OHCAO CARDIAC ARREST OVERVIEW YAS 2021

Demographics

9,835
OHCA calls attended

3,618
Patients treated by ambulance service personnel

OHCA incidence (per 100,000)

All cases
(Age/gender adjusted)

67.4

Male
(Age adjusted)

94.4

Female
(Age adjusted)

41.2

Age of patients

Median Age
66.0yrs
Mean Age
63.6yrs

Age Distribution

1.5%
<15yrs

44.3%
15-64yrs

54.2%
65+yrs

Sex Distribution
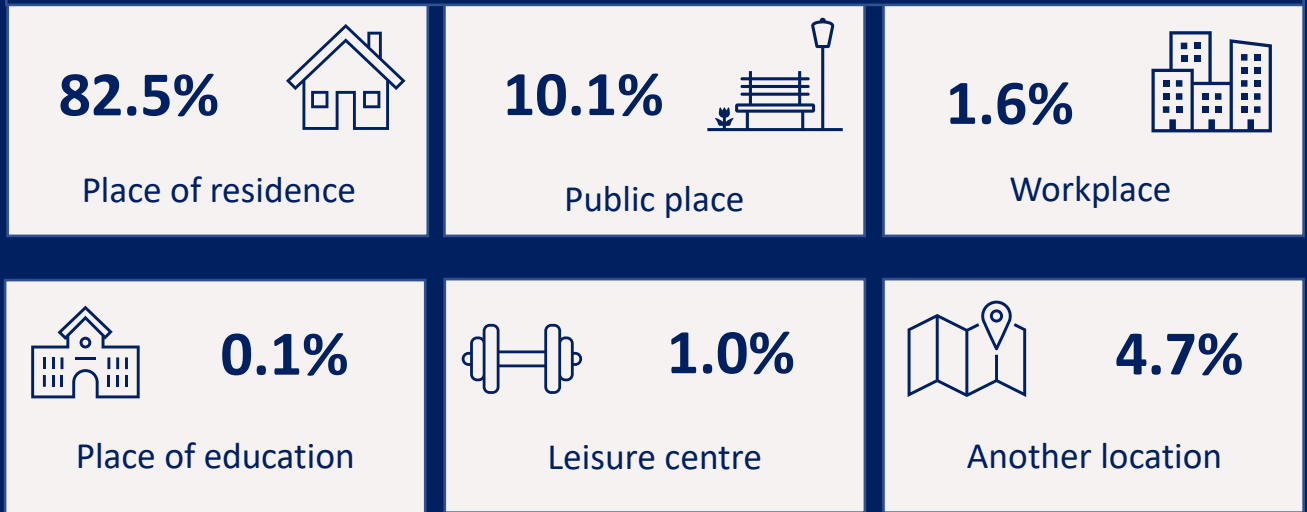
67.0%
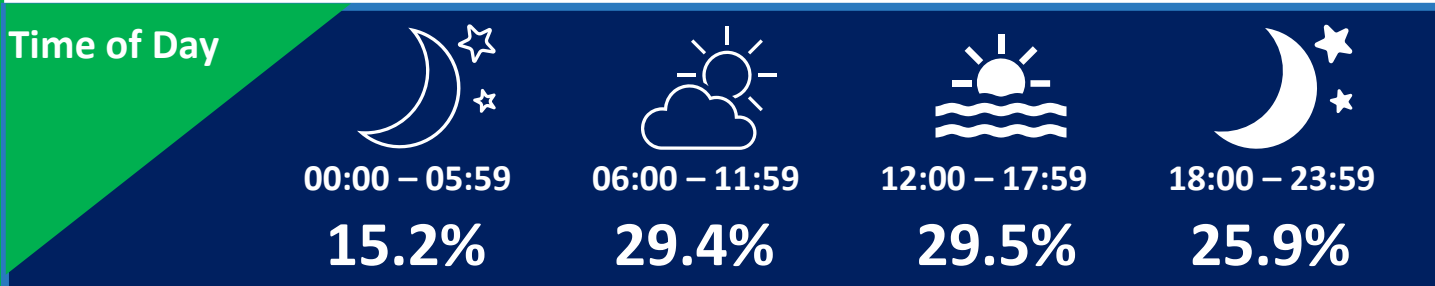
Median Age
65.0yrs
Mean Age
62.8yrs

33.0%

Median Age
70.0yrs
Mean Age
65.7yrs

OHCAO

British Heart Foundation

Resuscitation Council UK

NIHR | Applied Research Collaboration West Midlands

ASSOCIATION OF AMBULANCE CHIEF EXECUTIVES

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Where did people have a cardiac arrest?

82.5%
Place of residence

10.1%
Public place

1.6%
Workplace

0.1%
Place of education

1.0%
Leisure centre

4.7%
Another location

When did people have a cardiac arrest?

Time of Day

00:00 – 05:59	06:00 – 11:59	12:00 – 17:59	18:00 – 23:59
15.2%	29.4%	29.5%	25.9%

Day

SUN	MON	TUE	WED	THU	FRI	SAT
14.9%	14.5%	14.6%	13.4%	14.0%	13.5%	15.1%

Median EMS Response time
8.4 mins

90th percentile time: **18.5** mins

Proportion of cases reached in 7 mins
37.5%
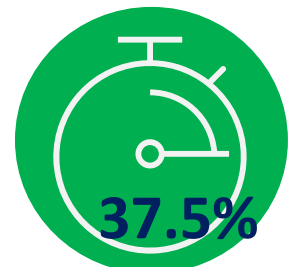
OHCAO CARDIAC ARREST OVERVIEW YAS 2021
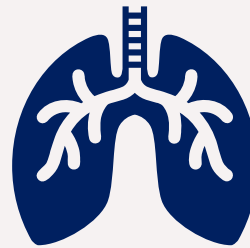
Aetiology*

Presumed cardiac

90.6%

Trauma

3.3%

Overdose

2.7%

Asphyxia

3.0%

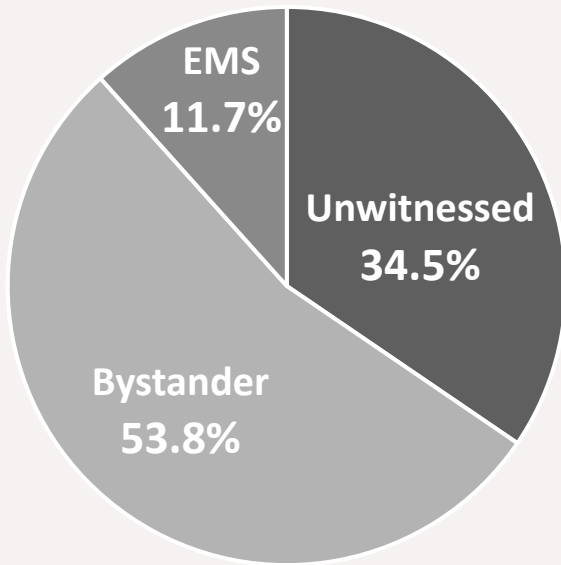*Other/missing 0.4%

Initial Rhythm**

VF/VT 23.4%

Asystole 51.4%

PEA 19.5%
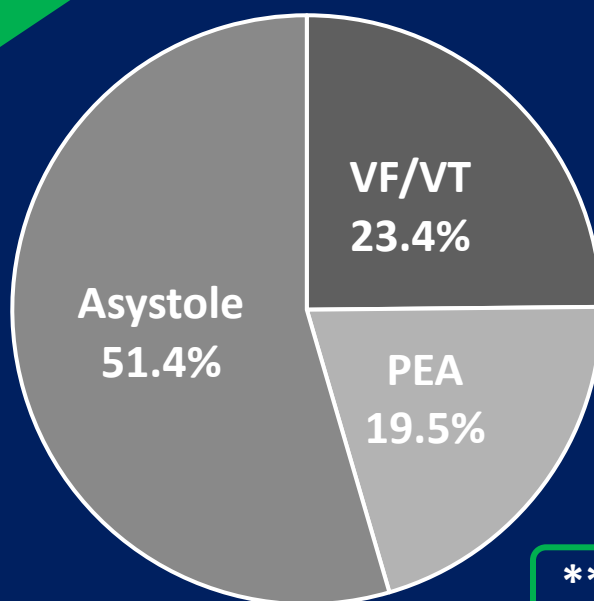
**Other/missing 5.7%

OHCAO CARDIAC ARREST OVERVIEW YAS 2021

Bystander Interventions

Who witnessed cardiac arrest?

- EMS 11.7%
- Unwitnessed 34.5%
- Bystander 53.8%

Bystander CPR rates:

- Unwitnessed cases: 71.3%
- *Non-EMS-witnessed cases: 74.9%
- Bystander-witnessed cases: 77.2%
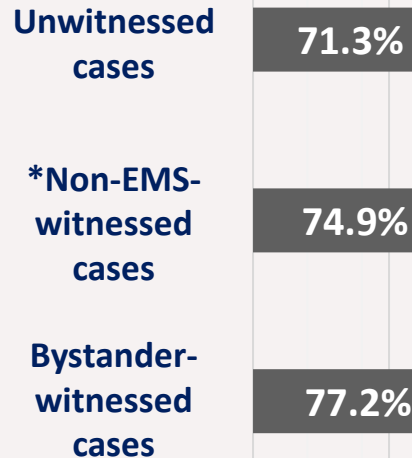
*Non-EMS-witnessed cases is the combination of unwitnessed and bystander-witnessed cases

Public Access Defibrillator use

All cases
5.3%

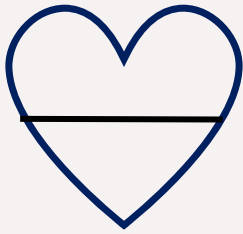**Bystander witnessed cases**
6.7%

Unwitnessed cases
4.8%

Defibrillator Heart Restarter

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Clinical Outcomes

Declared dead on scene

61.0%

Admitted with ongoing CPR

16.0%

Admitted with ROSC

23.0%

Admitted to hospital with ROSC

23.0%

Utstein^{x}

42.8%

30-day Survival

7.7%

Utstein^{x}

20.4%

Ambulance service personnel successful in restarting

830 hearts

263 lives saved

^{x}Utstein Comparator Group: bystander witnessed, shockable rhythm

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Utstein Comparator Group[x] Flow Chart

RESUSCITATION ATTEMPTED
N = 3,618

NOT WITNESSED (INC. NOT RECORDED)
N = 1,249 (34.5%)

BYSTANDER WITNESSED
N = 1,948 (53.9%)

EMS WITNESSED
N = 421 (11.6%)

INITIAL RHYTHM VF/VT
N = 555 (30.2%)

OTHER RHYTHM
N = 1,281 (69.8%)

BYSTANDER CPR
N = 451 (81.3%)

BYSTANDER CPR
N = 965 (75.3%)

ROSC NOT ACHIEVED
N = 259 (46.8%)

ROSC AT ANY TIME
N = 295 (53.2%)

ROSC AT HOSPITAL HANDOVER
N = 237 (42.8%)

OUTCOME DATA
N = 495 (89.2%)

NO OUTCOME DATA
N = 60 (10.8%)

DIED WITHIN 30 DAYS
N = 196 (39.6%)

SURVIVED TO 30 DAYS
N = 101 (20.4%)

EFFORTS STOPPED ON SCENE
N = 198 (40.0%)

[x]Bystander witnessed, shockable rhythm

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