

## How host country nationals' acculturate towards migrants

### Researchers

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### Research focus

Across two studies we tested whether host country nationals (e.g., British Nationals) can *themselves* simultaneously maintain their national culture and adopt aspects of migrants' cultures in their own home country. Moreover, we tested how each orientation – cultural maintenance and migrants' cultures adaptation – relates to host country nationals' well-being and intercultural sensitivity.

### Methodology

Quantitative data was collected from an US-American sample ( $N = 218$ , Study 1) and from three continent groups (North America, Europe, and Asia;  $N = 619$ , Study 2). Hierarchical regression analysis in SPSS, confirmatory factor analysis and structural equation modelling with multiple group analysis were conducted in AMOS.

### Key findings

- Host country nationals have the option – just like migrants do – to integrate by adopting aspects of migrants' cultures whilst maintaining their national culture.
- Host country nationals who maintain their national culture were more likely to have higher levels in well-being.
- Host country nationals who adopted aspects of migrants' cultures were less likely to experience stress induced by cultural misunderstandings and were more likely to have high levels in intercultural sensitivity.

### To find out more

Lefringhausen, K., & T. C. Marshall, (2016). [Locals' bidimensional acculturation model: validation and associations with psychological and sociocultural adjustment outcomes](#). *Cross-Cultural Research*, 50(4), 356-392.