

LUNCH MENU Warwick University

Sept 2023 Feb 2024

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Course	Jacket Potatoes Cheese Low Sugar Baked Beans	Pork Sausages in Gravy New Potatoes & Peas	Mild Curry with Lentils, Cauliflower Potato, Peppers & Butternut Squash Steamed Rice	Chicken Casserole With Potatoes, Sweetcorn & Peas Crusty Bread	Baked Cod Fishcake Low Sugar Baked Beans New Potatoes
	Vegetarian	As Above	Vegan Sausages in Gravy New Potatoes & Peas	As Above	Vegetable Casserole Crusty Bread	Vegetable Cutlet Low Sugar Baked Beans New Potatoes
	Dessert	Swiss Roll	Sliced Banana & Fromage Frais	Flapjack	Apples & Custard	Arctic Roll
	Weaning 3-9 Months	Potato & Baked Bean Puree	Sweetcorn, Mushroom & Pepper Puree	Cauliflower & Potato Puree	Mixed Vegetable Puree	Pepper & Pea Puree
WEEK 2	Main Course	Swedish Meatballs in Herby Tomato with Pasta Peas	Mild Curry with Sweet Potato, Broccoli & Spinach Steamed Rice	Minced Beef & Vegetable Hot Pot Peas	Jacket Potatoes Grated Cheddar Baked Beans	Pepperoni Chicken With Tomatoes, Peppers Pitta Bread
	Vegetarian	Mushroom & Spinach Pasta	As Above	Mixed Vegetable & Potato Hot Pot Peas	As Above	Pepperoni Quorn With Tomatoes, Peppers Pitta Bread
	Dessert	Peaches & Yoghurt	Cookies	Oranges & Yoghurt	Vanilla Sponge Cake	Pears & Ice Cream
	Weaning 3-9 Months	Cauliflower & Butternut Squash Puree	Sweet Potato & Broccoli Puree	Swede & Courgette Puree	Mixed Vegetable Puree	Sweetcorn & Pea Puree
WEEK 3	Main Course	Baked Cod Fishcake New Potatoes Mixed Vegetables	Pork Sausage & Mixed Bean Cassoulet Crusty Bread	Jacket Potatoes Grated Cheddar Baked Beans	Mild Curry with Chickpea, Cauliflower, Potato, Spinach, Peppers Steamed Rice	Beef Bolognaise Pasta Bake With Peas, Pepper & Courgette Garlic Bread
	Vegetarian	Vegetable Cutlet New Potatoes Mixed Vegetables	Vegan Sausage & Mixed Bean Cassoulet Crusty Bread	As above	As Above	Veggie Mince Bolognaise With Pepper & Courgette Garlic Bread
	Dessert	Arctic Roll	Vanilla Sponge	Sultana Cookies	Chocolate Sponge Cake	Melon & Yoghurt
	Weaning 3-9 Months	Potato & Bean Puree	Pea Puree	Pepper & Sweetcorn Puree	Carrot & Potato Puree	Mixed Vegetable Puree

Week One

4th September 25th September 16th October 6th November 27th November 18th December 8th January 29th January

Week Two

11th September 2nd October 23rd October 13th November 4th December 15th January 5th February

Week Three 18th September 9th October 30th October 20th November 11th December 1st January 22nd January 12th February