



DAY NURSERY LUNCH MENU

January 2021
to July 2021

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 4 Jan - 25 Jan - 15 Feb - 8 Mar - 29 Mar 19 Apr - 10 May - 31 May - 21 Jun	Main Course	Cod Fishcake Low Sugar Baked Beans New Potatoes	Chicken in Mild Mexican Spiced Pepper & Tomato Sauce Peas Steamed Rice	Cheesy Tomato, Mushroom & Pepper Pasta Sweetcorn	Sausage, Mixed Bean & Tomato Cassoulet New Potatoes	Braised Ham, Cauliflower & Spring Green Casserole Roast Potatoes
	Vegetarian	Vegetable Cutlet Low Sugar Baked Beans New Potatoes	Quorn Pieces in a Mexican Spiced Pepper & Tomato sauce Sweetcorn Steamed Rice	As Above	Vegan Sausage, Mixed Bean & Tomato Cassoulet Crusty Bread	Cauliflower, Chickpea & Spring Green Vegetable Casserole Roast Potatoes
	Dessert	Arctic Roll	Sliced Orange with Fromage Frais	Chocolate Brownie	Rice Pudding with Dried Fruit	Lemon Drizzle Cake with Ice Cream
	Weaning 3-9 Months	Potato & Baked Bean Puree	Sweetcorn, Pepper, Tomato Puree	Pasta, Mushroom, Sweetcorn Puree	Mixed Bean & Tomato Puree	Spring Green & Cauliflower Puree
WEEK 2 11 Jan - 1 Feb - 22 Feb - 15 Mar - 5 Apr 26 Apr - 17 May - 7 Jun - 28 Jun	Main Course	Cheesy Tuna, Tomato & Herb Pasta Bake Sweetcorn	Minced Beef, Carrot & Sliced Potato Hot Pot Cauliflower & Garden Peas	Chicken, Potato & Spinach Curry Steamed Rice	¼ Jacket Potato Grated Cheddar Cheese Low Salt Baked Beans	Turkey, Leek & Potato with Mini Pastry Lids New Potatoes Carrots & Garden Peas
	Vegetarian	Cheesy Courgette, Tomato & Herb Pasta Bake Sweetcorn	Vegan Mince, Carrot & Sliced Potato Hot Pot Cauliflower & Garden Peas	Quorn, Potato & Spinach Curry Steamed Rice	As Above	Mixed Bean, Leek & Potato Pie with Mini Pastry Lids New Potatoes Carrots & Garden Peas
	Dessert	Peach Slices in Juice With Natural Yoghurt	Bananas & Vanilla Custard	Flapjack	Sliced Melon With Fromage Frais	Arctic Roll
	Weaning 3-9 Months	Courgette & Pea Puree	Cauliflower, Carrot & Potato Puree	Spinach, Pea & Rice Puree	Potato & Baked Bean Puree	Leek, Carrot, Pea Puree
WEEK 3 18 Jan - 8 Feb - 1 Mar - 22 Mar - 12 Apr - 3 May - 24 May - 14 Jun	Main Course	Swedish Meatball Pasta in Herby Tomato Sauce Garden Peas	Cauliflower, Sweet potato and Chickpea Masala Boiled rice	Beef, Pepper & Courgette Chilli Con Carne 1/2 Jacket Potato	Cheesy Spinach, Pepper & Sweetcorn Pasta Pitta Bread Fingers	Pork Sausage in Gravy Peas New Potatoes
	Vegetarian	Veggie Balls in Herby Tomato Sauce Garden Peas	As Above	Vegan Mince, Pepper & Courgette Chilli 1/2 Jacket Potato	As Above	Vegan Sausages in Gravy
	Dessert	Swiss Roll	Chocolate Chip Cookie	Banana With Fromage Frais	St Clements Drizzle Cake	Cooked Apple With Ice Cream
	Weaning 3-9 Months	Pasta, Tomato & Pea Puree	Cauliflower & Sweet Pot Puree	Courgette & Pepper Puree	Spinach & Pea Puree	Potato & Pea Puree