



Coronavirus and People with Learning Disabilities Study
What we know about People with Profound and Multiple
Learning Disabilities
Physical and Mental Health
July 2021

What is this study about?



This study is about coronavirus (also called COVID-19) and people with profound and multiple learning disabilities.

We talked to family carers and paid support staff.

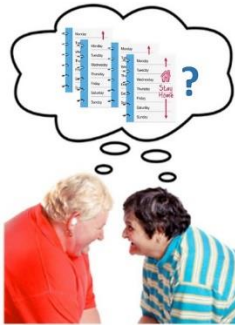
We asked about people living in England, Wales, Scotland and Northern Ireland.

We found out information about 114 people with profound and multiple learning disabilities.



This report is about what we have found so far.

Physical health



We asked people what had happened in the last 4 weeks



Around half of people with profound and multiple learning disabilities had good health



One third of people with profound or multiple learning disabilities needed help for a health problem



Most of these people tried to get help

Weight and lockdown

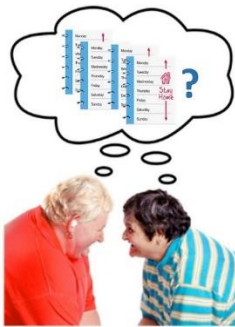


14% of people with profound and multiple learning disabilities were very overweight



6% of people with profound and multiple learning disabilities were very underweight

Going to hospital



We asked people what had happened in the last 4 weeks

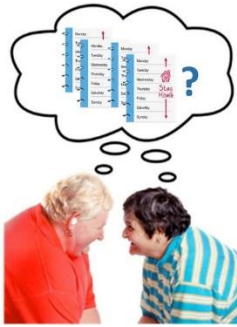


6% of people with profound and multiple learning disabilities went in to hospital



Carers were allowed to stay in the hospital

Going to see a doctor



We asked people what had happened in the last 4 weeks



5% of people with profound and multiple learning disabilities had hospital appointments cancelled



6% of people with profound and multiple learning disabilities had health tests cancelled



2% of people with profound and multiple learning disabilities had an operation cancelled

Health checks and flu vaccines



2 out of 10 people with profound and multiple learning disabilities had had an annual health check



Nearly 8 out of 10 people with profound and multiple learning disabilities had their flu vaccine

Wellbeing



79% of people with profound and multiple learning disabilities felt angry or frustrated.



74% of people with profound and multiple learning disabilities felt sad or down.



80% of people with profound and multiple learning disabilities felt worried or anxious.

Help for Wellbeing



58% of people with profound and multiple learning disabilities had help from their family.



23% of people with profound and multiple learning disabilities had help from paid support staff.



4% of people with profound and multiple learning disabilities had help from their friends.

What happens next?



We want to find out more about people with learning disabilities and COVID-19.



We will talk to people again from July.

Research team contact details

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