



Workshop: Possible Impacts and Positive Interventions when Undertaking Emotionally Challenging Research

Dr. Tina Skinner, University of Bath, UK

Wednesday 3rd June 2026 (online)
9:30am-1pm

Join Dr. Tina Skinner of the Researcher Wellbeing Project (RWP funded by UKRI Research England Research Culture Fund) and equip yourself (and your team) with knowledge and tools essential for maintaining emotional wellbeing when researching emotionally challenging topics.

By participating in the workshop, you will:

- gain a deeper understanding of the potential impacts of emotionally challenging research,
- learn about effective individual, team, and institutional tools/resources/support to navigate these challenges,
- start to develop your own Researcher Wellbeing Plan and resources/tools/support to put in the plan,
- understand what a strategic approach to researcher wellbeing on emotionally challenging topics in your team/institution could look like.

The workshop introduces a practical toolkit, inviting you to use the free RWP resources and guidance to support researchers, supervisors, and institutions in managing the emotional aspects of their work and help your institution progress towards a strategic approach to researcher wellbeing and emotionally challenging topics.

An award-winning Associate Professor at the University of Bath (e.g. [Excellence in Doctorial Supervision](#)), and Senior Fellow of the Advanced Higher Education academy (AdvanceHE), Tina has undertaken and supervised projects on gender based violence, and work and wellbeing. Bringing these two fields of research together, Tina now directs the [Researcher Wellbeing Project](#) and [GW4RWELL \(the Great Western 4 Researcher Wellbeing Evidence and Learning Lab\)](#) which focus on improving the wellbeing of researchers when undertaking emotionally challenging studies so they cannot just survive the experience but hopefully thrive. Read more about Tina here <https://researchportal.bath.ac.uk/en/persons/tina-skinner>

Registration link (Free, spaces limited): <https://forms.cloud.microsoft/e/pxQcAS8z8F?origin=lprLink>

This event is part of the workshop series for the [Exploring Experiences of Researchers Conducting Emotionally Challenging Research](#), funded by the Enhancing Research Culture Fund, University of Warwick.

