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1. MOTIVATION

Rough path theory, broadly speaking, aims to extend Stieltjes-type calculus from paths with finite variation to paths with finite p -variation. In the literature, while there have been plenty of bounds on p -variation, there have been very few examples where the exact values of p -variation are calculated. One situation where it would be helpful to have such exact value is the study of isoperimetric-type inequality

$$\left(\int \int_{\mathbb{R}^2} |\eta(\gamma, (x, y))|^q dx dy \right)^{\frac{1}{q}} \leq \left(\frac{1}{2} \right)^{\frac{1}{q}} \left(\zeta \left(\frac{2}{pq} \right) - 1 \right) (\|\gamma\|_{p-var})^{\frac{2}{q}},$$

where $\gamma : [0, 1] \rightarrow \mathbb{R}^2$ is a continuous loop, $\eta(\gamma, (x, y))$ is its winding number around the point (x, y) , $\|\gamma\|_{p-var}$ is the p -variation of γ and ζ is the classical zeta function. The constant $\left(\frac{1}{2} \right)^{\frac{1}{q}} \left(\zeta \left(\frac{2}{pq} \right) - 1 \right)$ is likely to not be optimal, so in order to find the optimal constant, it would be useful to have the exact value of $\|\gamma\|_{p-var}$ for a reasonably large class of γ . The goal of this two-day project is to try and calculate $\|\gamma\|_{p-var}$ when γ is the boundary of a regular polygon.

2. THE ESSENTIAL PROBLEM

Let

$$\mathbf{X} = ((x_1, y_1), (x_2, y_2), \dots, (x_n, y_n))$$

be a sequence of n points in the x - y plane. We define the norm of a vector (u, v) as

$$\|(u, v)\| = \sqrt{u^2 + v^2}.$$

Here the square root is the positive square root.

For each ordered subset

$$(2.1) \quad I = ((x_{i_1}, y_{i_1}), \dots, (x_{i_k}, y_{i_k}))$$

of $((x_1, y_1), \dots, (x_n, y_n))$, with $i_1 = 1$, $i_k = n$ and $i_1 < i_2 < \dots < i_k$, the p -variation with respect to I is defined as

$$(2.2) \quad \|\mathbf{X}|_I\|_{p-var} = \left(\sum_{j=1}^{k-1} \|(x_{i_{j+1}} - x_{i_j}, y_{i_{j+1}} - y_{i_j})\|^p \right)^{\frac{1}{p}}$$

$$(2.3) \quad = \left(\sum_{j=1}^{k-1} \left((x_{i_{j+1}} - x_{i_j})^2 + (y_{i_{j+1}} - y_{i_j})^2 \right)^{\frac{p}{2}} \right)^{\frac{1}{p}}.$$

The p -variation of $\mathbf{X}$, $\|\mathbf{X}\|_{p-var}$, is defined as the maximum of $\|\mathbf{X}|_I\|_{p-var}$ across all the different subsets I in (2.1) such that $i_1 = 1$ and $i_k = n$.¹

Example 1. Let $\mathbf{X} = ((0, 0), (1, 2), (2, 3))$. Since we only consider subsets of $\{(0, 0), (1, 2), (2, 3)\}$ where $(0, 0)$ and $(2, 3)$ are in the subset, so there are only two possible subsets that we will consider

$$I_1 = \{(0, 0), (2, 3)\}$$

and

$$I_2 = \{(0, 0), (1, 2), (2, 3)\}.$$

Note that

$$\begin{aligned} \|\mathbf{X}|_{I_1}\|_{2-var} &= (\|(2, 3) - (0, 0)\|^2)^{\frac{1}{2}} \\ &= \left(\left((2-0)^2 + (3-0)^2\right)\right)^{\frac{1}{2}} \\ &= \sqrt{13} \end{aligned}$$

and

$$\begin{aligned} \|\mathbf{X}|_{I_2}\|_{2-var} &= (\|(2, 3) - (1, 2)\|^2 + \|(1, 2) - (0, 0)\|^2)^{\frac{1}{2}} \\ &= \left(\left((2-1)^2 + (3-2)^2\right) + \left((1-0)^2 + (2-0)^2\right)\right)^{\frac{1}{2}} \\ &= (2+5)^{\frac{1}{2}}. \end{aligned}$$

Since $\sqrt{13} > \sqrt{7}$, we have

$$\|\mathbf{X}\|_{2-var} = \sqrt{13}.$$

In this two-day workshop, we investigate the p -variation of a regular n -gon with side lengths 1. From now on, let $(x_1, y_1), \dots, (x_n, y_n)$ be the coordinates of the vertices of a regular n -gon, arranged in the anti-clockwise direction. Let $(x_{n+1}, y_{n+1}) = (x_1, y_1)$. With such a choice of $(x_1, y_1), \dots, (x_{n+1}, y_{n+1})$, the quantity (2.2) is called the p -variation of the regular n -gon.²

Research Question: Can we calculate the p -variation of a regular n -gon exactly for certain range of p ?

Example 2. For regular 3-gon, or equivalently an equilateral triangle, one way to choose $\mathbf{X}$ is as

$$\mathbf{X} = \left((0, 0), \left(\frac{1}{2}, \frac{\sqrt{3}}{2} \right), (1, 0), (0, 0) \right).$$

For later calculation purpose, we denote

$$\begin{aligned} (x_1, y_1) &= (0, 0), (x_2, y_2) = \left(\frac{1}{2}, \frac{\sqrt{3}}{2} \right) \\ (x_3, y_3) &= (1, 0), (x_4, y_4) = (0, 0). \end{aligned}$$

¹If we consider the piecewise linear path connecting the n -points in $\mathbf{X}$ in order, then $\|\mathbf{X}\|_{p-var}$ coincides with the p -variation of the piecewise linear path as defined in [2].

²Although there is more than one way to choose which vertex can be the starting vertex, the choice of starting vertex does not affect the calculation of p -variation as it is rotationally invariant. The p -variation is also translation invariant, which means that the location of the n -gon does not affect the p -variation.

Here there are four points so we will need to think about the possible subsets for $(1, 2, 3, 4)$ that contains 1 and 4. They are

$$\begin{aligned} I_1 &= (1, 4), I_2 = (1, 2, 4), I_3 = (1, 3, 4) \\ I_4 &= (1, 2, 3, 4). \end{aligned}$$

We denote

$$\begin{aligned} \|\mathbf{X}|_{I_1}\|_{p-var} &= \left(\left((x_4 - x_1)^2 + (y_4 - y_1)^2 \right)^{\frac{p}{2}} \right)^{\frac{1}{p}} \\ &= \left(\left((0 - 0)^2 + (0 - 0)^2 \right)^{\frac{p}{2}} \right)^{\frac{1}{p}} \\ &= 0. \end{aligned}$$

$$\begin{aligned} &\|\mathbf{X}|_{I_2}\|_{p-var} \\ &= \left(\left((x_4 - x_2)^2 + (y_4 - y_2)^2 \right)^{\frac{p}{2}} + \left((x_2 - x_1)^2 + (y_2 - y_1)^2 \right)^{\frac{p}{2}} \right)^{\frac{1}{p}} \\ &= \left(\left(\left(0 - \frac{1}{2} \right)^2 + \left(0 - \frac{\sqrt{3}}{2} \right)^2 \right)^{\frac{p}{2}} + \left(\left(\frac{1}{2} - 0 \right)^2 + \left(\frac{\sqrt{3}}{2} - 0 \right)^2 \right)^{\frac{p}{2}} \right)^{\frac{1}{p}} \\ &= 2^{\frac{1}{p}}. \end{aligned}$$

Similarly,

$$\|\mathbf{X}|_{I_3}\|_{p-var} = 2^{\frac{1}{p}}$$

and

$$\|\mathbf{X}|_{I_4}\|_{p-var} = 3^{\frac{1}{p}}.$$

The p -variation $\|\mathbf{X}\|_{p-var}$ is the biggest of these numbers, so

$$\|\mathbf{X}\|_{p-var} = 3^{\frac{1}{p}}.$$

Example 3. For a regular 4-gon, or equivalently a unit square, one way to choose the vertices is as

$$\mathbf{X} = ((0, 0), (0, 1), (1, 1), (1, 0), (0, 0)),$$

where $(x_1, y_1) = (0, 0)$, $(x_2, y_2) = (0, 1)$, $\dots$, $(x_5, y_5) = (0, 0)$.

Possible ordered subsets of $(1, 2, 3, 4, 5)$ that includes 1 and 5 are $I_1 = (1, 5)$, $I_2 = (1, 2, 5)$, $I_3 = (1, 3, 5)$, $I_4 = (1, 4, 5)$, $I_5 = (1, 2, 3, 5)$, $I_6 = (1, 2, 4, 5)$, $I_7 = (1, 3, 4, 5)$ and $I_8 = (1, 2, 3, 4, 5)$. To calculate the p -variation of $\mathbf{X}$ note in particular that

$$\begin{aligned} &\|\mathbf{X}|_{I_3}\|_{p-var} \\ &= \left(\left((x_3 - x_1)^2 + (y_3 - y_1)^2 \right)^{\frac{p}{2}} + \left((x_5 - x_3)^2 + (y_5 - y_3)^2 \right)^{\frac{p}{2}} \right)^{\frac{1}{p}} \\ &= \left((1^2 + 1^2)^{\frac{p}{2}} + ((0 - 1)^2 + (0 - 1)^2)^{\frac{p}{2}} \right)^{\frac{1}{p}} \\ &= 2^{\frac{1}{p}} 2^{\frac{1}{2}}. \end{aligned}$$

and

$$\|\mathbf{X}|_{I_5}\|_{p-var} = 2^{\frac{2}{p}}.$$

It can be checked that $\|\mathbf{X}|_{I_1}\|_{p-var}, \|\mathbf{X}|_{I_2}\|_{p-var}, \dots$ will all be less than or equal to $2^{\frac{1}{p}}2^{\frac{1}{2}}$ or $2^{\frac{2}{p}}$. Therefore,

$$\|\mathbf{X}\|_{p-var}$$

would be equal to $2^{\frac{1}{p}}2^{\frac{1}{2}}$ or $2^{\frac{2}{p}}$, whichever one is bigger. This means in particular that

$$\|\mathbf{X}\|_{p-var} = \begin{cases} 2^{\frac{2}{p}}, & \text{if } p < 2 \\ 2^{\frac{1}{p}}2^{\frac{1}{2}}, & \text{if } p \geq 2. \end{cases}$$

2.1. Regular Pentagon or Hexagon. In this report, we will use $\log$ to denote the natural logarithm $\log_e$ to the base e . This is different from A-level textbooks where the notation was usually $\ln$.

A direct calculation has concluded that, for regular pentagon, the p -variation is

$$\|\mathbf{X}\|_{p-var} = \begin{cases} 5^{\frac{1}{p}}, & \text{if } p \leq \frac{\log 2}{\log \varphi}; \\ (2\varphi^p + 1)^{\frac{1}{p}}, & \text{if } p > \frac{\log 2}{\log \varphi}. \end{cases}$$

For regular hexagon, the p -variation is

$$\|\mathbf{X}\|_{p-var} = \begin{cases} 6^{\frac{1}{p}}, & \text{if } p \leq \frac{\log 4}{\log 3}; \\ 3^{\frac{1}{p}}3^{\frac{1}{2}}, & \text{if } \frac{\log 4}{\log 3} < p \leq \frac{2 \log(\frac{3}{2})}{\log(\frac{4}{3})}; \\ 2 \cdot 2^{\frac{1}{p}}, & \text{if } \frac{2 \log(\frac{3}{2})}{\log(\frac{4}{3})} < p. \end{cases}$$

2.2. General values of n . The study of regular pentagon and hexagon in the previous section suggest a pattern, that for a general regular n -gon and for p sufficiently close to 1, we should expect

$$\|\mathbf{X}\|_{p-var} = n^{\frac{1}{p}}.$$

2.2.1. Distance between vertices of regular n -gons. Let $(x_1, y_1), \dots, (x_n, y_n)$ be the vertices of a regular n -gon ordered in the anti-clockwise direction. Let $(x_{n+1}, y_{n+1}) = (x_1, y_1)$. Recall that if $I = (i_1, \dots, i_k)$ where $i_1 = 1$ and $i_k = n + 1$ we have

$$\|\mathbf{X}|_I\|_{p-var} = \left(\sum_{j=1}^{k-1} \|(x_{i_{j+1}} - x_{i_j}, y_{i_{j+1}} - y_{i_j})\|^p \right)^{\frac{1}{p}}.$$

Therefore it would be helpful to compute

$$\|(x_{i_{j+1}} - x_{i_j}, y_{i_{j+1}} - y_{i_j})\|.$$

Note that $(x_1, y_1), \dots, (x_n, y_n), (x_{n+1}, y_{n+1})$ all lies on the circle with radius

$$\frac{1}{2 \sin\left(\frac{\pi}{n}\right)}$$

and a centre which we will call O . Note that $\|(x_m, y_m) - (x_l, y_l)\|$ is the length of the cord for the sector with vertices (x_m, y_m) , O and (x_l, y_l) . By applying trigonometry to the triangle with vertices (x_m, y_m) , O and (x_l, y_l) , we have that for $l > m$,

$$\|(x_m, y_m) - (x_l, y_l)\| = \frac{\sin\left(\frac{(l-m)\pi}{n}\right)}{\sin\left(\frac{\pi}{n}\right)}.$$

Therefore, given a subset $I = \{(x_{i_1}, y_{i_1}), \dots, (x_{i_k}, y_{i_k})\}$ of $\{(x_1, y_1), \dots, (x_{n+1}, y_{n+1})\}$ with $i_1 = 1$, $i_k = n + 1$ and $i_1 < i_2 < \dots < i_k$, we have

$$\begin{aligned} \|\mathbf{X}|_I\|_{p-var} &= \left(\sum_{j=1}^{k-1} \frac{\sin^p \left(\frac{(i_{j+1} - i_j)\pi}{n} \right)}{\sin^p \left(\frac{\pi}{n} \right)} \right)^{\frac{1}{p}} \\ &= \frac{1}{\sin \left(\frac{\pi}{n} \right)} \left(\sum_{j=1}^{k-1} \sin^p \left(\frac{(i_{j+1} - i_j)\pi}{n} \right) \right)^{\frac{1}{p}} \end{aligned}$$

2.2.2. *Maximising over the different partitions.* In order to work out the subsets I that would maximise

$$\|\mathbf{X}|_I\|_{p-var}$$

we first consider

$$\max_{1 \leq k \leq n} \frac{\sin^p \left(\frac{k\pi}{n} \right)}{k},$$

which is

$$\begin{aligned} &= \frac{\pi}{n} \max_{1 \leq k \leq n} \frac{\sin^p \left(\frac{k\pi}{n} \right)}{k \frac{\pi}{n}} \\ &= \frac{\pi}{n} \max_{x \in \left\{ \frac{\pi}{n}, \frac{2\pi}{n}, \dots, \frac{n\pi}{n} \right\}} \frac{\sin^p(x)}{x}. \end{aligned}$$

To find the maximiser, consider the function

$$f(x) = \frac{\sin^p(x)}{x}.$$

Lemma 4. *Let $p \geq 1$. Let z_0 be the unique real number such that $0 < z_0 < \frac{\pi}{2}$ and*

$$pz_0 - \tan(z_0) = 0.$$

The function

$$f(x) = \frac{\sin^p(x)}{x}$$

is strictly increasing for $0 < x < z_0$ and strictly decreasing for $z_0 < x \leq \pi$.

Proof. To maximise the function, we compute its derivative

$$\begin{aligned} f'(x) &= \frac{px \sin^{p-1}(x) \cos(x) - \sin^p(x)}{x^2} \\ &= \sin^{p-1}(x) \left[\frac{px \cos(x) - \sin(x)}{x^2} \right]. \end{aligned}$$

Now if $\frac{\pi}{2} \leq x \leq \pi$, then $\cos(x) \leq 0$ and $\sin(x) > 0$, so

$$px \cos(x) - \sin(x) < 0.$$

If $0 \leq x_0 \leq \pi$ and satisfies $f'(x_0) = 0$, then $0 \leq x_0 \leq \frac{\pi}{2}$. We now re-write $f'(x)$ as

$$f'(x) = \sin^{p-1}(x) \cos(x) \left[\frac{px - \tan(x)}{x^2} \right].$$

Let

$$g(x) = px - \tan(x).$$

Then

$$g'(x) = p - \sec^2(x).$$

Since $\cos(x)$ is strictly decreasing for $0 \leq x \leq \frac{\pi}{2}$, the function $x \rightarrow g'(x)$ is strictly decreasing. There is therefore only one y_0 such that $g'(y_0) = 0$ and

$$g'(x) \begin{cases} > 0 & \text{if } x < y_0; \\ < 0 & \text{if } x > y_0. \end{cases}$$

This means g is strictly increasing for $x < y_0$ and strictly decreasing for $x > y_0$.

Since $g(0) = 0$ and g is strictly increasing for $x < y_0$, we have $g(x) > 0$ for $0 < x \leq y_0$. Since $g(y_0) > 0$ and $x \rightarrow g(x)$ is strictly decreasing when $y_0 < x < \frac{\pi}{2}$ and $g(x)$ approaches $-\infty$ as x approaches $\frac{\pi}{2}$, there must only be one z_0 that satisfies $y_0 < z_0 < \frac{\pi}{2}$ and $g(z_0) = 0$.

In summary, we have

$$g(x) \begin{cases} = 0 & x = 0 \\ > 0 & 0 < x < z_0 \\ = 0 & x = z_0 \\ < 0 & z_0 < x < \frac{\pi}{2}. \end{cases}$$

Since g has the same sign as f' for $0 < x < \frac{\pi}{2}$, we have

$$f'(x) \begin{cases} = 0 & x = 0 \\ > 0 & 0 < x < z_0 \\ = 0 & x = z_0 \\ < 0 & z_0 < x < \frac{\pi}{2}. \end{cases}$$

This means the function f has a maximum at the point z_0 , where z_0 is the unique point where $0 < z_0 < \frac{\pi}{2}$ and

$$pz_0 - \tan(z_0) = 0.$$

□

2.2.3. Location of z_0 .

Lemma 5. *If*

$$p \leq \frac{\tan\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}},$$

then the maximum

$$\max_{x \in \left\{\frac{\pi}{n}, \frac{2\pi}{n}, \dots, \frac{n\pi}{n}\right\}} \frac{\sin^p(x)}{x}$$

is attained at $x = \frac{\pi}{n}$ or $x = \frac{2\pi}{n}$.

Proof. In the previous section, we saw that the function

$$f(x) = \frac{\sin^p(x)}{x}$$

is maximised at a unique point $0 < z_0 < \frac{\pi}{2}$ satisfying

$$pz_0 - \tan(z_0) = 0.$$

Since for $p \geq 1$ the function $z \rightarrow pz - \tan(z)$ is non-negative for small and positive z , if x is a number such that $px - \tan(x) \leq 0$, then $z_0 \leq x$.

Note that

$$p \frac{2\pi}{n} - \tan\left(\frac{2\pi}{n}\right) \leq 0$$

if and only if

$$p \leq \frac{\tan\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}}.$$

Therefore if $p \leq \frac{\tan\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}}$, then $z_0 \leq \frac{2\pi}{n}$.

Since $f(x)$ is increasing for $x \leq z_0$ and decreasing for $x \geq z_0$, the maximum

$$\max_{x \in \left\{\frac{\pi}{n}, \frac{2\pi}{n}, \dots, \frac{n\pi}{n}\right\}} \frac{\sin^p(x)}{x}$$

must be attained at $\frac{k\pi}{n}$ or $\frac{(k+1)\pi}{n}$, where k is the unique integer such that

$$\frac{k\pi}{n} \leq z_0 < \frac{(k+1)\pi}{n}.$$

If $p \leq \frac{\tan\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}}$, then $z_0 \leq \frac{\tan\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}}$. This means the maximum

$$(2.4) \quad \max_{x \in \left\{\frac{\pi}{n}, \frac{2\pi}{n}, \dots, \frac{n\pi}{n}\right\}} \frac{\sin^p(x)}{x}$$

is attained at $\frac{\pi}{n}$ or $\frac{2\pi}{n}$. □

Lemma 6. Let z_0 be the unique real number $0 < z_0 < \frac{\pi}{2}$ satisfying

$$pz_0 - \tan(z_0) = 0.$$

Then z_0 increases with p .

Proof. Note that if

$$h(z) = \frac{\tan z}{z},$$

then for $0 < z < \frac{\pi}{2}$

$$\begin{aligned} h'(z) &= \frac{z \sec^2(z) - \tan(z)}{z^2} \\ &= \frac{z \sec(z) - \sin(z)}{z^2 \cos(z)} > 0. \end{aligned}$$

We have that as p increases, z_0 increase. □

3. CONCLUSION

We assume throughout this section that $p \leq \frac{\tan\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}}$.

Case 1: If n is even.

Case 1a: $\frac{\log 2}{\log\left(\frac{\sin\left(\frac{2\pi}{n}\right)}{\sin\left(\frac{\pi}{n}\right)}\right)} \geq p$.

In this case

$$\frac{\sin^p\left(\frac{\pi}{n}\right)}{\frac{\pi}{n}} \geq \frac{\sin^p\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}}$$

and so, by Lemma 5, the maximum (2.4) is attained at $x = \frac{\pi}{n}$.

Since

$$\begin{aligned}
\|\mathbf{X}|_I\|_{p-var} &= \left(\sum_{j=1}^{k-1} \frac{\sin^p \left(\frac{(i_{j+1}-i_j)\pi}{n} \right)}{\sin^p \left(\frac{\pi}{n} \right)} \right)^{\frac{1}{p}} \\
&= \frac{1}{\sin \left(\frac{\pi}{n} \right)} \left(\sum_{j=1}^{k-1} \frac{\sin^p \left(\frac{(i_{j+1}-i_j)\pi}{n} \right)}{\frac{(i_{j+1}-i_j)\pi}{n}} \frac{(i_{j+1}-i_j)\pi}{n} \right)^{\frac{1}{p}} \\
&\leq \frac{1}{\sin \left(\frac{\pi}{n} \right)} \left(\sum_{j=1}^{k-1} \frac{\sin^p \left(\frac{\pi}{n} \right)}{\frac{\pi}{n}} \frac{(i_{j+1}-i_j)\pi}{n} \right)^{\frac{1}{p}} \\
&= n^{\frac{1}{p}}.
\end{aligned}$$

The maximum is attained by choosing

$$i_j = \frac{j\pi}{n}$$

and so

$$\begin{aligned}
\|\mathbf{X}\|_{p-var} &= \max_I \|\mathbf{X}|_I\|_{p-var} \\
&= n^{\frac{1}{p}}.
\end{aligned}$$

Case 1b: $\frac{\log 2}{\log \left(\frac{\sin \left(\frac{2\pi}{n} \right)}{\sin \left(\frac{\pi}{n} \right)} \right)} < p \leq \frac{\tan \left(\frac{2\pi}{n} \right)}{\frac{2\pi}{n}}.$

In this case the maximum (2.4) is attained at $x = \frac{2\pi}{n}$, then a similar argument gives

$$\begin{aligned}
\|\mathbf{X}|_I\|_{p-var} &\leq \frac{1}{\sin \left(\frac{\pi}{n} \right)} \left(\sum_{j=1}^{k-1} \frac{\sin^p \left(\frac{2\pi}{n} \right)}{\frac{2\pi}{n}} \frac{(i_{j+1}-i_j)\pi}{n} \right)^{\frac{1}{p}} \\
&\leq \frac{1}{\sin \left(\frac{\pi}{n} \right)} \left(\sum_{j=1}^{k-1} \frac{\sin^p \left(\frac{2\pi}{n} \right)}{2} (i_{j+1}-i_j) \right)^{\frac{1}{p}} \\
&\leq \frac{n^{\frac{1}{p}} \sin \left(\frac{2\pi}{n} \right)}{2^{\frac{1}{p}} \sin \left(\frac{\pi}{n} \right)}.
\end{aligned}$$

This maximum is attained by the partition

$$i_j = \frac{2j\pi}{n}$$

for $j = 1, 2, \dots, \frac{n}{2}$. Therefore, in this case,

$$\|\mathbf{X}\|_{p-var} = \frac{n^{\frac{1}{p}} \sin \left(\frac{2\pi}{n} \right)}{2^{\frac{1}{p}} \sin \left(\frac{\pi}{n} \right)} = \frac{n^{\frac{1}{p}} \cos \left(\frac{\pi}{n} \right)}{2^{\frac{1}{p}}}$$

Case 2: If n is odd and $n \geq 3$.

Case 2a: $\frac{\log 2}{\log \left(\frac{\sin \left(\frac{2\pi}{n} \right)}{\sin \left(\frac{\pi}{n} \right)} \right)} \geq p.$

This is exactly the same as Case 1a. The maximum (2.4) is attained at $x = \frac{\pi}{n}$ and leads to

$$\|\mathbf{X}\|_{p-var} = n^{\frac{1}{p}}.$$

Case 2b: $\frac{\log 2}{\log\left(\frac{\sin\left(\frac{2\pi}{n}\right)}{\sin\left(\frac{\pi}{n}\right)}\right)} < p < \frac{\log 3}{\log\left(\frac{\sin\left(\frac{3\pi}{n}\right)}{\sin\left(\frac{\pi}{n}\right)}\right)}$

The $\frac{\log 2}{\log\left(\frac{\sin\left(\frac{2\pi}{n}\right)}{\sin\left(\frac{\pi}{n}\right)}\right)} < p$ condition ensures that

$$\frac{\sin^p\left(\frac{\pi}{n}\right)}{\frac{\pi}{n}} < \frac{\sin^p\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}}$$

and the

$$p < \frac{\log 3}{\log\left(\frac{\sin\left(\frac{3\pi}{n}\right)}{\sin\left(\frac{\pi}{n}\right)}\right)}$$

condition ensures that

$$\frac{\sin^p\left(\frac{\pi}{n}\right)}{\frac{\pi}{n}} > \frac{\sin^p\left(\frac{3\pi}{n}\right)}{\frac{3\pi}{n}}.$$

In this case by Lemma 5, the maximum (2.4) is attained at $x = \frac{2\pi}{n}$. Since n is odd, there is at least one j such that $i_{j+1} - i_j$ is odd. Choose one such j . Then

$$\begin{aligned} \sin^p\left(\frac{(i_{j+1} - i_j)\pi}{n}\right) &= \frac{\sin^p\left(\frac{(i_{j+1} - i_j)\pi}{n}\right)}{\frac{(i_{j+1} - i_j)\pi}{n}} \frac{(i_{j+1} - i_j)\pi}{n} \\ &= \frac{2 \sin^p\left(\frac{(i_{j+1} - i_j)\pi}{n}\right)}{\frac{(i_{j+1} - i_j)\pi}{n}} \frac{(i_{j+1} - i_j - 1)\pi}{2n} \pi \\ &\quad + \frac{2 \sin^p\left(\frac{(i_{j+1} - i_j)\pi}{n}\right)}{\frac{(i_{j+1} - i_j)\pi}{n}} \frac{1}{2n} \pi \\ &\leq \frac{2 \sin^p\left(\frac{2\pi}{n}\right)}{\frac{2\pi}{n}} \frac{(i_{j+1} - i_j - 1)\pi}{2n} \pi \\ &\quad + \frac{2 \sin^p\left(\frac{\pi}{n}\right)}{\frac{\pi}{n}} \frac{1}{2n} \pi. \end{aligned}$$

In the final inequality, we used that because $i_{j+1} - i_j$ is odd, it cannot be 2 and so

$$\frac{\sin^p\left(\frac{(i_{j+1} - i_j)\pi}{n}\right)}{\frac{(i_{j+1} - i_j)\pi}{n}} \leq \frac{\sin^p\left(\frac{\pi}{n}\right)}{\frac{\pi}{n}}.$$

We therefore have

$$\|\mathbf{X}\|_{p-var} \leq \frac{1}{\sin\left(\frac{\pi}{n}\right)} \left(\left(\frac{n-1}{2}\right) \sin^p\left(\frac{2\pi}{n}\right) + \sin^p\left(\frac{\pi}{n}\right) \right)^{\frac{1}{p}}$$

and since this upper bound is attained with the partition $i_1 = 1, i_2 = 3, i_3 = 5, \dots, i_{\frac{n+1}{2}} = n, i_{\frac{n+3}{2}} = n+1$. Therefore

$$\|\mathbf{X}\|_{p-var} = \frac{1}{\sin\left(\frac{\pi}{n}\right)} \left(\left(\frac{n-1}{2}\right) \sin^p\left(\frac{2\pi}{n}\right) + \sin^p\left(\frac{\pi}{n}\right) \right)^{\frac{1}{p}}.$$

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