# Lung Cancer Risk From Exposure to Radon in the Home - Are Policies in the U.K. Appropriate to the Risk?

Andrew T. Arthur MPH MCIEH FRSH





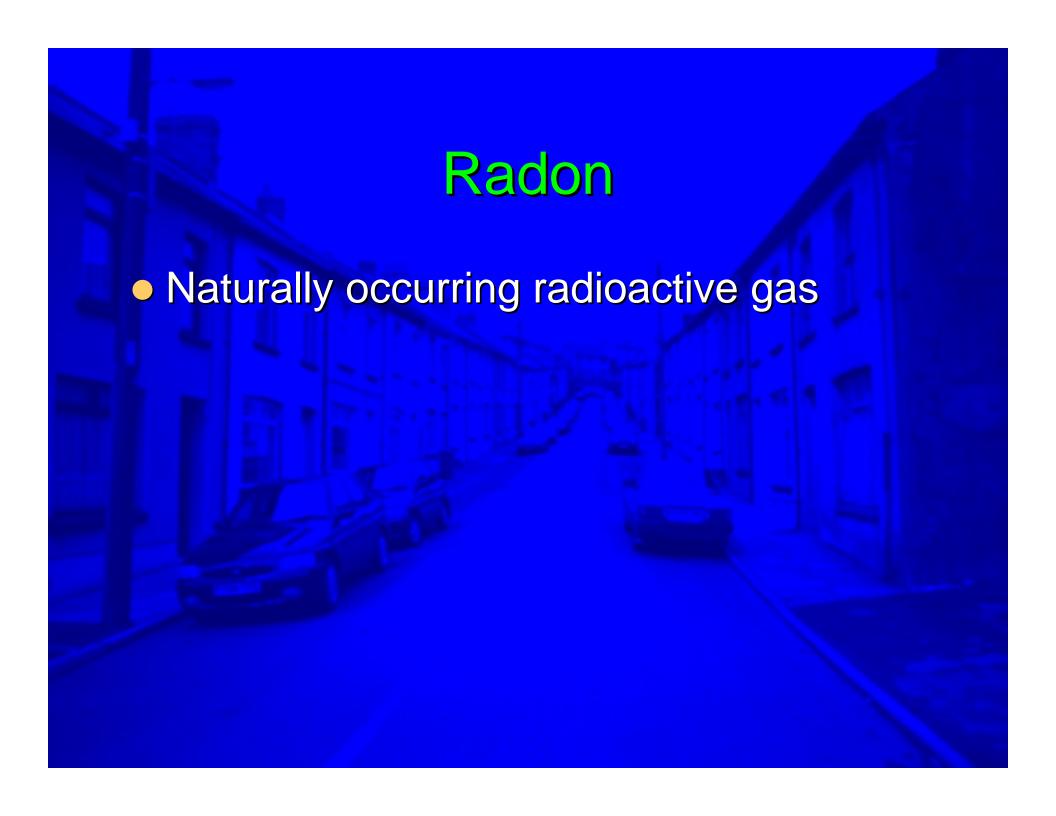


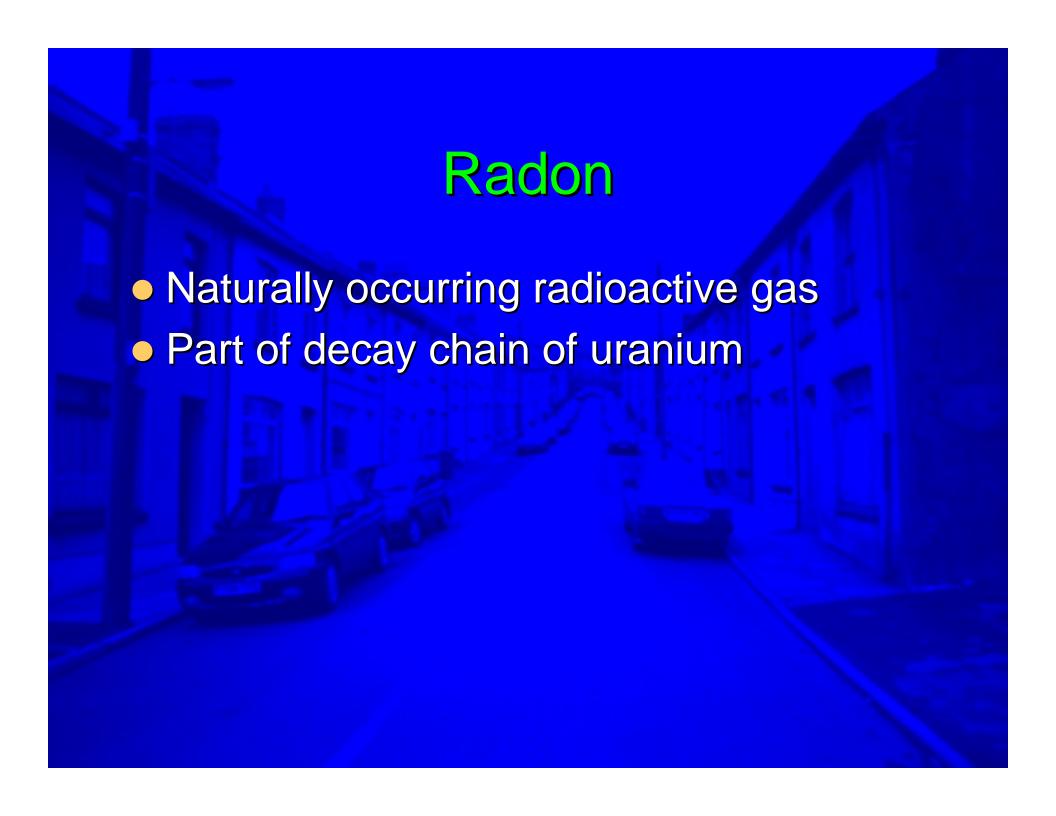
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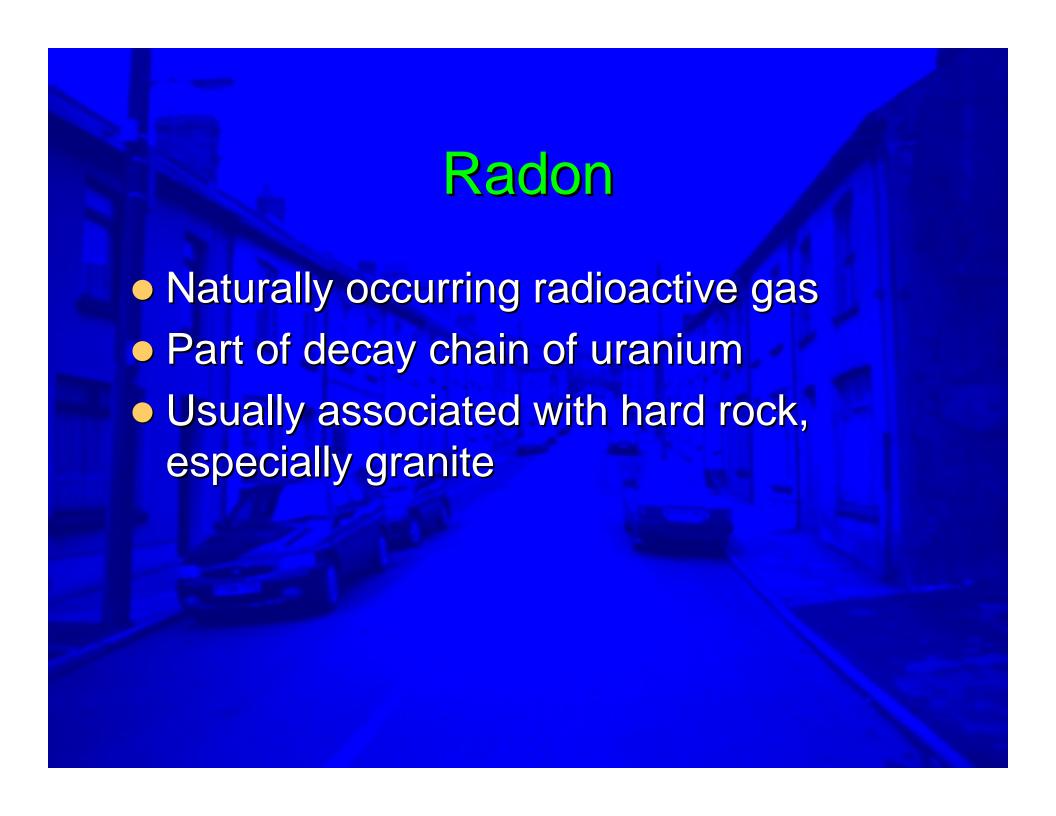
#### Public Health Policies

- All policies have costs to society
- Excess mortality, morbidity and premature death with failure to recognise problem
- Unnecessary expenditure, opportunity costs if risk wrongly attributed or applied



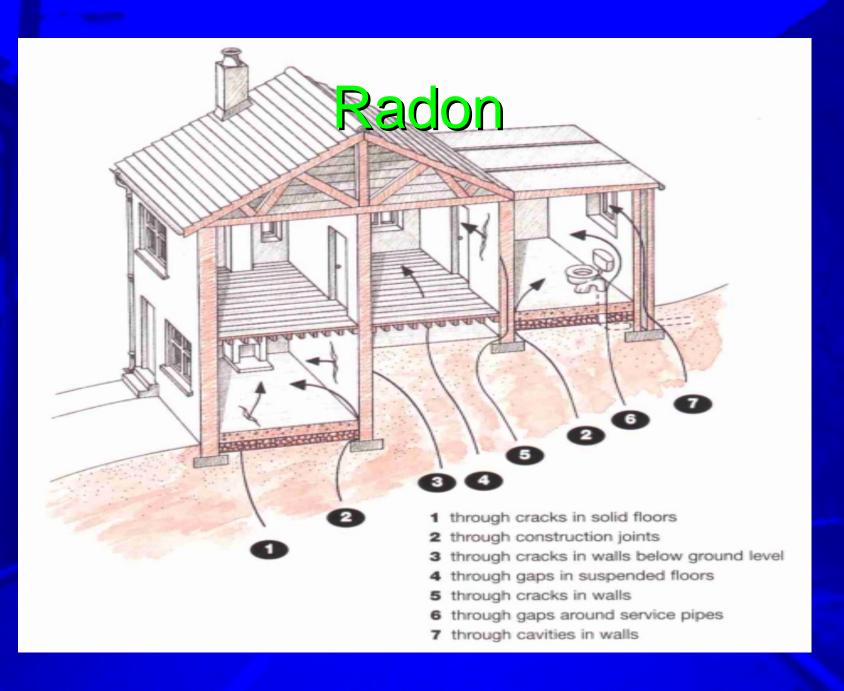








- Naturally occurring radioactive gas
- Part of decay chain of uranium
- Usually associated with hard rock, especially granite
- Seeps through soil and can enter buildings











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- Decays to solid daughter particles several of which are also alpha emitters
- Particles combine with moisture to form aerosol which is respired

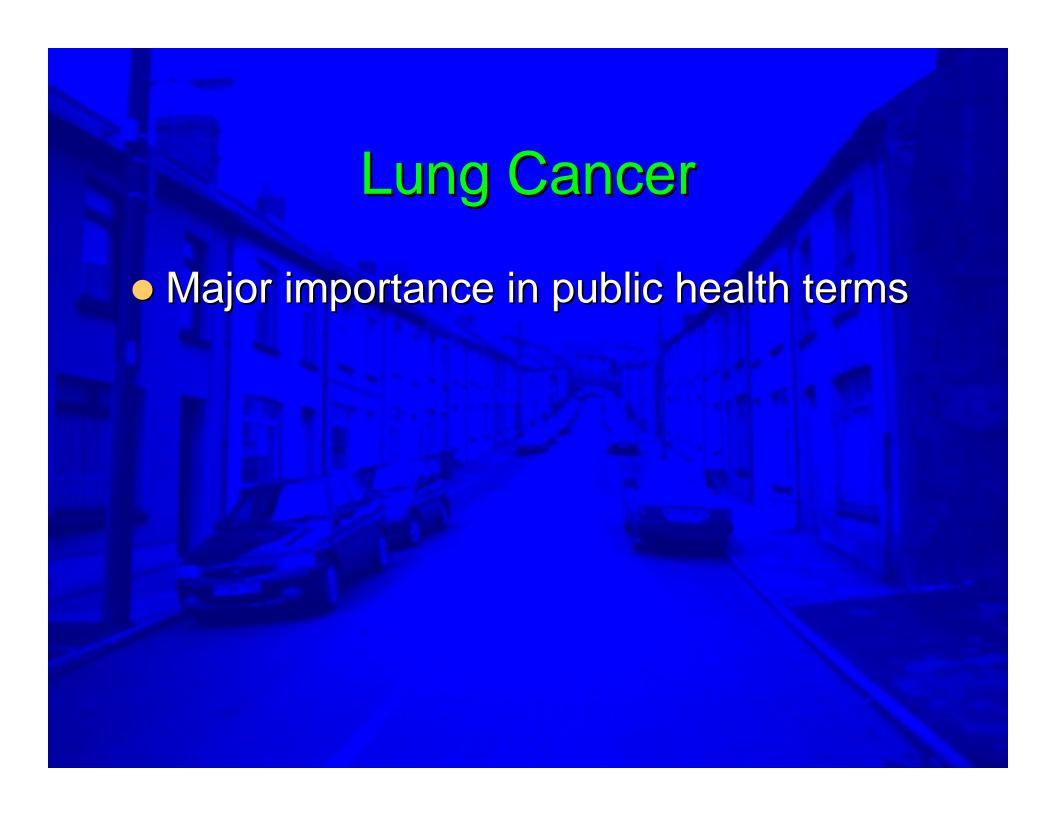
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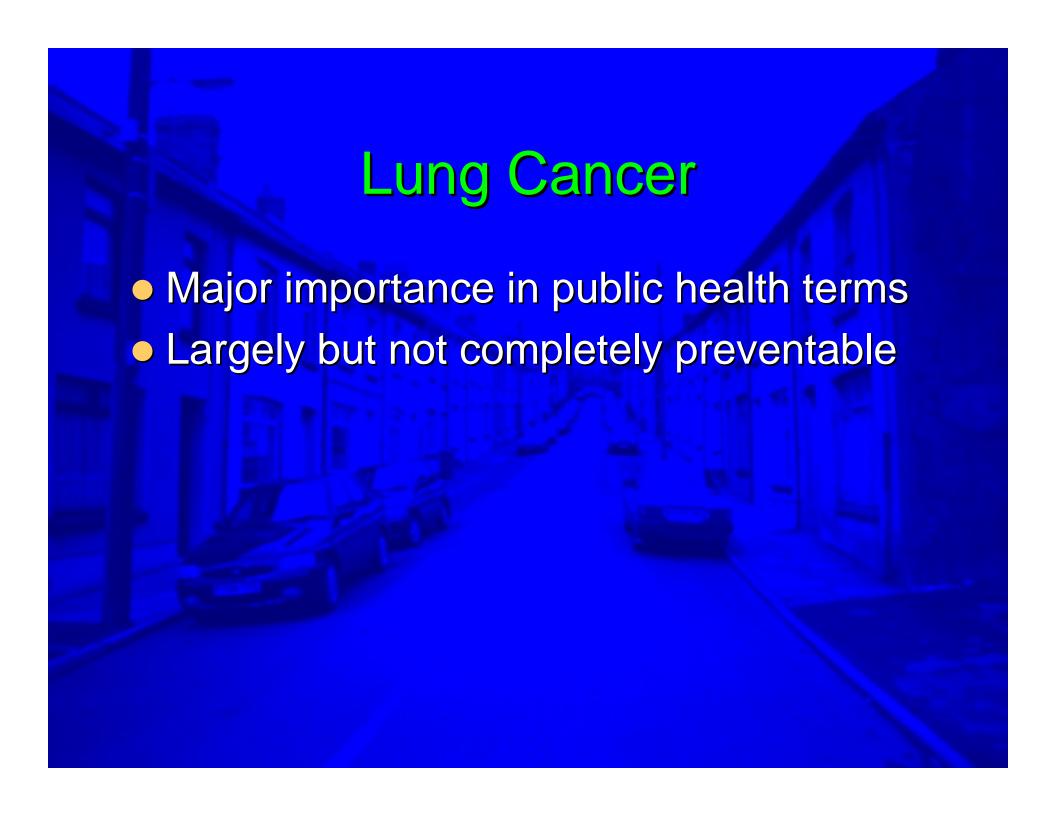
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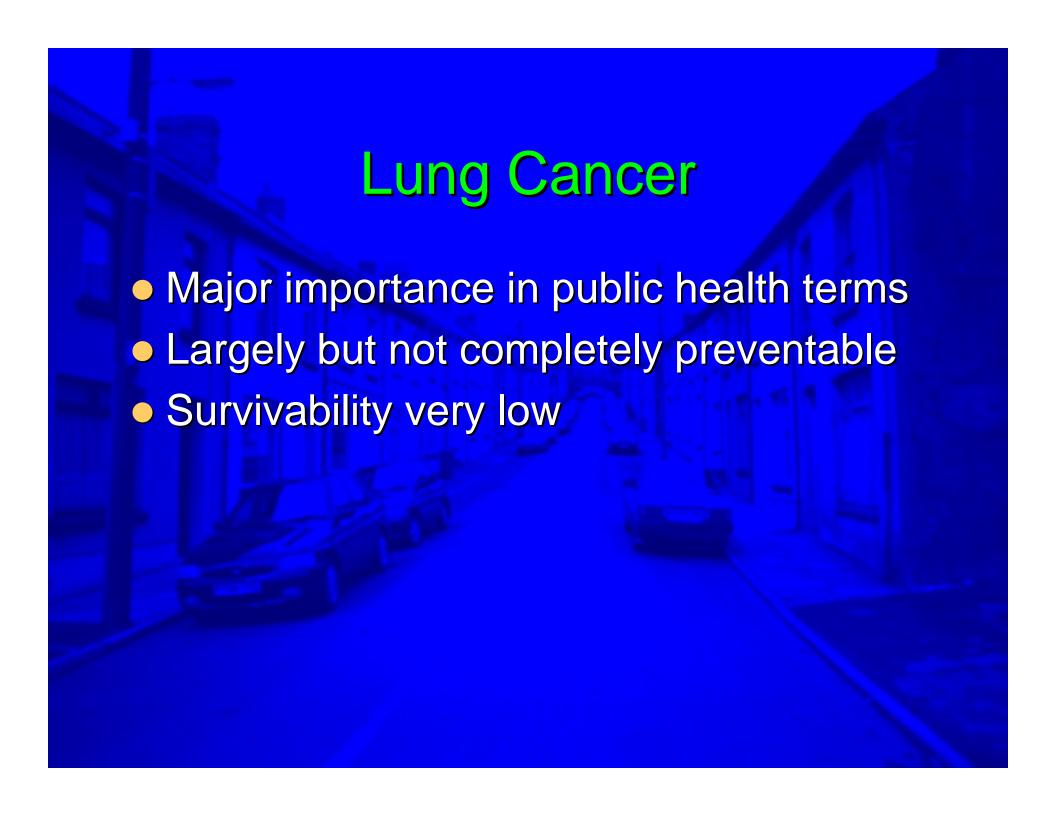
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- Evidence linking it to lung cancer











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- Survivability very low
- Most common form of cancer death in U.K.

# Lung Cancer

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- Largely but not completely preventable
- Survivability very low
- Most common form of cancer death in U.K.
- Tobacco implicated in vast majority of cases (approx. 90%)





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## Radon and Lung Cancer

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- Since 1980's exposures in certain homes considered potential cause of lung cancer







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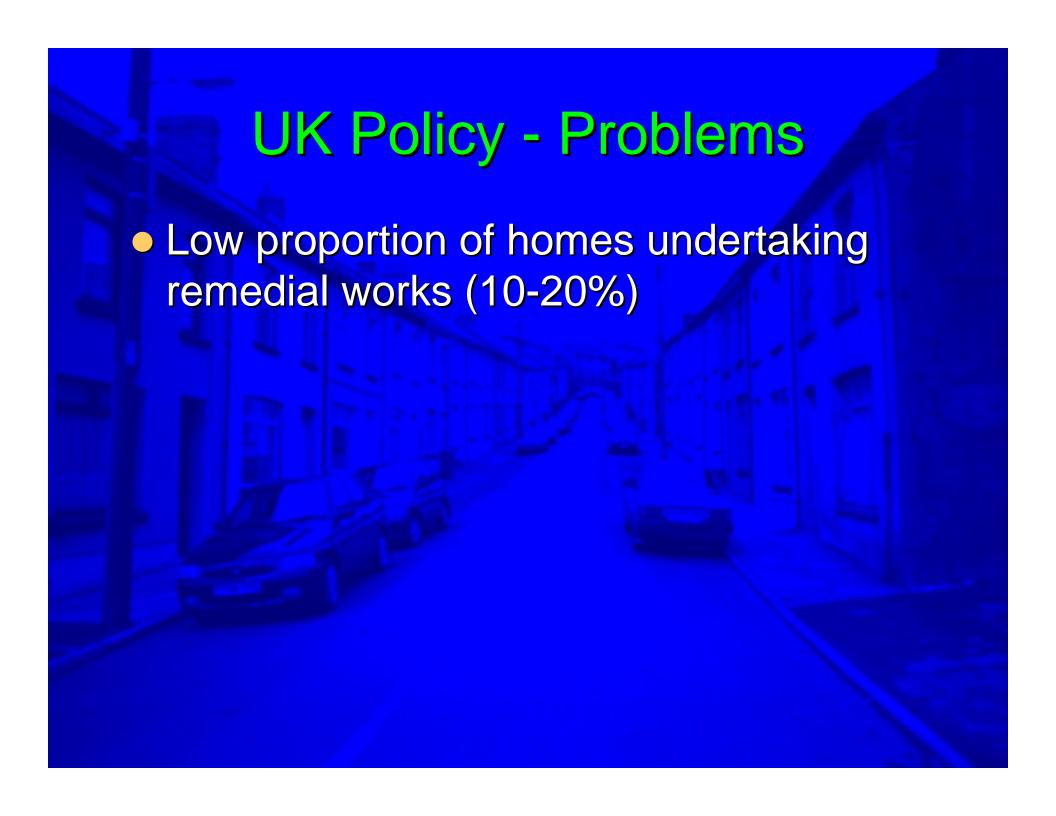
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- Public awareness campaign







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So:-

# **UK Policy - Problems**

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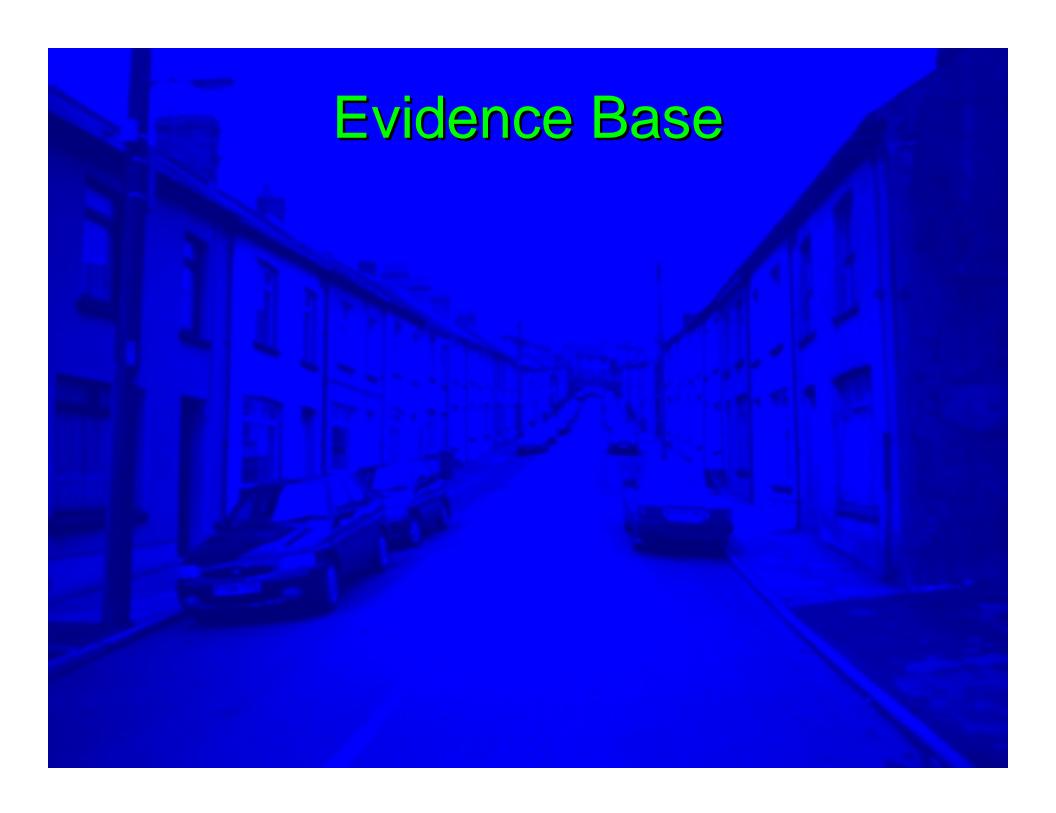
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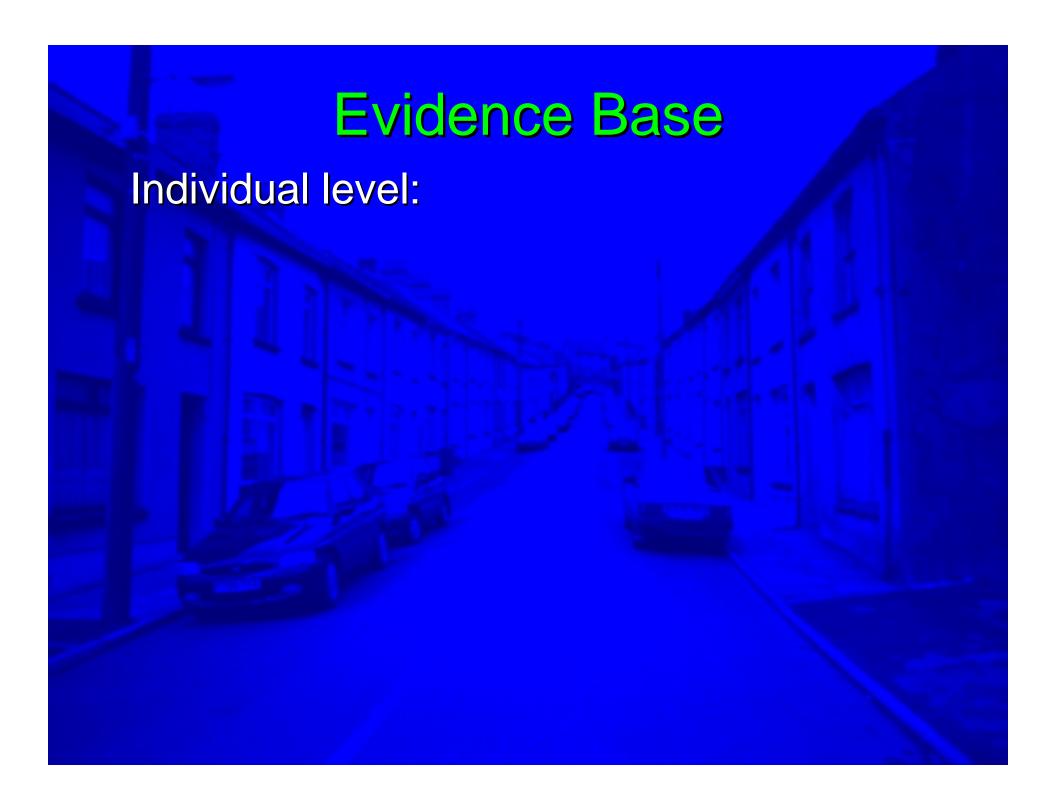
# UK Policy - Problems

 Low proportion of homes undertaking remedial works (10-20%)

#### So:-

- Change in policy to target remediation in co-operation with L.A.'S
- Introduction of changes to building regulations to require protection in new homes









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- Indirect extrapolation from prospective cohort studies of miners individual level
- Direct from retrospective residential case-control studies

#### Evidence Base

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Population level:

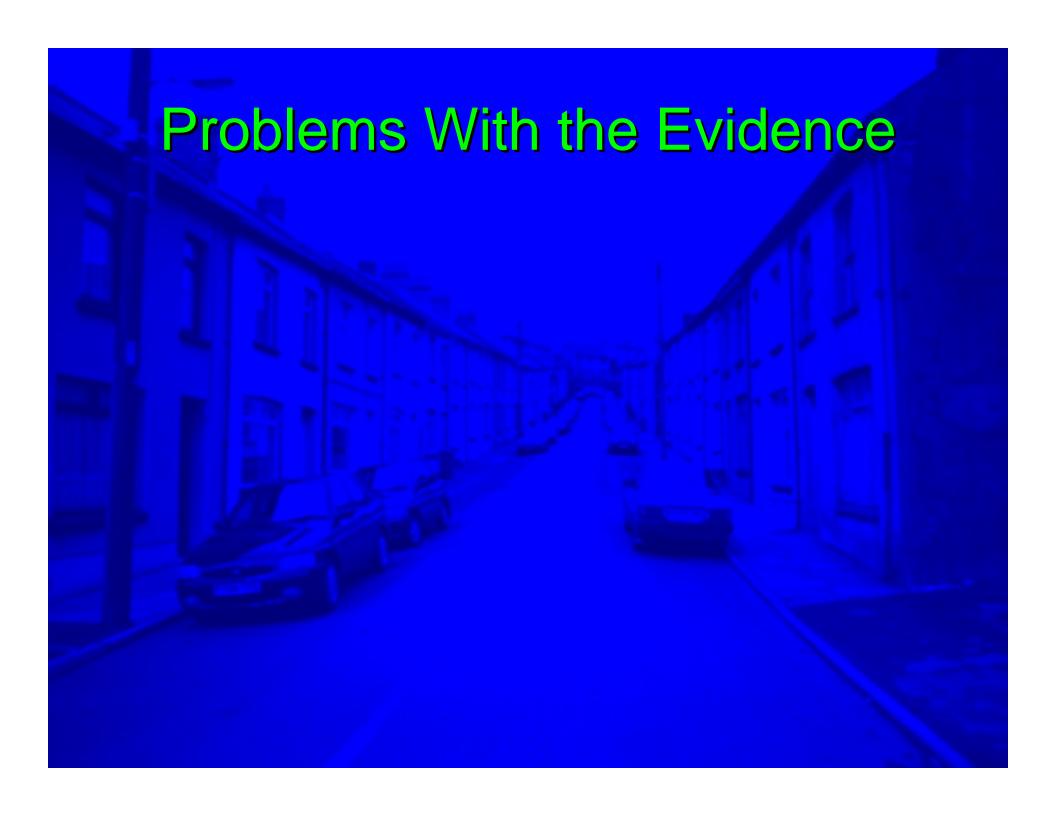
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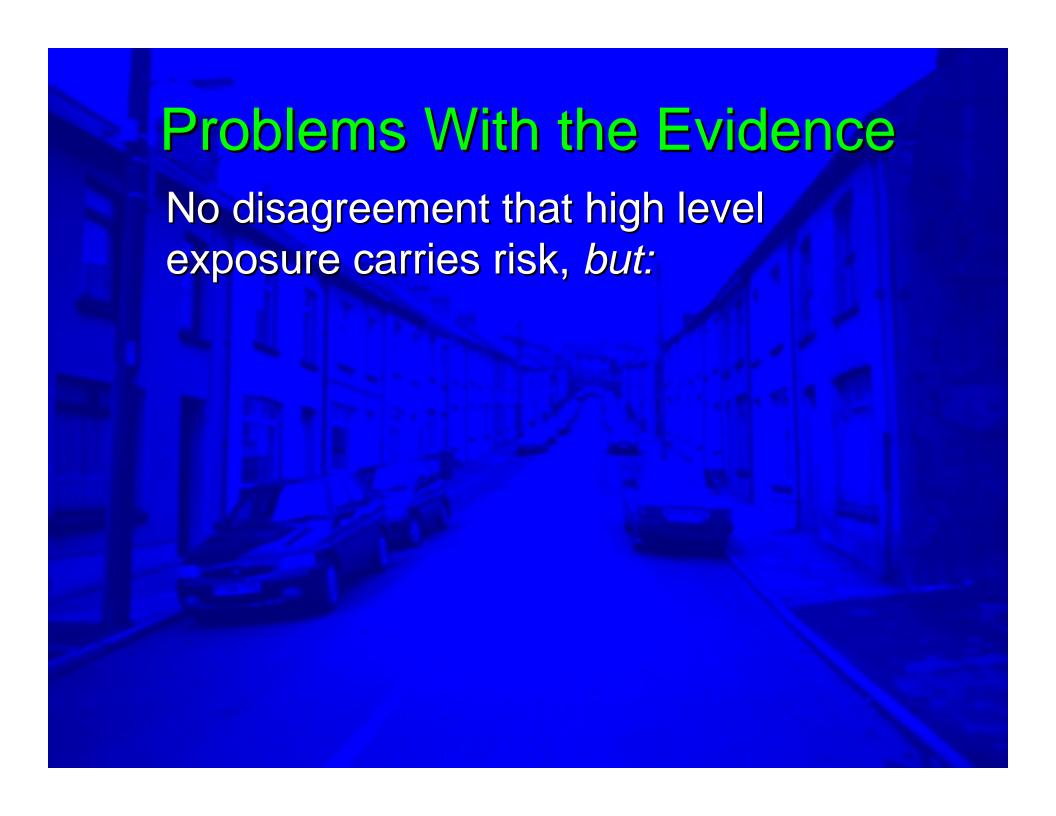
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#### Population level:

 Direct - from ecologic studies of cancer mortality and average radon levels







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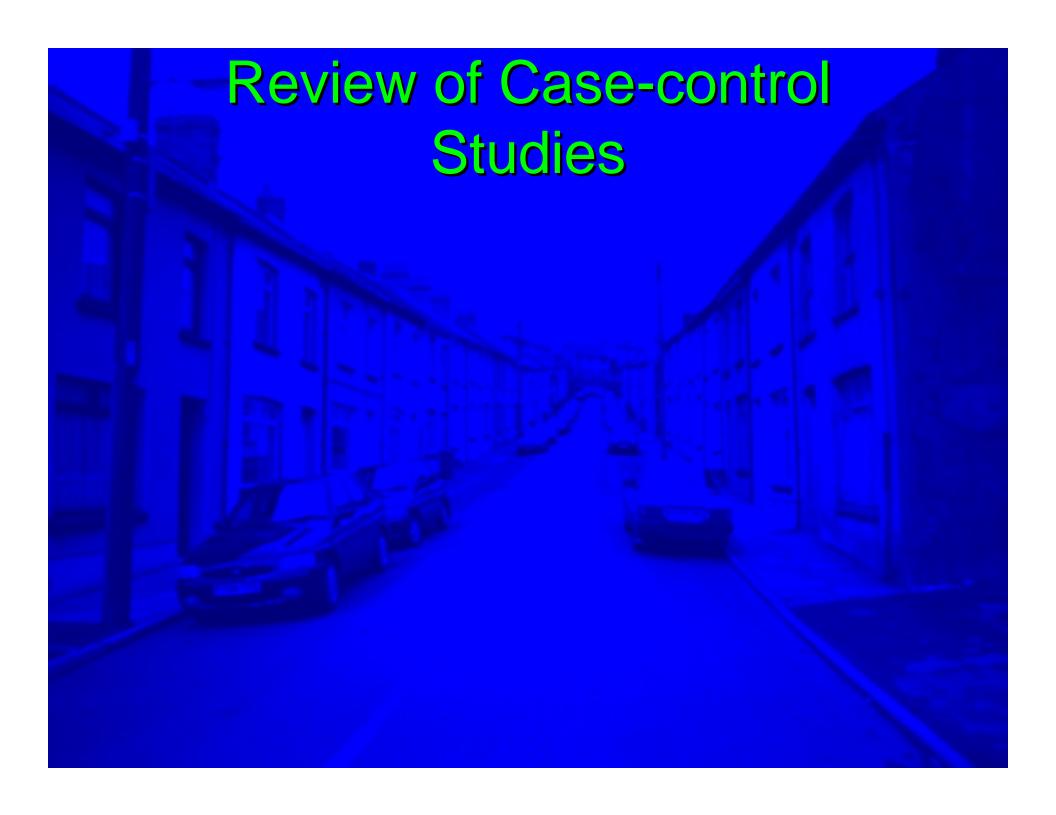
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- Extrapolation from miner studies assume exposure response curve of LNT theory correct
- Case control study results inconsistent and do not provide definitive support of excess risk
- Limits to ecologic method







# Review of Case-control Studies

All have limitations in one form or another because of retrospective nature, *typically:* 

- Inaccuracy in measuring exposures
- Inadequacies controlling confounders such as ETS and occupational lung carcinogens

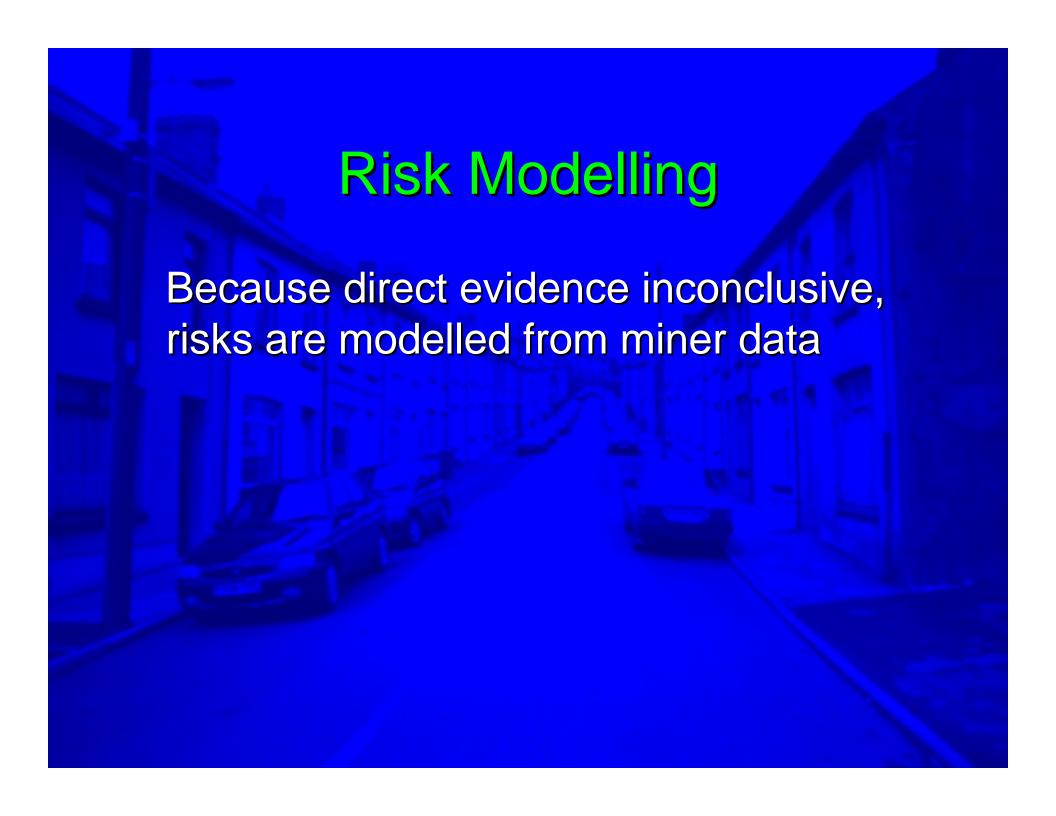
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- Modelling of doses received needed
- Inadequacies of sample size and power to resolve risk with precision







Because direct evidence inconclusive, risks are modelled from miner data

U.K. Policy based on:

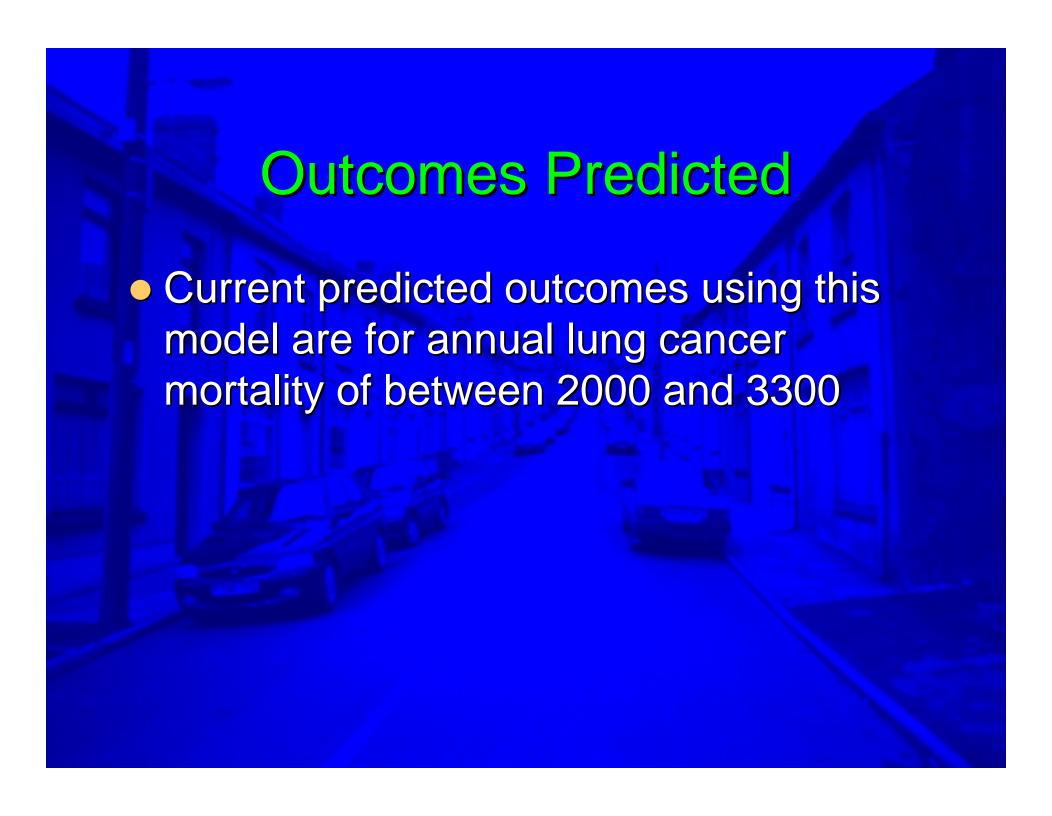
# Risk Modelling

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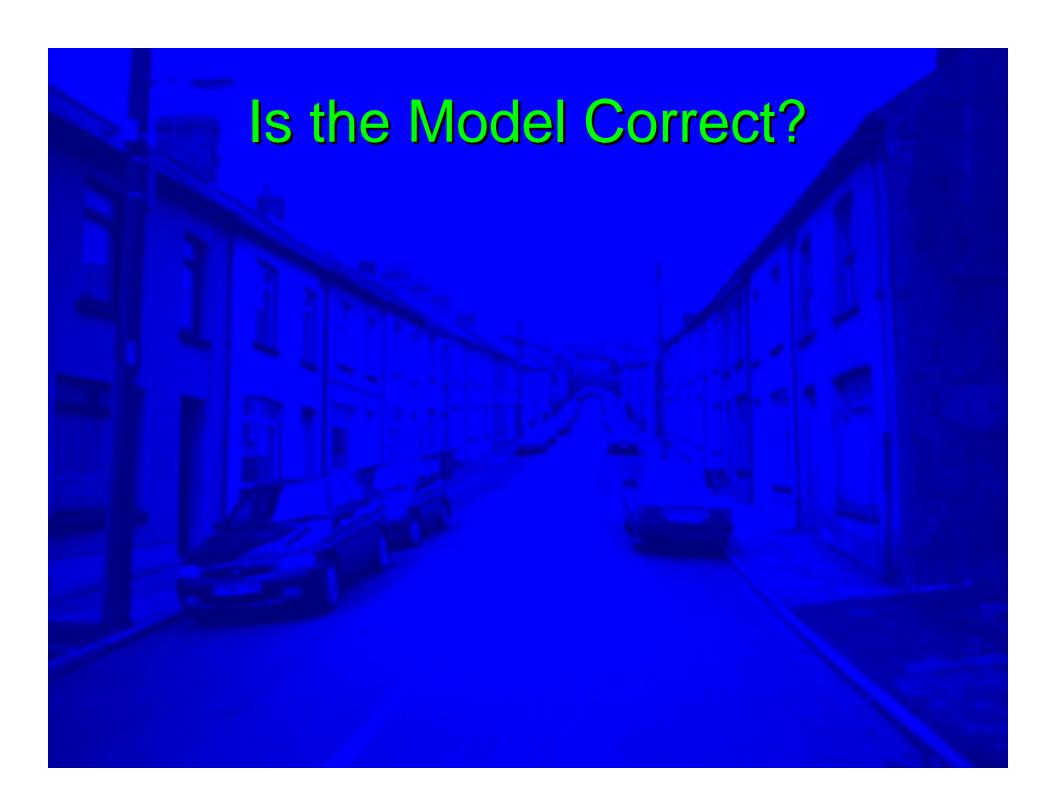
BEIR VI model which assumes LNT

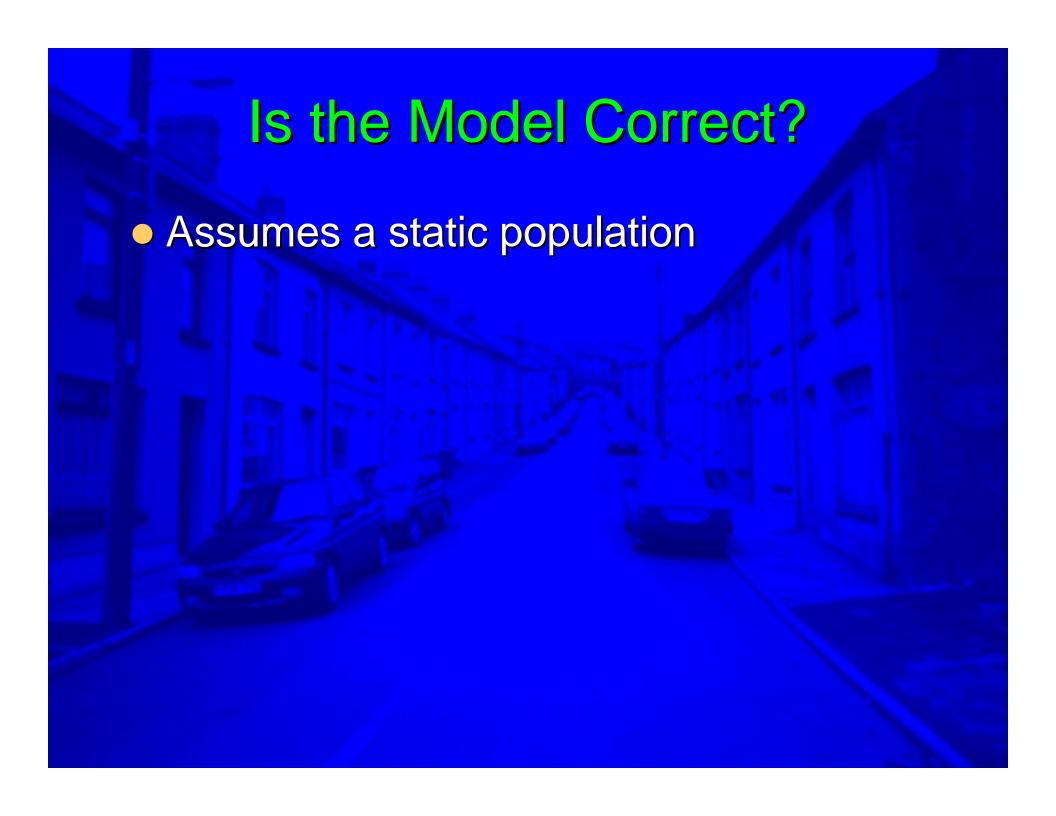


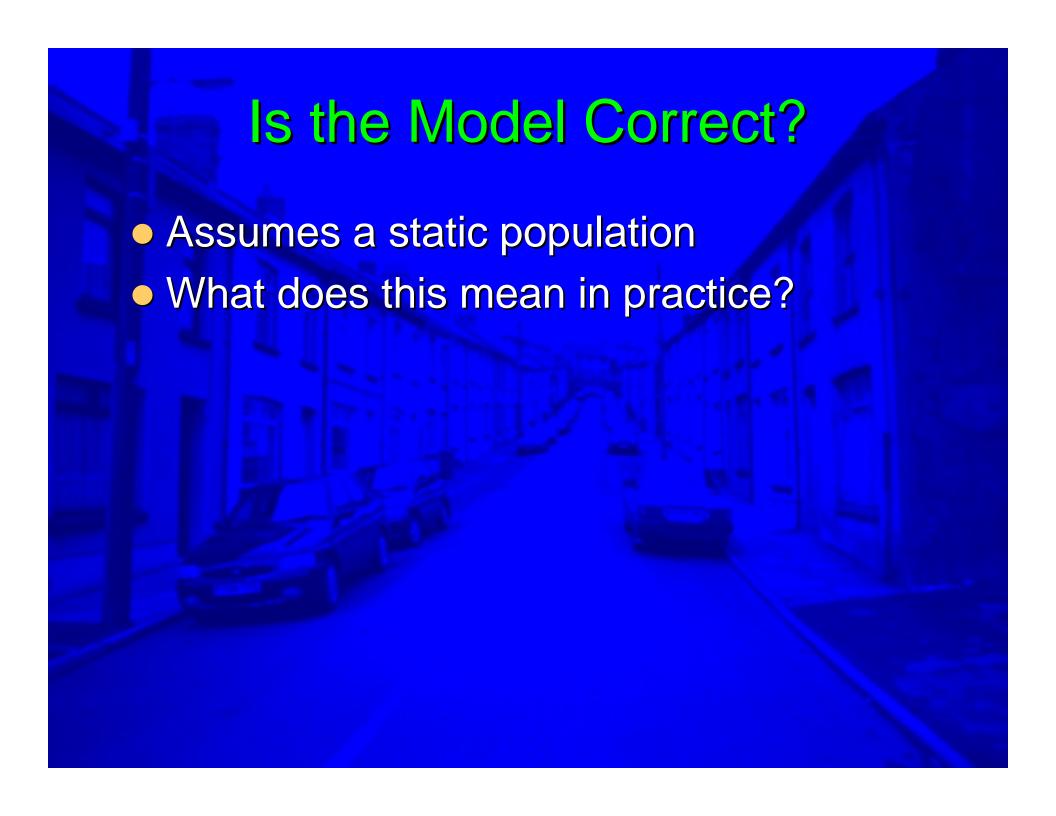


### **Outcomes Predicted**

- Current predicted outcomes using this model are for annual lung cancer mortality of between 2000 and 3300
- Between 500 and 1300 of these are in non smokers







## Is the Model Correct?

- Assumes a static population
- What does this mean in practice?

US lifetime lung cancer mortality attributable to radon in a cohort of 50,000 males and 50,000 females at age 30



Source: Warner et al (1995)

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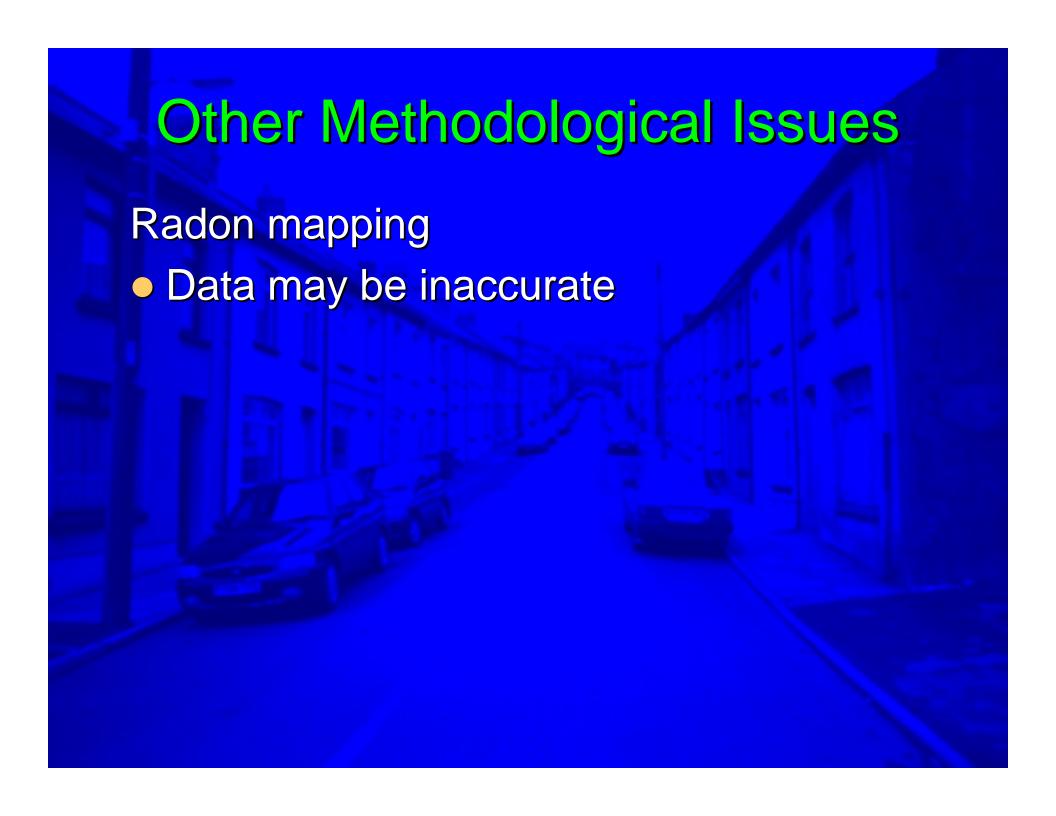
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	Radon, pCi/l				
	<=0.5	0.5-4	>4	>10	Total
No-mobility model	40 (8.7%)	277 (60.5%)	141 (30.8%)	47 (10.3%)	458 (100%)
Mobility model	158 (34.9%)	264 (58.3%)	31 (6.8%)	2 (0.4%)	453 (100%)

Source: Warner et al (1995)









Radon mapping

Data may be inaccurate

Radon control

# Other Methodological Issues

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#### Radon control

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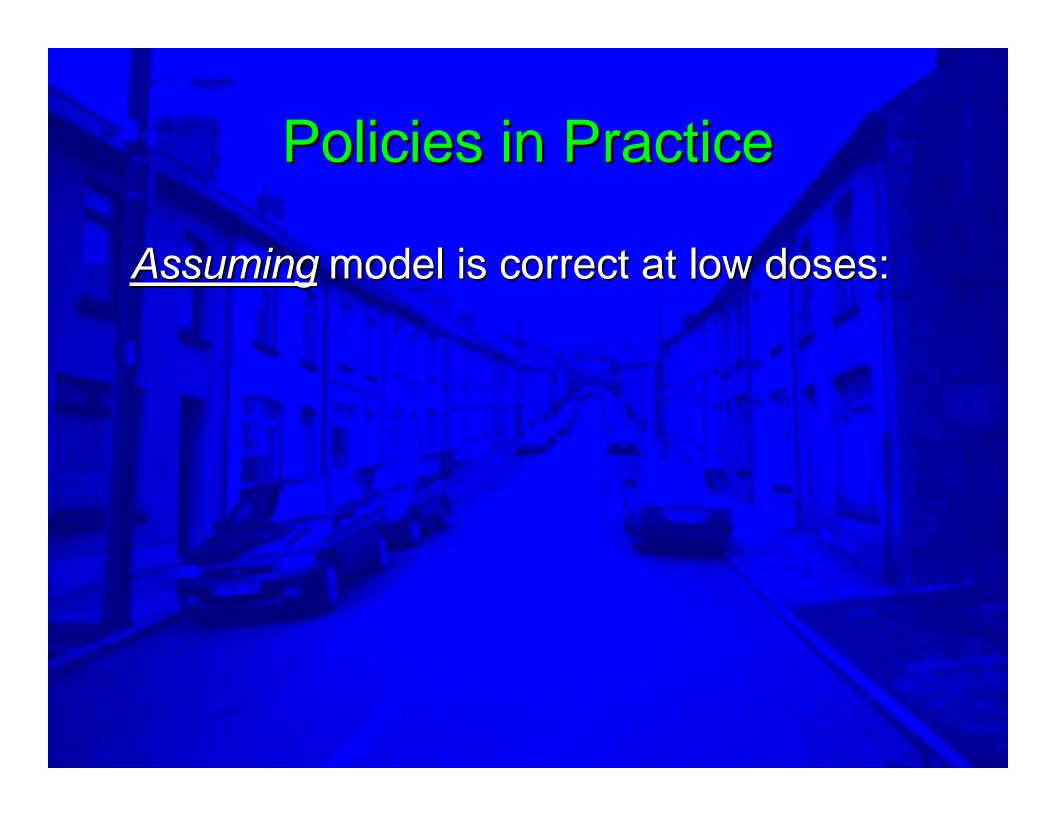
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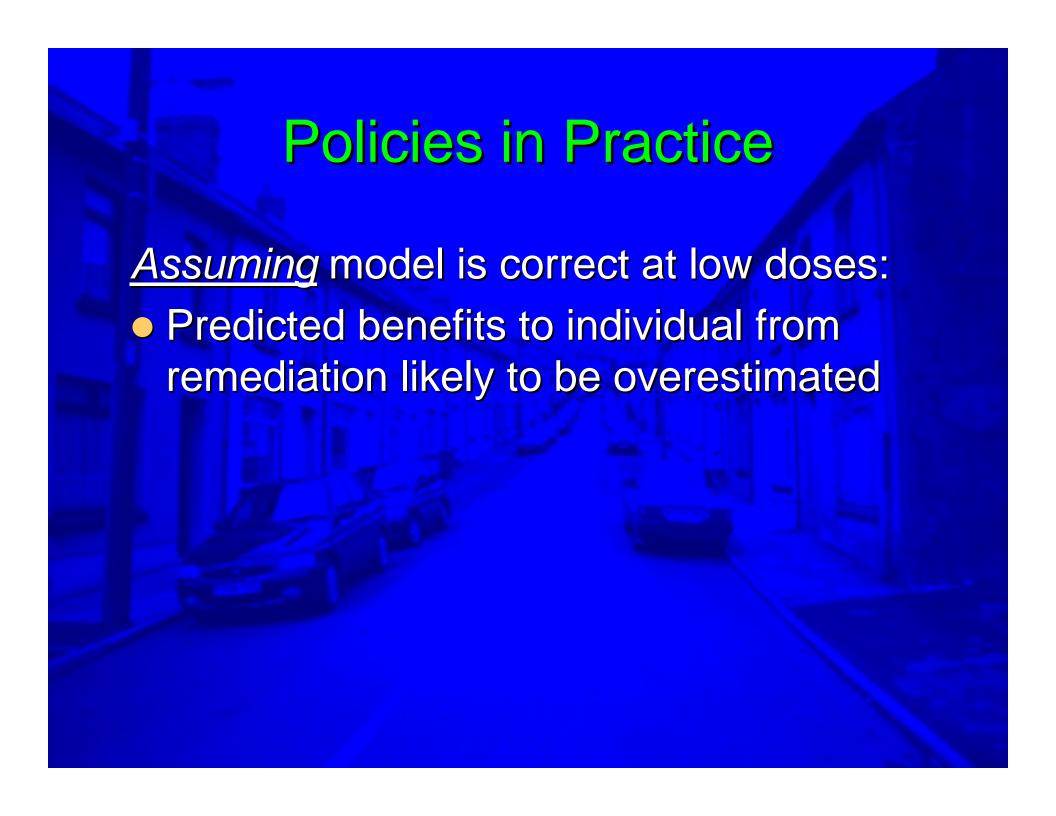
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#### Radon control

- Cost effectiveness modelled on static population
- Ceasing smoking of considerably more benefit







## Policies in Practice

Assuming model is correct at low doses:

- Predicted benefits to individual from remediation likely to be overestimated
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Assuming model is correct at low doses:

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- Have not compared radon programme costs with other interventions







### Recommendations

- Evaluate and quantify effects of UK population mobility
- Calculate true costs of remediation allowing for mobility
- Re-evaluate numbers and locations of homes with high radon levels

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- Calculate true costs of remediation allowing for mobility
- Re-evaluate numbers and locations of homes with high radon levels
- Evaluate costs of radon remediation against smoking cessation

