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Duties:

I am now an Adjunct Lecturer for the Frederick University / Frederick Institute of Technology, a private tertiary education institution in Cyprus. I am also employed as a Special Teaching Staff for the Social and Political Science Department at the University of Cyprus which is the state university.

My job involves:

A lot of teaching in social science subjects.

How did you find this job?

I had my post at the Frederick prior to the completion of my PhD in 2011, but it has helped me retain the post and upgrade from Special Teaching Staff to adjunct Lecturer in 2012. Having the PhD qualification was a precondition for the job at the University of Cyprus.

How (if at all!) does your PhD help you in your current work?

My PhD helps me in my work in many ways, through the general background knowledge I have acquired and as a result of my familiarity with bibliographical searching and research methods in general.

The PhD process honed my analytical skills, independent planning and organisation, preparation of notes and ability to present.

After completing my thesis on labour relations in Cyprus I have continued the research, building on it and keeping it updated, while also enhancing its comparative dimension. Recently I have also started research on additional different topics in the fields of media and semiotics.

What employment-related advice do you have for current PhDs?

My advice to current PhD students would be to open up their thematic scope beyond their PhD topic as early as possible, to be open to learning new things, willing to work in new fields of study and become accustomed to multi-tasking!