

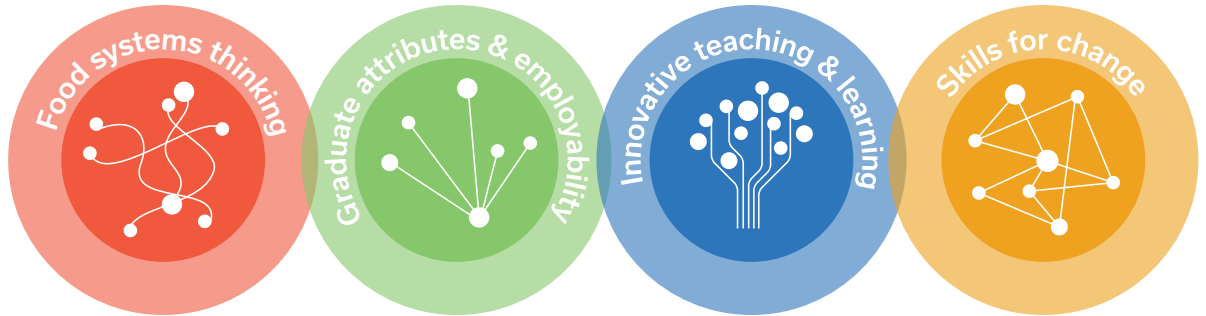


# IFSTAL

Interdisciplinary Food Systems  
Teaching & Learning

## Knowledge and skills to transform the food system

### ENROL FOR THE 2023/24 PROGRAMME



## Gain new perspectives and invaluable skills

The Interdisciplinary Food Systems Teaching and Learning (IFSTAL) programme helps students from different disciplines and backgrounds gain skills and connections that can support food system transformation. Many IFSTAL alumni have gone on to work in food-related careers around the world. We will deliver a programme of four free interactive face-to-face workshops.

All the workshops are carefully planned to be highly interactive and deliver a range of perspectives.

### Who is IFSTAL for?

The programme is free and open to all postgraduate students enrolled at one of our partner institutions. Interested undergraduate students are welcome to apply to your Education Coordinator – see page 4 for details.

### IFSTAL Practice

IFSTAL in Practice is a group for IFSTAL alumni who want to be part of a network of food systems thinkers. Through regular events, a mentoring programme and workshops, you can keep in touch with the programme and fellow participants after you complete your IFSTAL year. Make sure you are signed up to our monthly newsletter to find out more.



This programme has unveiled the power of interdisciplinary cooperation. IFSTAL has been an enlightening journey into the intricate web of our food system. Embracing diverse perspectives, I've learned to collaborate across disciplines, harnessing their collective strength to address shared goals.

**Sara Azeem**  
University of Warwick



Understanding the various drivers and factors involved in crafting sustainable solutions for imminent issues that threaten both the planet and our health was crucial to my experience of the course and further on in my career.

**Urvashi Deshpande**  
LSHTM, University of London



I have developed the tools in systems thinking and interdisciplinary collaboration to address complex and overwhelming food system challenges, working towards holistic solutions, especially concerning nature recovery and food security.

**Lila Stewart-Roberts**  
University of Oxford

## Join a global community of interdisciplinary thinkers

- Engage in a programme of cutting-edge, flexible, online units on food systems thinking and methodologies, complemented by workshops.
- Join our diverse community of more than 2,200 food systems thinkers.  
Our global network includes students, alumni and workplace professionals.
- Connect with those working on real life food system challenges in a variety of organisations.
- Interact with students from across our partner institutions in interdisciplinary, team-based challenges.
- Develop future-focused skills in working and collaborating online.
- Enhance your CV, develop a range of food systems skills and gain opportunities for work and dissertation placements, internships and more.


## How can I benefit from IFSTAL?

The curriculum is designed to help you develop a range of skills and knowledge above and beyond those you would normally acquire from your studies. IFSTAL will help you become:

- An imaginative and critical food systems thinker
- A creative and active collaborator and learner
- An engaged and informed professional able to effect change
- A confident and flexible communicator
- A well-informed and knowledgeable employee


***"Taking a systems approach is about thinking broadly not narrowly and, in the end, it will put the organisation in a much better place to deal with the challenges that are coming in the future."***

**IFSTAL Workplace partner**



My participation in the IFSTAL workshops and summer school 2022–23 has really transformed my understanding of the food system, and it will surely help me in my future career pathways.

**Bhoopendra Kumar Ahirwar**  
SOAS University of London



The course deepened my appreciation of systems thinking enabling me to approach issues from a broader perspective. This outlook will help me face the challenges and opportunities inherent in driving transformative change within complex systems.

**Isla Sligo-Young**  
Royal Veterinary College, University of London

# IFSTAL in-person events 2023/24

Event	Theme	Date   how to access
Launch event	Learn more about IFSTAL: meet the team + talks from guest speakers and IFSTAL alumni	20 October 2023   SOAS, University of London, evening
Workshop 1	Exploration of food systems	4 November 2023   University of Oxford
Workshop 2	Investigation of food systems thinking	2 December 2023   RVC, University of London
Workshop 3	Application of food systems methods	27 January 2024   University of Warwick
Workshop 4	Intervention for food systems change	24 February 2024   SOAS, University of London
Meet the workplace	Workplace skills	12 June 2024   University of London
Summer school	Masterclasses and project work	7 to 9 July 2024

## Tailored food systems training for organisations

Customised training courses on food systems thinking can help organisations get to the core of the challenges they face. IFSTAL can work with you to create a training package that addresses your unique issues while giving you access to the international IFSTAL network and community. To discuss tailored food systems training, please contact John Ingram, IFSTAL Programme Leader – [john.ingram@eci.ox.ac.uk](mailto:john.ingram@eci.ox.ac.uk)

## How to get involved

### Sign up to IFSTAL via Canvas

Canvas is the Virtual Learning Environment (VLE) used by IFSTAL. We will ask you to complete a short online form, and once you have completed this form, an account will be created on Canvas for enrolment on the course. You will then be able to access the full course via [canvas.ox.ac.uk](https://canvas.ox.ac.uk) and start your IFSTAL journey



### Contact your Education Coordinator

**University of Oxford, University of Reading  
and University of Warwick**  
[ifstal-oxford@eci.ox.ac.uk](mailto:ifstal-oxford@eci.ox.ac.uk)

**University of London (RVC, SOAS, LSHTM)**  
[ifstal-london@rvc.ac.uk](mailto:ifstal-london@rvc.ac.uk)