknown parameters
4. Iterate the E-step and M-Step until a stopping criterion is satisfied.

## The M-Step

1. Transition probabilities
$\hat{a}_{i, j}=\frac{\text { Expected number of transitions from state } i \text { to state } j}{\text { Expected number of transitions from } i \text { to anywhere }}, i, j=1, \ldots, K$
2. Initial Distribution

$$
\begin{equation*}
\hat{\pi}_{k}=\frac{\sum_{t} \hat{S}_{t, k}}{T} \tag{10}
\end{equation*}
$$

3. State means

$$
\begin{equation*}
\hat{\mu}_{k}=\frac{\sum_{t} \hat{S}_{t, k} X_{t}}{\sum_{t} \hat{S}_{t, k}} \tag{12}
\end{equation*}
$$

4. State covariances

$$
\hat{\boldsymbol{\Sigma}}_{k}^{s}=\left(1-\hat{W}_{k}^{(0)}\right) \boldsymbol{\Sigma}_{k}^{(0)}+\hat{W}_{k}^{(0)} \alpha_{k}^{(0)} I_{p}
$$

where

$$
\boldsymbol{\Sigma}_{k}^{(0)}=\frac{\sum_{t} \hat{S}_{t, k}\left(X_{t}-\hat{\mu}_{k}\right)\left(X_{t}-\hat{\mu}_{k}\right)^{\prime}}{T}, k=1, \ldots, K
$$

and then set

$$
\hat{\boldsymbol{\Sigma}}_{k}=\frac{1}{\hat{\pi}_{k}} \hat{\boldsymbol{\Sigma}}_{k}^{s}
$$

where $\hat{\boldsymbol{\Sigma}}_{k}^{s}$ is the shrinkage estimator.

## Histogram Transition Probabilities: Simulation 1

Recall Transition matrix

$$
\mathbf{A}=\left(\begin{array}{ll}
0.95 & 0.05 \\
0.05 & 0.95
\end{array}\right)
$$

Recall Simulation 1: $\boldsymbol{\Sigma}_{1}=\mathbf{H} \quad \boldsymbol{\Sigma}_{2}=\mathbf{D}$ state separation small


(b) Simulation 1 - Shrinkage Estimator

## Histogram Transition Probabilities: Simulation 2

Recall Simulation 2: $\boldsymbol{\Sigma}_{1}=\mathbf{B} \quad \boldsymbol{\Sigma}_{2}=\mathbf{D}$ state separation moderate

(c) Simulation 2 - Sample Covariance Matrix

(d) Simulation 2 - Shrinkage Estimator

## Histogram Transition Probabilities: Simulation 3

Recall Simulation 3: $\boldsymbol{\Sigma}_{1}=\mathbf{B} \quad \boldsymbol{\Sigma}_{2}=\mathbf{H}$ state separation larger

(e) Simulation 3 - Sample Covariance Matrix

(f) Simulation 3 - Shrinkage Estimator

## Sample reconstructed paths - using the Viterbi Algorithm


(g) Simulation with $\boldsymbol{\Sigma}_{1}=\boldsymbol{\Sigma}_{2}=\mathbf{D}$

(h) Simulation 1

## Sample reconstructed paths (cont'd)



## Data analysis example - revisited

## US Industry Portfolio



## Analysis of portfolio data - results

- BIC indicated 2 states with estimated transition probability matrix (see paper)

$$
\widehat{\mathbf{A}}=\left(\begin{array}{ll}
0.9418 & 0.0582 \\
0.2565 & 0.7435
\end{array}\right)
$$

- Industry portfolios prefer less volatile state 1 over state 2 (Great Depression 1930s, dot-com bubble early 2000s, and recent financial crisis late 2007)
- Inspection of the correlation matrix: stronger correlations in state 2

1. "games and recreation" industry, highly correlated with many of the other industries;
2. "chemicals, textiles, construction, steel, machinery, electrical equipment, automobiles, transportation equipment, and metal mining" correlated with one another;
3. and with " business equipment, supplies, transportation, wholesale, retail, restaurants and hotels, banking and trading",...


Figure: Estimated variance-covariance (top) and correlation (bottom) matrix state 1 (left) and 2 (right). The brighter the color, the greater the value.

## Conclusion

Shrinkage for Covariance estimation in Hidden Markov Models

- improves MSE and
- reduces condition number,
- in particular when effective sample sizes per state are small (in the order of dimension $p$ ):
- allows for numerically more stable and invertible estimators
- stabilizes EM and Path reconstruction

