

# Identifying and Supporting Learners with Dyslexia in the Mainstream Classroom

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#### Nottinghamshire County Council

#### What is dyslexia? The Rose Definition

Dyslexia is a learning difficulty that primarily affects the skills involved in accurate and fluent word reading and spelling.

Characteristic features of dyslexia are difficulties in phonological awareness, verbal memory and verbal processing speed.

Dyslexia occurs across the range of intellectual abilities.

It is best thought of as a continuum, not a distinct category, and there are no clear cut-off points.

Co-occurring difficulties may be seen in aspects of language, motor co-ordination, mental calculation, concentration and personal organisation, but these are not, by themselves, markers of dyslexia.

A good indication of the severity and persistence of dyslexic difficulties can be gained by examining how the individual responds or has responded to well founded intervention.

#### Learning difficulty or learning difference?

Dyslexia is a learning difference, a combination of strengths and weaknesses which affects the learning process in reading, spelling, writing and sometimes number and calculation.



(185) What is dyslexia? - Kelli Sandman-Hurley - YouTube

#### Discussion – what difficulties do you associate with dyslexia?



Difficulty recognising syllables

Decoding and blending

Sight reading common exception words

Reduced reading experience

Key Indicators Reading

Misses out words when reading, or adds extra words

Fails to recognise familiar words

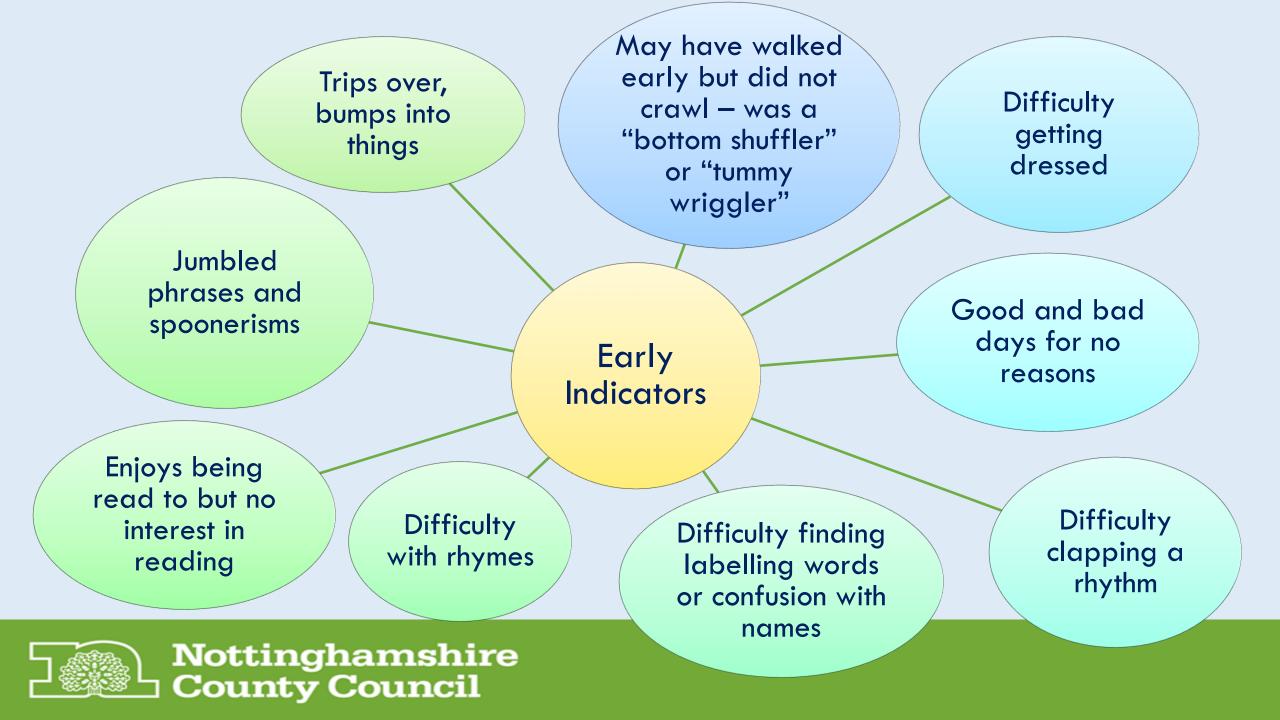
> Discriminating between different letters

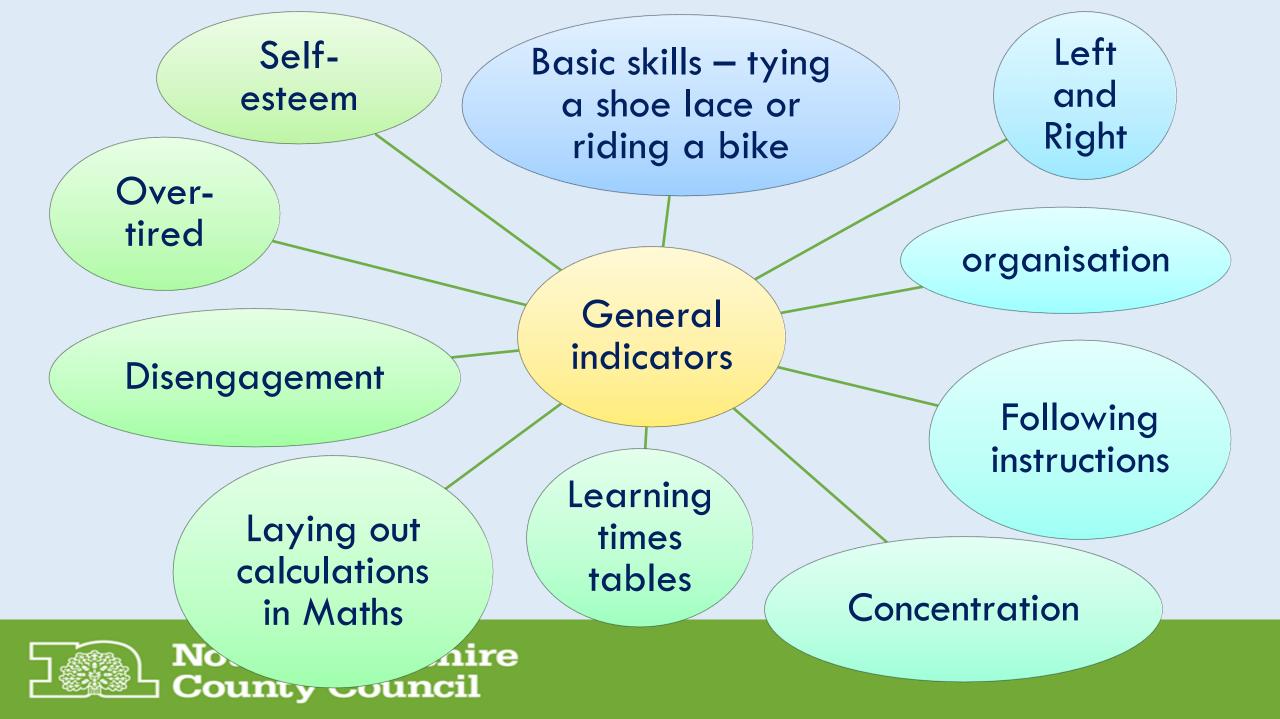
Reading quickly enough to understand a text.

Reluctance

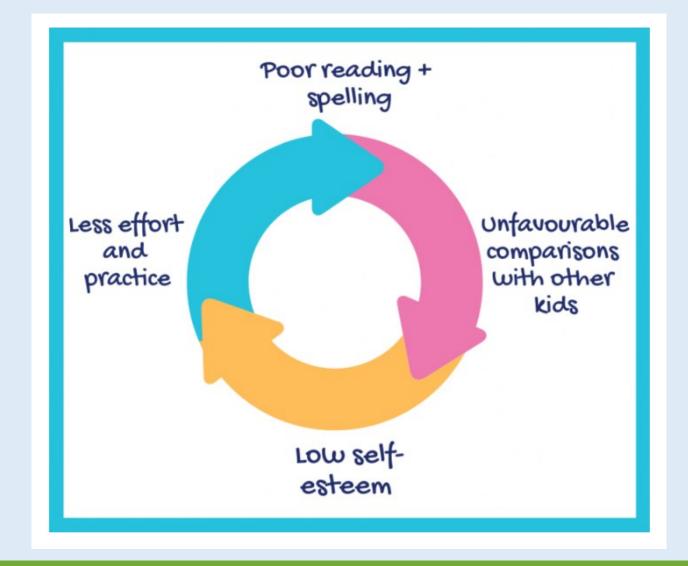
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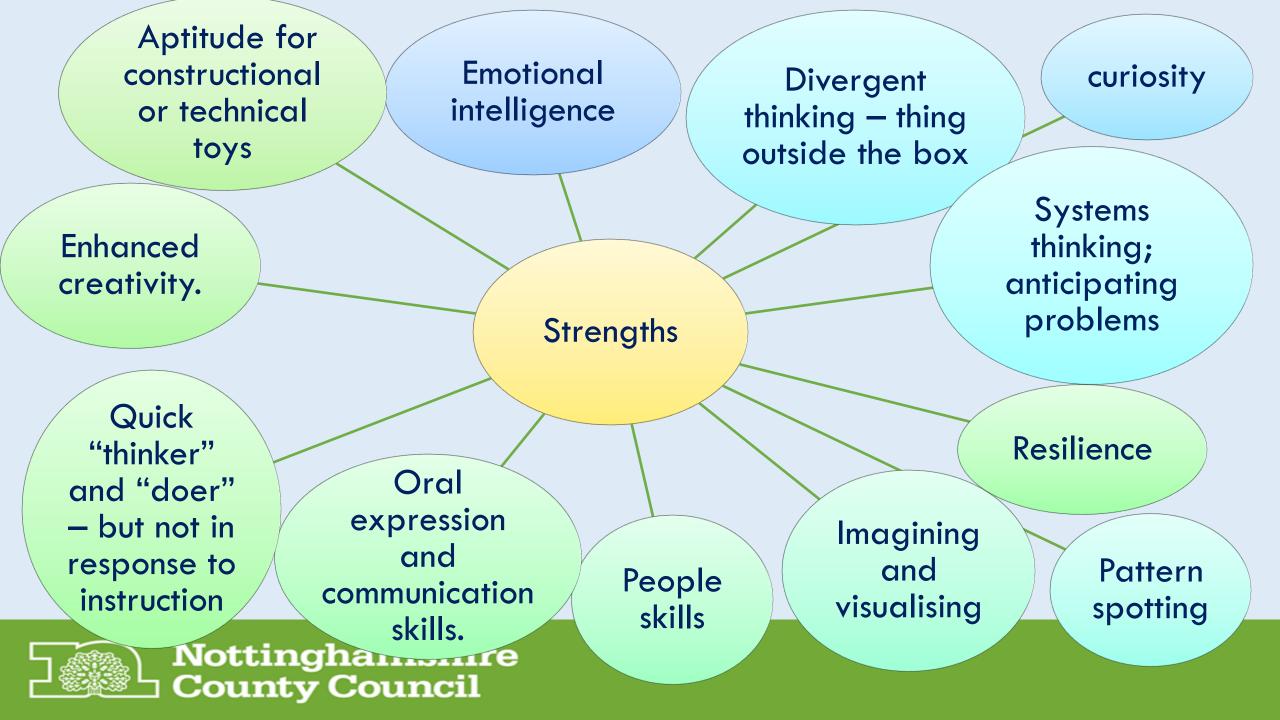


#### Self-esteem



#### Discussion – what strengths do you associate with dyslexia?





"Sometimes the numbers just go into a dark place in my mind."

"Sounding out words can be tricky."

"Dyslexia is bad in some ways but good in others because it makes you better at somethings, and for me it's Maths." "I listen as hard as I can but sometimes my brain shuts off and I day dream and I think if I can move something of mine and I can get out of my daydream and listen again."

"I have recently got a diagnosis of dyslexia and dyscalculia since I started university.

These difficulties were not detected during my school years resulting in low grades and low confidence in learning."



#### When can we identify learners as dyslexic?

Dyslexia can be assessed with more confidence after the age of 8

Need to give children time to gain reading and writing skills.

Early assessment of children does help to establish their strengths and weaknesses and put appropriate support in place.

We're going to be noticing, recording and supporting in EYFS and KS1, but we're not going to be labelling.

#### What is it like in a dyslexia friendly classroom?





#### **Explicit Instruction**

High expectations for all learners.

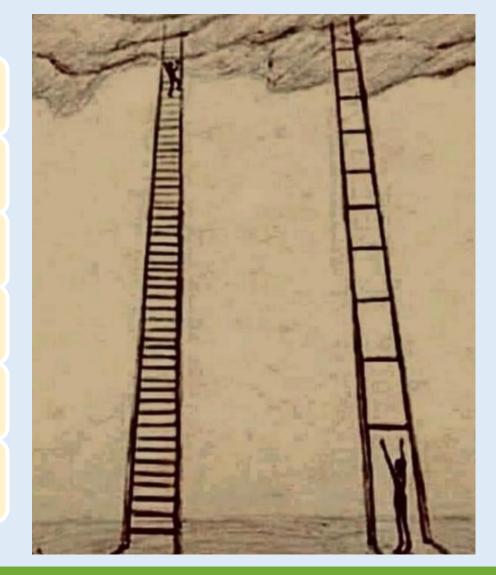
Small steps, carefully sequenced.

Teacher modelling.

I do, we do, you do

Processing time when questioning

Multisensory teaching – models, manipulatives, dual coding



#### Metacognitive and cognitive techniques

Activate prior learning – what do I already know about this?

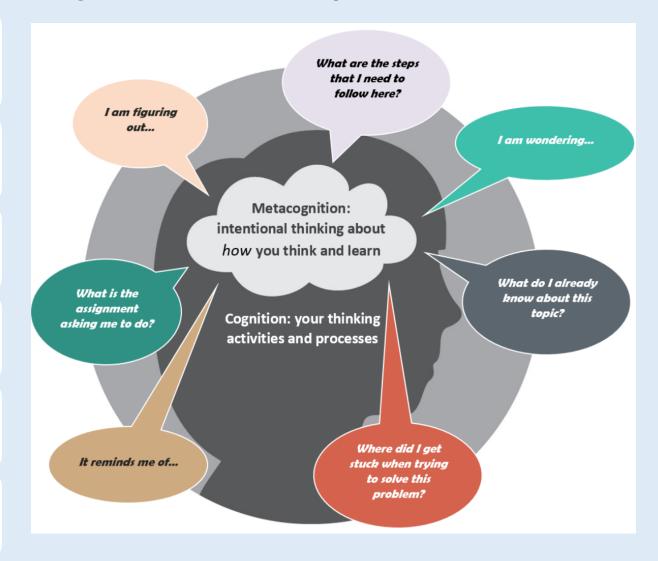
Retrieval and spaced learning – opportunities for overlearning

Model thinking and problem solving

Reduce cognitive load

Teach transferable skills e.g TCP-QR

**Cued Spelling** 



## Metacognition

"Intelligence is knowing what to do when you don't know what to do." Neil Mackay



# Cognitive techniques: multi-sensory learning

Multi-sensory learning makes use of all the senses. Multi-sensory methods are effective for learners with dyslexia because they allow learners to use the methods they are good at while at the same time exercising the methods they are weaker at.



Multisensory is not VAK (futurelearn.com)

#### Flexible grouping

Peer support – good role models, support with reading and spelling.

Improved behaviour in the classroom.

Higher ability learners are challenged to articulate and explain their ideas.

Learners with literacy difficulties can use their strengths.

Scaffolding and support rather than differentiation by task.

#### Seating



At the front, facing the board

Near to the class teacher where possible (so help can be offered readily)

Seated to minimise disruption and concentration maximised

not 'crowding out' (left handers clashing with right handers)

Sitting with good posture, request footrest/writing slope/seat wedge if posture is poor.

Seated in well-lit areas.

### Scaffolding Early Reading



Lots of sound talk

Rhyming

Teach how to chunk – practise spotting where the syllables are.

Morphological approaches for suffixes and prefixes as per NC.

Re-read familiar books

Using a following finger

Reading ruler

Readability of resources – font, size of font, unnecessary graphics, background colour, increase line spacing, colour coding, bullet points.

Pre-reading of texts – before school or sent home.

Reading rulers, coloured overlays

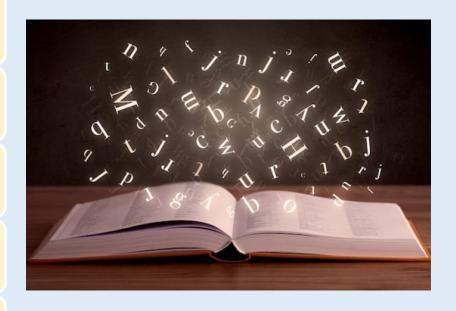
Reading books – hi lo e.g Barrington Stoke

Don't rely on written texts to impart information – use videos, captions, graphs, diagrams

Give own version of presentation

Vocab – explicit teaching of meaning.

#### Scaffolding Reading



#### Talk for Writing

Smiley Sentences for self assessment

Pobble 365 for caption writing/reluctant writers

Reduce cognitive load wherever possible – do you need to write the date first?

Writing frames, sentence starters, cloze activities, paragraph planners

Draw first, not afterwards.

#### Scaffolding Writing

Say your sentence out loud. Say it again. Count the words. Start with capital letter. Use finger spaces. Finish with . ?! Read it out loud. Capital letter Full stop Finger spaces Does the whole thing make sense?

Mind mapping – plan the whole thing but just write up one paragraph – popplet app

Avoid copying from the board.

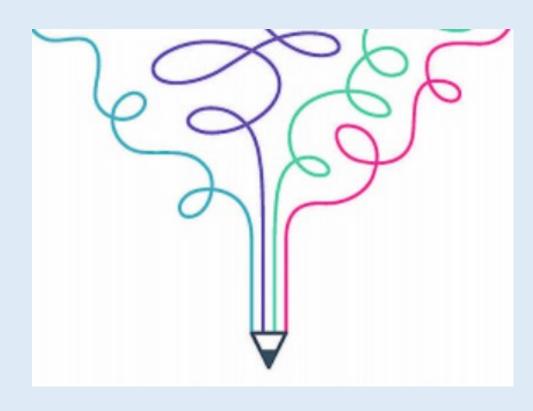
Multisensory – use post-it notes for ideas then select and order.

Scribing – but make them do some of the work

Does it need to be written? Bullet points, diagrams, oral presentations, posters

**EXTRA TIME!** 

#### Scaffolding Writing



#### Spelling

Common exception words need overlearning

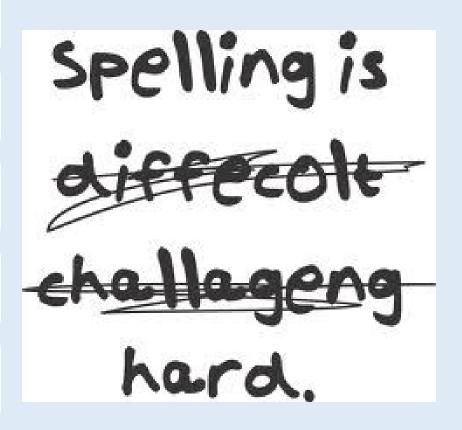
Multisensory spelling – magnetic letters, wooden letters.

Look cover write check doesn't work for everyone – spend some time finding out how your learner learns best.

Morphology for those over-reliant on phonics-health/heal

Mnemonics – multisensory, actions, funny voices, children to make up their own. Do they understand how the mnemonic works?

Marking – only mark target words. How do you do corrections?



#### Using Technology

#### Speech to text tech

- Dragon
- Speechy
- Siri
- Google voice typing
- Texthelp –read&write toolbars

#### Text to speech

- Texthelp
- Immersive reader
- Scanning pens
- Google accessibility features

#### Spelling

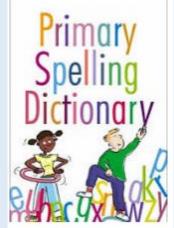
- Electronic spell checkers
- Word processing tools
- Dictionary.com

#### Writing

- Clicker 8
- Touch typing tutorials

#### **Essential Kit**





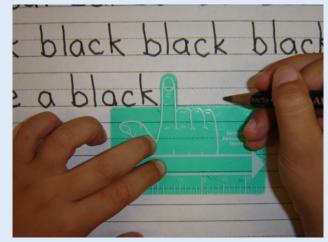


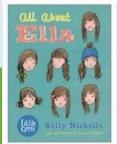




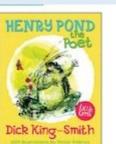




















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# Promoting Self esteem



Use the things they are good at to help with the things they find difficult.

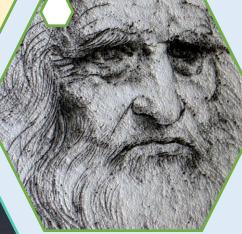
Help them understand properly what dyslexia is, that it does not mean that they are stupid.



them to focus
on something
they are good
at, such as a
sport or
another hob

Praise them for effort and don't always point out mistakes.







The emotional climate in the classroom is the number one priority.

The knowledge that their teacher likes them and recognises and respects their strengths.

Calmness and security

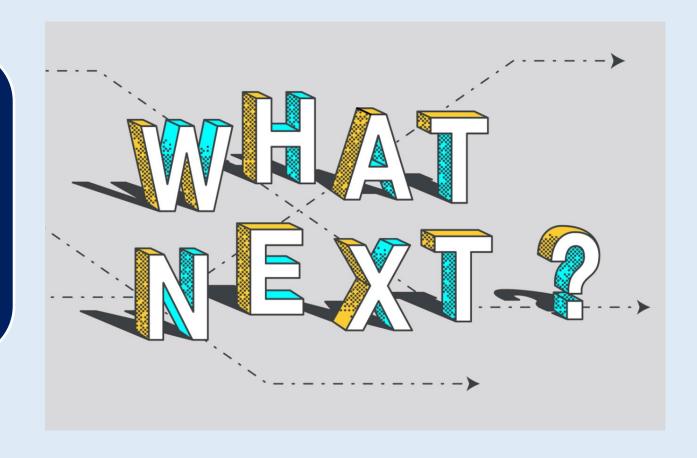
Low-key, unostentatious scaffolding & support

More time to process information and complete tasks

The knowledge that their teacher (quietly) understands their learning difference.

#### Reflection

Can you think of 2 things you could change about your practice to make it more dyslexia friendly?



#### **Evaluation Time!**



