

Why did we need to do this research?



The *Who's Challenging Who* research was developed to help find out if staff work better with people when they understand the things that have happened in their lives



In the UK, more than 160,000 adults with a learning disability get social care support.



This support helps people to be safe and to live the life they chose

The support can be anything from a few hours of support a week to 24-hours-a-day support



1 in 5 people with learning disabilities who are getting some support use some behaviours that challenge



Challenging behaviour is described as behaviour that can lead to harm to the person or others



It can mean people are not able to join in, and be part of things



The way staff are trained does not always help them think about people's lives and the experiences they have had