Knowledge			
Knowledge of Sustainability	Economic	Political	Social
3 Pillars of sustainability Doughnut economics Circular economy Place based Net zero Impacts of actions Complexity	Sustainable Business Knowledge of green careers Sustainable design Greenwashing Industry impacts and solutions Urban planning	Global agreements, COP and international decision making Law and right of protest Political solutions Historical view	Advocating for change Adaption Demographic change Climate justice Ethics
Life-Style	Environmental	Use of resources	Science
Personal actions Actions at home Eco labelling Transport Food Purchases Barriers to change	Rewilding Eco-systems Biodiversity Agriculture Landscape change Oceans Outdoor education	Budget for each resource Batteries Energy Water Man-made materials Waste, recycling	IPCC Planetary boundaries Mitigation Extreme weather Carbon literacy Atmosphere and air pollution
Skills			
Practical	Thinking	Decisions	Communication
Sustainable cooking Repair skills Skills for green careers Innovation Problem solving	Futures thinking Systems thinking Critical Thinking Empathy Seeing through greenwashing Looking at all sides of an argument	Sustainable decision making Cost Benefit Analysis Life Cycle Analysis Data analysis skills Analysing solutions Measuring and comparing impacts Footprints – carbon, water, ecological Sources analysis / bias Finding trustworthy sources	Advocacy Oracy Making an argument Questioning skills Debating skills
Mindsets / Values			
Agency	Mindset	Feelings	Viewpoint
Urgency What they do matters Motivation to act Cumulative effect of small actions Knowledge based actions	Growth mindset Inquisitive approach Resilience to deal with uncertainty Questioning norms Acceptance of complexity	Acknowledgement of concern Positivity / Hope No eco-anxiety We are all in this together Connection to and valuing nature	3 pillars thinking Holisitic view Act local think global Bigger picture Respect for others views / cultures / knowledge