

Complementary medicine

- [British Complementary Medicine Association](#) - Represents most of the complementary medicine organisations and provides information on training, professional standards, setting up in practice, etc.
- [Association of Reflexologists](#) - non-profit making organisation whose members are professionally qualified practitioners, or those undergoing training for professional qualification.
- [British Acupuncture Council](#) - UK's main regulatory body for the practice of acupuncture by over 2200 professionally qualified acupuncturists.
- [British Chiropractic Association](#) - represents 70% of UK chiropractors, aiming to promote, encourage and maintain high standards of conduct, practice, education and training within the profession in this country.
- [General Chiropractic Council](#) - UK-wide statutory body with regulatory powers, established by the Chiropractors Act 1994.
- [British Homeopathic Association](#) - accurate and helpful information about homeopathy. [British Reflexology Association](#) - organisation representing Reflexology as a profession.
- [Journal of Chinese Medicine](#) - Acupuncture, Chinese herbal medicine, qigong, dietary medicine, world-wide Chinese medicine NEWS, seminar bookings, on-line subscriptions and an on-line bookshop.
- [The Healing Trust](#) - principal organisation for spiritual healing in the United Kingdom.
- [National Institute of Medical Herbalists](#) - UK's leading professional organisation of practitioners of herbal medicine.
- [General Council and Register of Naturopaths](#) - Monitors and promotes the education and practice of Naturopathy.
- [Institute for Optimum Nutrition](#) - information on the voluntarily regulated practice of Nutritional Therapy. See also Dietetics in Allied Healthcare section.
- [Shiatsu Society UK](#) - promotes awareness and practice of Shiatsu in the UK.
- Society of Teachers of the Alexander Technique - Alexander Technique is a practical method for improving the way we 'use' ourselves in the activities of everyday life, be they in the home, at school or at work, or during sporting activities etc.
- [Thrive](#) - Gardening and horticulture for training, therapy and health.