## **Biostatistician behind bars**

By design and on trial Professor Sheila M. Bird MRC Biostatistics Unit University of Cambridge

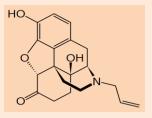
For over 100 years, the MRC Biostatistics Unit has used statistics to investigate epidemics such as tuberculosis, cigarette smoking, HIV, heroin addiction and hepatitis C. Our findings are not always popular. I will describe how research into HIV, hepatitis B and heroin injection got us barred from Scottish prisons.

Naloxone is the heroin antidote that can save lives in the event of an overdose. Record-linkage studies led us to quantify a 7 times higher risk of overdose death amongst exprisoners shortly after release from prison. This enabled us to mount the pilot N-ALIVE trial in England, which measures the effectiveness of naloxone take-home kits at reducing drug related deaths.



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Even before the N-ALIVE randomized controlled trial started in England, Scotland introduced take-home-naloxone as a funded public health policy. The 3-year results of Scotland's closelymonitored naloxone policy led us to stop the N-ALIVE trial. I will explain why.











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