



DAY NURSERY LUNCH MENU

January 2022 July 2022

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--------|-------------------------------|--|---|---|---|---|
| WEEK 1 | Main Course | Baked Cod Fishcake Low Sugar Baked Beans New Potatoes | Mushroom & Pea Pasta Bake Topped with Cheese Sweetcorn | Chickpea & Cauliflower Korma Curry with Peppers & Potato Steamed Rice | Pork Sausage, Mixed Bean & Tomato Cassoulet New Potatoes | Pepperoni Chicken, Potato & Pea Hot Pot Pitta Bread |
| | Vegetarian | Vegetable Cutlet Low Sugar Baked Beans New Potatoes | As Above | As Above | Vegan Sausage, Mixed Bean & Tomato Cassoulet New Potatoes | Paprika Quorn, Potato & Pea Hot Pot Pitta Bread |
| | Dessert | Arctic Roll | Sliced Oranges & Fromage Frais | Chocolate Orange Cake | Bananas & Custard | Lemon Drizzle Cake |
| | Weaning 3-9 Months | Potato & Baked Bean Puree | Sweetcorn, Mushroom & Pepper Puree | Cauliflower & Pepper Puree | Mixed Bean & Tomato Puree | Potato & Pea Puree |
| WEEK 2 | Main Course | Pasta Bake with Courgette & Butternut Squash Topped with Cheese Sweetcorn | Minced Beef & Root Vegetable Hot Pot Garden Peas | Oven Baked Jacket Potato Grated Cheese Low Salt Baked Beans | Chicken, Potato & Spinach Korma Curry Steamed Rice | Mixed Vegetable Ragu in a Smoked Paprika & Oregano Tomato Sauce Crusty bread |
| | Vegetarian | As Above | Veggie Mince & Root Vegetable Hot Pot Garden Peas | As above | Chick Pea, Potato & Spinach Korma Curry Steamed Rice | As Above |
| | Dessert | Flapjack | Peach Slices in Juice With Natural Yoghurt | Vanilla and Chocolate Marble Cake | Sliced Melon With Fromage Frais | Arctic Roll |
| | Weaning 3-9 Months | Courgette & Butternut Squash Puree | Root Vegetable & Pea Puree | Potato & Baked Bean Puree | Chickpea, Tomato & Pea Puree | Mixed Vegetable Puree |
| WEEK 3 | Main Course | Swedish Meatballs in Herby Tomato Sauce with Pasta Garden Peas | Cauliflower, Sweet Potato and Chickpea Korma Curry Steamed Rice | Pork Sausages in Gravy New Potatoes Mixed Vegetables | Spinach, Pepper & Sweetcorn Pasta Bake Topped with Cheese Peas | Beef Chilli with Peppers & Courgettes Baked Jacket Potato |
| | Vegetarian | Mushroom & Spinach Pasta Garden Peas | As Above | Vegan Sausages in Gravy New Potatoes Mixed Vegetables | As Above | Veggie Mince Chilli with Peppers & Courgettes Baked Jacket Potato |
| | Dessert | Swiss Roll | Plain Cookie | Banana & Fromage Frais | St Clements Drizzle Cake | Cooked Apple With Ice Cream |
| | Weaning 3-9 Months | Pasta, Tomato & Pea Puree | Cauliflower & Sweet Pot Puree | Mixed Vegetable Puree | Spinach & Sweetcorn Puree | Courgette & Pepper Puree |

Week One

3rd January
24th January
14th February
7th March
28th March
18th April
9th May
30th May
20th June
11th July

Week Two

10th January
31st January
21st February
14th March
4th April
25th April
16th May
6th June
27th June
18th July

Week Three

17th January
7th February
28th February
21st March
11th April
2nd May
23rd May
13th June
4th July
25th July