

Enhancing End of Trial Dissemination Through Patient Co-Creation: Design of the NightLife Study Within A Trial (SWAT)

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INTRODUCTION

Effective dissemination of trial results to participants is ethically important; however, there is limited consensus on how best to communicate findings in ways that **are meaningful, accessible and acceptable to diverse participant groups**. A **Study Within a Trial (SWAT)**, embedded within the NightLife Randomised Controlled Trial (RCT) evaluating extended nocturnal haemodialysis versus standard care, aims to address this gap by **co-creating and evaluating a patient-designed results dissemination method**.

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METHODS



Figure 1: Stage 1 - Co-Design Process

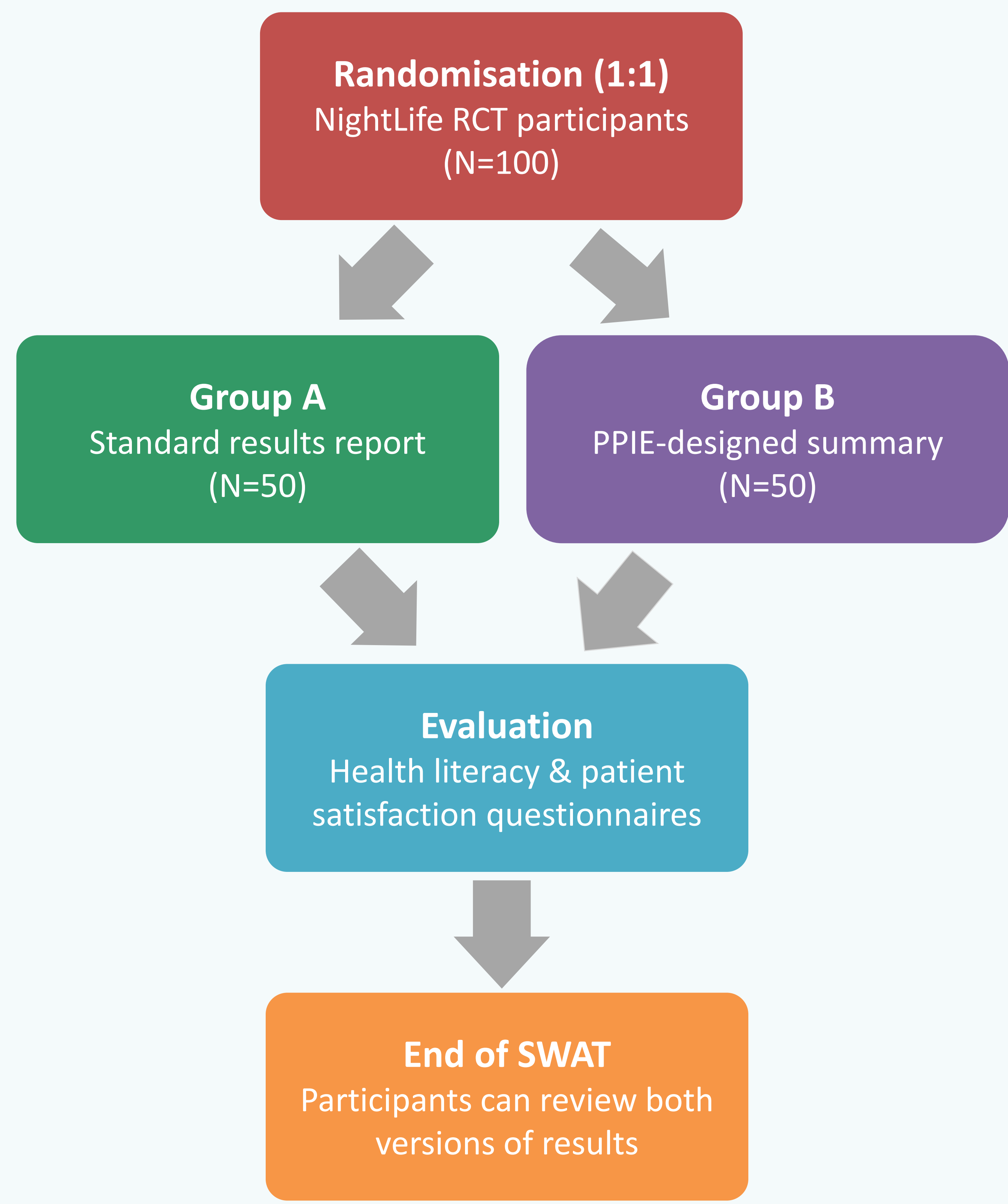


Figure 2: Stage 2 – Randomised Evaluation

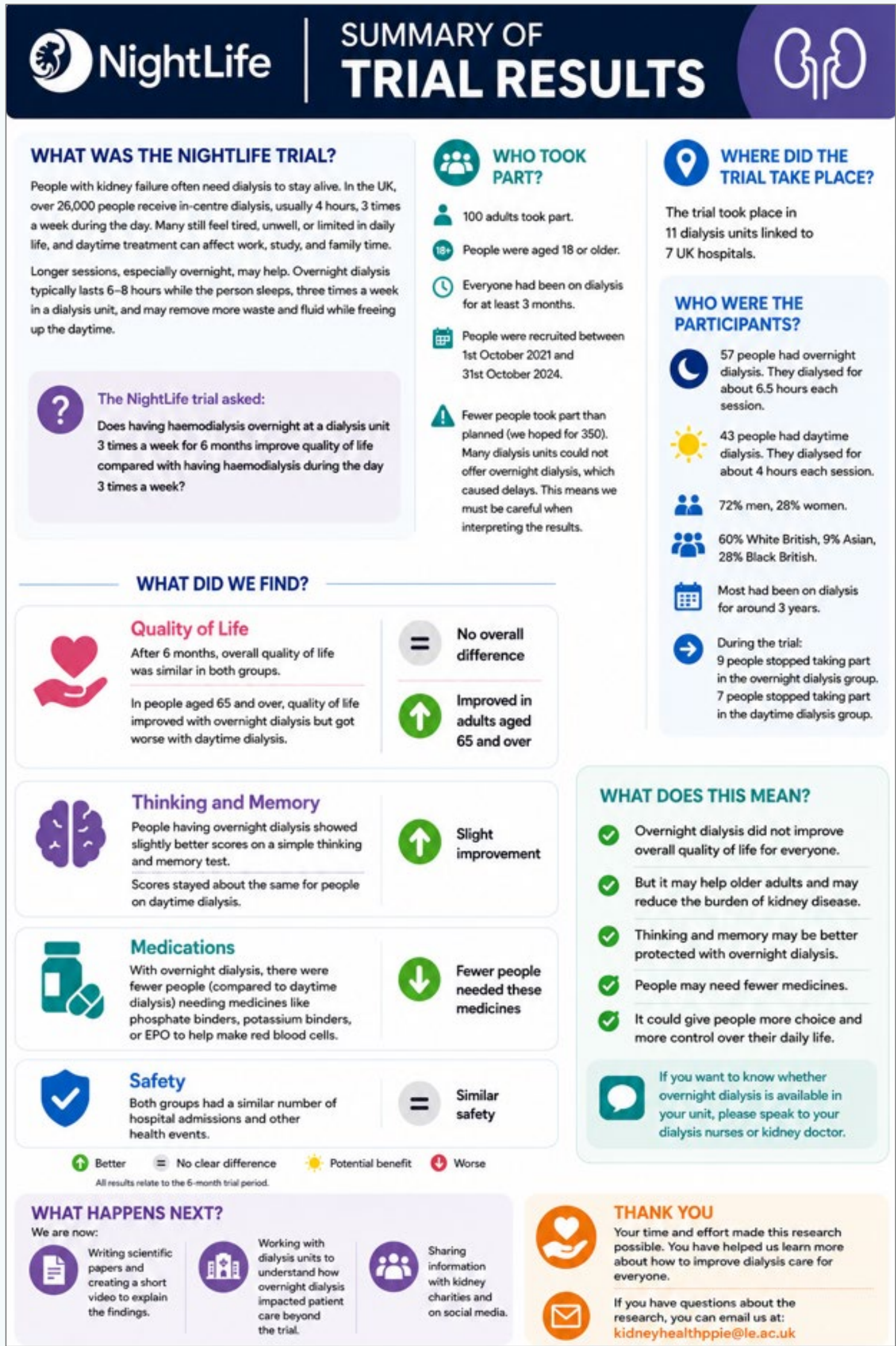
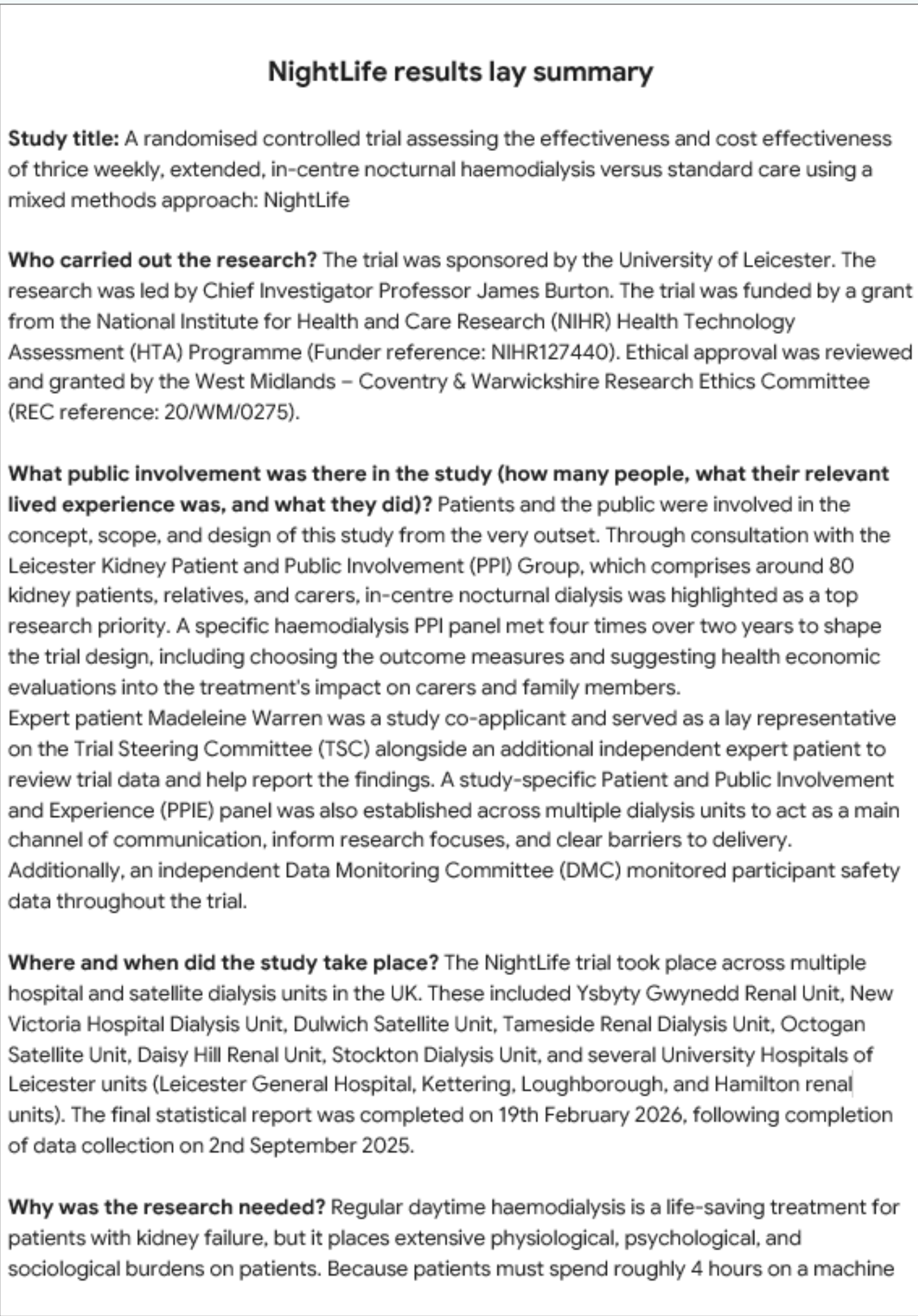


Figure 3: Standard results summary vs PPIE-based results summary

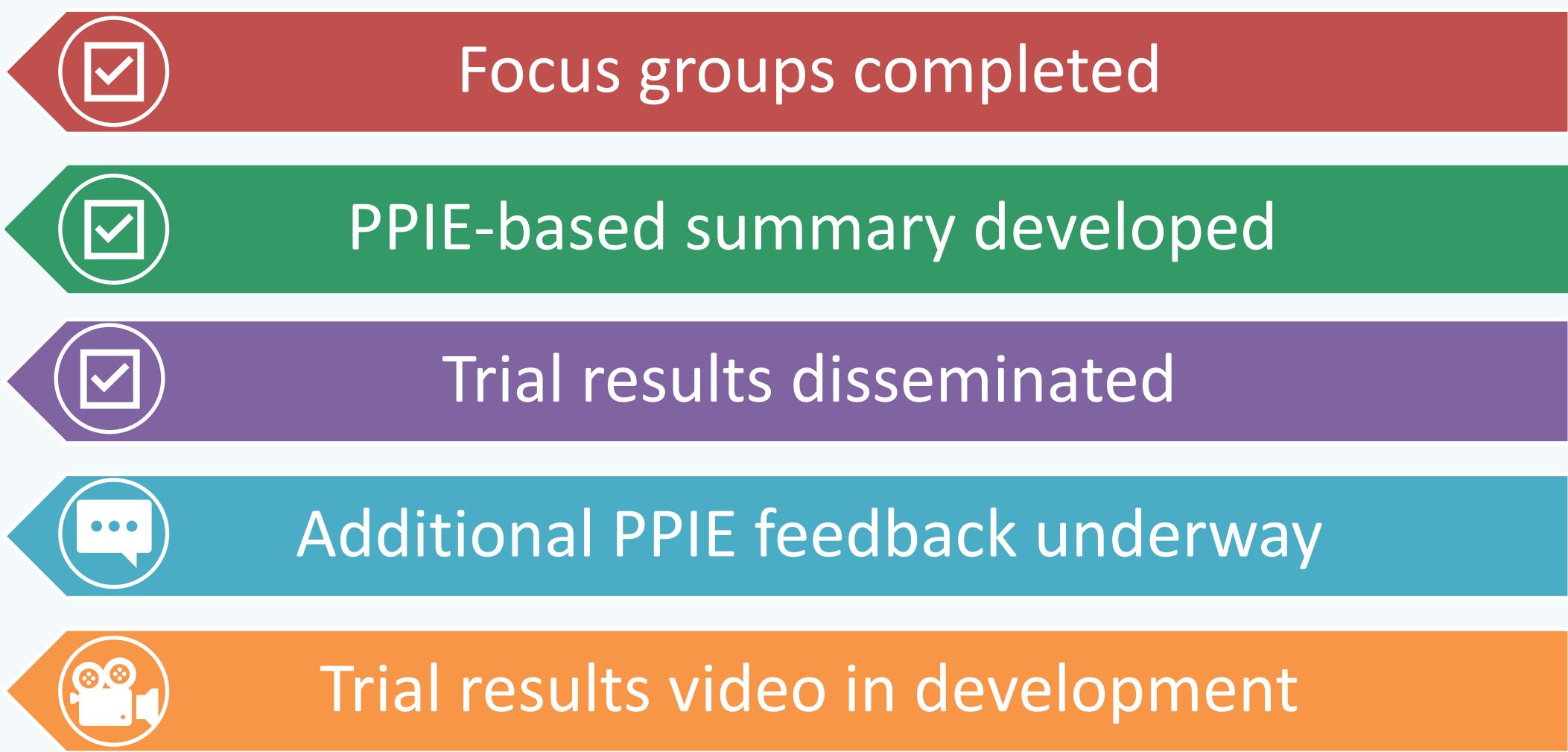


Figure 4: SWAT progress

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EXPECTED OUTCOMES AND IMPACT

The NightLife SWAT represents an **innovative, co-created approach** to improving dissemination of trial results to participants. By **embedding patient partnership** within trial processes, it aims to generate practical, evidence-based recommendations to **enhance end of trial communication**.

NightLife is funded by the National Institute for Health and Care Research (NIHR) [HTA (NIHR127440)]. The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.