

Lived experience advisory panel (LEAP) - Job description

Opportunity: This is a chance to be part of UK based research about unhealthy jobs and unfair differences between different kinds of workers.



- A **healthy job** helps workers stay physically and mentally well.
- An **unhealthy job** can harm a person's health.

We need to make jobs better so people can be healthier. This research looks at the problem in a new way. It suggests that improving the quality of jobs can help workers stay healthy or at least stop their health from getting worse.

Being part of the LEAP offers a chance to share your views about unhealthy work and comment on the patterns found in the research.

Experience/requirements:

- Experience of working in a job that has had a negative impact on your health and wellbeing.
- Aged over 18.
- Willingness to take part, listen to others and share your views in an inclusive and respectful environment.

Support available:

- We will share documents in plain English, at least 10 days before each online LEAP meeting.
- We will agree times/dates that suit the needs of LEAP members.
- We will keep you informed about what we do with what you tell us.
- We will provide any reasonable adjustments you need.

Time commitment:

- We are planning to have 6 online meetings from July 2026 until February 2027. Meetings will be every 4-6 weeks. They will last between 90-120 minutes. Sometimes you will need to read something or complete a short activity before the meeting.

Payment:

- Will vary, for a task of about 2 hours. Where some prep is needed we will pay you - £55.00
Example: an online LEAP meeting where you read a short document first.
- For a task of about half a day with some prep needed we will pay you £82.50.
Example: an online LEAP meeting, where you have had complete an activity beforehand.

 **Next steps:** If you think you might like to take part in the LEAP please email the research team to arrange a short telephone chat – meanu.bajwa-patel@warwick.ac.uk