SO YOU WANT TO GO TO CANADA EH?

The process of applying to CaRMS Leila Makhani
Overview

- Training in Canada (Ontario)
- The process of applying / timeline
- The exam
- How to stay competitive
- Useful resources
- Questions
Training in Canada

- Direct entry into clinical specialty (“run-through”)
- Complete relevant rotations (basically everything!)
- 2 – 5 years
- “IMG’s” = International Medical Graduates
Top Specialties For IMGs

% of Applicants

- Family Med: 22%
- Internal Med: 15%
- Paediatrics: 9%
- A & E: 7%
- Gen Surg: 6%
- Orthopaedics: 5%

0 5 10 15 20 25
Training in Canada

- **Family Medicine**
  - 2 years (rotations include: GP, O&G, Paeds, Surgery, Internal Med, A&E, etc.)
  - Option for 1 year sub-specialty

- **Internal Medicine**
  - 3 years
  - 2 years sub-specialization
  - 1 year fellowship
# Match Results 2012

<table>
<thead>
<tr>
<th>Specialty</th>
<th>No. of Applicants (1\textsuperscript{st} choice)</th>
<th>No. Matched</th>
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<tbody>
<tr>
<td>Family Medicine</td>
<td>900 (c.f 1800 total)</td>
<td>146</td>
</tr>
<tr>
<td>Internal Medicine</td>
<td>182 (c.f 700 total?)</td>
<td>34</td>
</tr>
<tr>
<td>Psych</td>
<td></td>
<td></td>
</tr>
<tr>
<td>O&amp;G</td>
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<td>Paeds</td>
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## Match Results 2012

### Final Participation

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<tr>
<th>Medical School</th>
<th>2012 Graduates</th>
<th>Previous Years Graduates</th>
<th>Total</th>
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<tbody>
<tr>
<td>CMG</td>
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<td>91</td>
<td>2717</td>
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<tr>
<td>IMG</td>
<td>323</td>
<td>1833</td>
<td>2156</td>
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<tr>
<td>United States Medical School</td>
<td>41</td>
<td>6</td>
<td>47</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>2990</strong></td>
<td><strong>1930</strong></td>
<td><strong>4920</strong></td>
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### Match Results

<table>
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<tr>
<th></th>
<th>2012 Graduates</th>
<th>Previous Years Graduates</th>
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<tbody>
<tr>
<td>2557</td>
<td>65</td>
<td>2622</td>
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<tr>
<td>141</td>
<td>266</td>
<td>407</td>
<td>1749</td>
</tr>
<tr>
<td>30</td>
<td>1</td>
<td>31</td>
<td>16</td>
</tr>
<tr>
<td><strong>2728</strong></td>
<td><strong>332</strong></td>
<td><strong>3060</strong></td>
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### Unmatched

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<th>2012 Graduates</th>
<th>Previous Years Graduates</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>2557</td>
<td>69</td>
<td>26</td>
<td>95</td>
</tr>
<tr>
<td>141</td>
<td>182</td>
<td>1567</td>
<td>1749</td>
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<tr>
<td>30</td>
<td>11</td>
<td>5</td>
<td>16</td>
</tr>
<tr>
<td><strong>2728</strong></td>
<td><strong>262</strong></td>
<td><strong>1598</strong></td>
<td><strong>1860</strong></td>
</tr>
</tbody>
</table>
Match Results 2012

Total IMG Participants in Match = 2156

323 = final years

1833 = graduates

Total IMG’s Matched = 407

141 = final years

266 = graduates
The Process

- Registration for MCCEE (Medical Council of Canada Evaluating Exam) / MCC
- CaRMS (Canadian Residency Matching Service)

Organizations involved:
- PCRC
- MCC
Registration for MCCEE

- **MAY**
  - Register with PCRC: 3 Documents / SVR
    - ID Confirmation
    - ID Document
    - Photo

- **MAY-JUNE**
  - Register with MCC: 3 Documents
    - Attestation WMS
    - Final Year WMS
    - Student Declaration

- **JUNE**
  - Eligible to sit MCCEE – register through Prometrics

**MCCEE**
- May 6 – 24th 2013
- September 9 – 27th 2013
- October 28th – November 8th 2013
Applying To CaRMS

Aug 15 - ONLINE REQUEST FOR REGISTRATION

Sept 4 - APPLICATION TOKEN / SYSTEM OPENS

Oct-Nov - COMPLETE APPLICATION / PROGRAM SELECTION

Nov 23 - CaRMS Application Closes

INTERVIEWS Jan 19 – Feb 10

MATCH DAY Mar 5
CaRMS Application

- Browse program descriptions — can start now!
- CV / photo
- 3 reference letters
- Personal letter
- Medical Student Performance Record / transcript
- THE APPLICATION
- MCCEE statement of results
- Document Assignment
- Interview
- Ranking (post-interview)
The Application

- Multiple sections
  - Education (non-medical & medical)
  - Electives
  - Scholarly activities & research
  - Publications/Presentations
  - Observerships
  - Professional training & certifications
  - Work/Volunteer experience
  - Achievements & Interests

- Title and description for each entry – put ALL down
Medical Student Performance Record

- Speak to WMS student office early
- Letter from the Dean – can incorporate activities you would like to highlight
- Transcript (Phase I + II to date)
- Block evaluation forms
Document Assigning

- Each program has individual requirements
- Assign unique documents (i.e. reference letters) to each individual program
- Time-consuming
- For example: Family Medicine has 19 possibly programs = same requirements for each, but have to assign documents to each program
The MCCEE

- 180 MCQ (SBA)
- 4 hours
- 150 questions scored
- Calibrated to difficulty scale
- No negative marking
The MCCEE

- Comprehensive set of notes
- Covers all specialties (29 chapters)
- Great Resource!
GET THE APP
NOW AVAILABLE FOR IPHONE, IPAD AND ANDROID DEVICES

QBank for the MCCEE

3772 of the very best, classic, simulated Multiple Choice Questions

Preparation Questions for the MCC Evaluating Exam

The QBank for the MCCEE is the very best source of practice, p and review questions for this exam.
CaRMS Interviews

- January 19th – February 10th (2013)
- Family Medicine: Joint standardized interview for all programs
- Remaining programs either panel interview or Multiple Mini Interview (MMI)
- Behavioural-type questions
Further Exams

- MCCQE1
- MCCQE2
- NAC OSCE
Total Cost

PCRC/MC C $250
MCCEE $1645
Q Bank 3 mo. $115
Toronto Notes $160
CaRMS $293.50 + 26.50/program

Flights
Time
Tears
= $2728
How To Stay Competitive

- Observerships – *any chance you get!*
- Clinical rotations in Canada
- Research & publications – *it’s possible 😊*
- Elective
Top Tips

- Think about what specialty you want to enter
- Try and smash the MCCEE
- Start early – big bottleneck in November
- If in 1\textsuperscript{st}/2\textsuperscript{nd} year – arrange for Canadian experience now and think about references
- Electives: rural is good
- Speak to WMS early
- Start making a list of all your activities to date
- Prepare CV and work backwards
In Summary

Medical Council of Canada / Exam

**NOW:** PCRC/MCC Registration (ID, Documents, WMS, Photo)

**JUNE:** Registration for MCCEE

CaRMS Application

**AUG:** Request for Registration for CaRMS (Opens in Sept)

**Sept-Nov:** Complete Application (References, letters, CV, MSPR)

**Interviews / Ranking**
Useful Resources

- Health Force Ontario (Ministry of Health)
  - [http://www.canadaqbank.com](http://www.canadaqbank.com)
  - [http://www.carms.ca](http://www.carms.ca)
  - WMS

- leila.makhani@gmail.com
THANK YOU – Questions?

MISSION: POSSIBLE!
<table>
<thead>
<tr>
<th>First Choice Discipline</th>
<th>n</th>
<th>%</th>
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<tbody>
<tr>
<td>Family Medicine</td>
<td>205</td>
<td>21.0%</td>
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<tr>
<td>Internal Medicine</td>
<td>141</td>
<td>14.4%</td>
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<tr>
<td>Pediatrics</td>
<td>86</td>
<td>8.8%</td>
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<tr>
<td>Emergency Medicine</td>
<td>66</td>
<td>6.8%</td>
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<tr>
<td>General Surgery</td>
<td>63</td>
<td>6.4%</td>
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<tr>
<td>Orthopedic Surgery</td>
<td>47</td>
<td>4.8%</td>
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<tr>
<td>Obstetrics &amp; Gynecology</td>
<td>36</td>
<td>3.7%</td>
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<tr>
<td>Cardiac Surgery</td>
<td>19</td>
<td>1.9%</td>
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<tr>
<td>Anesthesiology</td>
<td>18</td>
<td>1.8%</td>
</tr>
<tr>
<td>Neurology</td>
<td>18</td>
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<tr>
<td>Psychiatry</td>
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<tr>
<td>Diagnostic Radiology</td>
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<td>Neurosurgery</td>
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<tr>
<td>Radiation Oncology</td>
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<tr>
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<td>Plastic Surgery</td>
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<td>Physical Medicine &amp; Rehabilitation</td>
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<td>Neurology – Pediatric</td>
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<tr>
<td>Other</td>
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<tr>
<td>Not decided</td>
<td>177</td>
<td>18.1%</td>
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</table>

Total* 977 100.0%

Family Medicine was the first choice residency discipline with (21.0%), followed by Internal Medicine (14.4%). Yet, 18.1% of respondents remained undecided on their residency discipline of choice.

* Only includes respondents intending to return to Canada for all or part of their postgraduate training.