

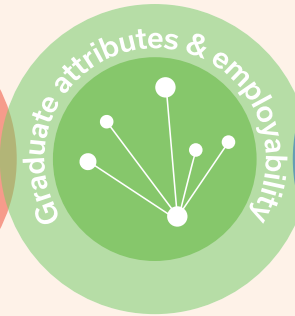
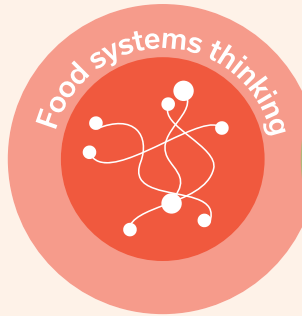


IFSTAL

Interdisciplinary Food Systems
Teaching & Learning

Knowledge and skills to transform the food system

ENROL FOR THE FREE 2026/27 PROGRAMME



**UNIVERSITY
OF WARWICK**

CITY
ST GEORGE'S
UNIVERSITY OF LONDON

LONDON
SCHOOL of
HYGIENE
& TROPICAL
MEDICINE



RVC Royal
Veterinary
College
University of London

 **SOAS**
University of London

 **University of
Reading**

Gain new perspectives and invaluable skills

The Interdisciplinary Food Systems Teaching and Learning (IFSTAL) programme helps students from different disciplines and backgrounds gain skills and connections that can support food system transformation. Many IFSTAL alumni have gone on to work in food-related careers around the world. We will deliver a programme of four free interactive face-to-face workshops.

All the workshops are carefully planned to be highly interactive and deliver a range of perspectives.

Who is IFSTAL for?

The programme is free and open to all postgraduate students enrolled at one of our partner institutions. Interested undergraduate students are welcome to apply to your Education Coordinator – see page 4 for details.



I did not anticipate how positive IFSTAL would be for my thinking, my skillset, and meeting awesome people.

Max Hadoke
PhD Biology, University of Oxford



Being part of IFSTAL's passionate and interdisciplinary cohort changed how I engage with ideas and communicate within a team to collectively build solutions.

Poppy Bootman
MSc Environment, Politics & Development,
SOAS, University of London



IFSTAL advanced my professional development. I'll be considering the food system more holistically and applying my learning to real-world decisions.

Lily Nash
PhD Comparative Biomedical Sciences, RVC,
University of London



IFSTAL has helped me think systemically when approaching complex problems, and enabled me to work collaboratively with people from different specialisms.

Max Adams
MSc Food Policy, City St George's,
University of London

Join our global group of interdisciplinary thinkers

IFSTAL's network includes students, alumni and workplace professionals across the world. When you enrol, you'll become part of this vibrant community.

- Join 4,500+ IFSTAL food systems thinkers globally
- Connect with people in different food organisations
- Work on relevant, team-based challenges
- Develop the skills that employers look for
- Enhance your CV and gain a professional edge



IFSTAL provided an opportunity to think beyond my discipline, put theory into practice, and challenge my perceptions of food systems transformation.

Shade Oyegbola

MSc Food Security & Development,
University of Reading



IFSTAL allowed me to gain practical skills and knowledge beyond my degree, as well as offering the invaluable opportunity to collaborate across disciplines.

Borbala Bardi

MSc Public Health, LSHTM,
University of London



IFSTAL sharpened systems thinking on food, carbon-markets, sustainability, built collaboration across disciplines, grew global professional network for transformative, social well-being-focused change.

Nisha Jagadish Hosmani

MSc Management, University of Warwick

How can I benefit from IFSTAL?

The curriculum is designed to help you develop a range of skills and knowledge above and beyond those you would normally acquire from your studies. IFSTAL will help you become:

- An imaginative and critical food systems thinker
- A creative and active collaborator and learner
- An engaged and informed professional able to effect change
- A confident and flexible communicator
- A well-informed and knowledgeable employee

"Taking a systems approach is about thinking broadly not narrowly and, in the end, it will put the organisation in a much better place to deal with the challenges that are coming in the future."

IFSTAL Workplace partner

IFSTAL in-person events 2026/27

Event	Theme	Date how to access
Launch event	Learn more about IFSTAL: meet the team + talks from guest speakers and IFSTAL alumni	16 October 2026 At each institution face-to-face from 17:30
Workshop 1	Exploration of food systems	7 November 2026 University of Oxford
Workshop 2	Investigation of food systems thinking	5 December 2026 RVC, University of London
Workshop 3	Application of food systems methods	6 February 2027 University of Warwick
Workshop 4	Intervention for food systems change	6 March 2027 SOAS, University of London
Meet the workplace	Workplace skills	28 April 2027 Webinar
Food systems late afternoon webinars	Topical food systems issues	See Canvas for details

Long term support from the seven IFSTAL universities

The IFSTAL universities have supported the programme since it started in 2015, enabling over 4,500+ participants globally to experience a unique teaching and learning journey on food systems. IFSTAL enhances taught courses at the host university, and provides added value to students, and their journey into the workplace. We also provide tailored food systems training to academics and researchers at the seven universities. For further information contact Roger Sykes, Food Systems Programme Manager at roger.sykes@eci.ox.ac.uk

How to get involved

Sign up to IFSTAL via Canvas

Canvas is the Virtual Learning Environment (VLE) used by IFSTAL. We will ask you to complete a short online form, and once you have completed this form, an account will be created on Canvas for enrolment on the course. You will then be able to access the full course via canvas.ox.ac.uk and start your IFSTAL journey.



Contact your Education Coordinator

University of Oxford, University of Reading and University of Warwick
ifstal-oxford@eci.ox.ac.uk

University of London (City St George's, LSHTM, RVC, SOAS)
ifstal-london@rvc.ac.uk