

# DAY NURSERY LUNCH & SNACK MENU

## JULY 24 – FEB 25



|                        | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|------------------------|---|--|--|---|--|
| <b>WEEK ONE</b>        |   |  |  |   |  |
| <i>Main Course</i>     | <b>Cheesy Topped Vegetable Pasta (V)</b> (Tomato, Spinach, Sweetcorn) with Peas               | <b>Barbecue Chicken with Green Beans &amp; Sweetcorn New Potatoes</b>  | <b>Oven Baked Cod &amp; Potato Cake</b><br>Low Sugar Baked Beans                 | <b>Meatballs in Gravy</b><br>With Peas & Sweetcorn Rice             | <b>1/2 Jacket Potato (V)</b><br>Low Sugar Baked Beans<br>Cheddar Cheese              |
| <i>Vegetarian</i>      | <b>As Above</b>   | <b>Barbecue Quorn (V)</b>  | <b>Oven Baked Vegetable Cutlet (V)</b>   | <b>Vegan Meatballs in Gravy (V)</b>                                 | <b>As Above</b>  |
| <i>Dessert</i>         | <b>Swiss Roll</b>   | <b>Peaches in Juice</b><br>with Natural Yoghurt                        | <b>Vanilla Flapjack</b>  | <b>Sliced Melon</b>   | <b>Fruit Segments in Jelly</b><br>with Whipped Cream                                 |
| <i>Weaning Puree</i>   | <b>Peas &amp; Sweetcorn</b>   | <b>Potato &amp; Green Bean</b>   | <b>Mixed Vegetables</b>  | <b>Cauliflower &amp; Carrot</b>                                     | <b>Potato &amp; Beans</b>  |
| <i>Afternoon Snack</i> | <b>Buttermilk Pancakes</b><br>Cream Cheese & Fruit<br>Side Salad                              | <b>Flatbreads with Ham or Cheese (V) &amp; Cucumber</b><br>Side Salad  | <b>Soft Rolls with Chicken Or Cheese (V)</b><br>Fruit Portion                    | <b>Pizza Fingers (V)</b><br>With Tomato Dip<br>Side Salad           | <b>Oven Baked Pork Sausage Roll Or Vegan Roll (V)</b><br>Fruit Portion               |
| <b>WEEK TWO</b>        |   |  |  |   |  |
| <i>Main Course</i>     | <b>Sweet &amp; Sour Chicken</b><br>With Green Beans, Peppers and Sweetcorn & Steamed Rice     | <b>Pork Sausage Ragu</b><br>(Tomato, Butterbean, Peas)<br>New Potatoes | <b>Cheesy Topped Vegetable Pasta (V)</b><br>(Tomato, Spinach, Sweetcorn)<br>Peas | <b>1/2 Jacket Potato</b><br>Low Sugar Baked Beans<br>Cheddar Cheese | <b>Pork, Apple &amp; Lentil Casserole</b><br>With Sage & Thyme Gravy<br>Crusty Bread |
| <i>Vegetarian</i>      | <b>Sweet &amp; Sour Quorn</b>   | <b>Vegan Sausage, Butterbean &amp; Pea Ragu (V)</b>                    | <b>As Above</b>  | <b>As Above</b>   | <b>Quorn Apple &amp; Lentil Casserole</b>  |
| <i>Dessert</i>         | <b>Arctic Roll</b>  | <b>Sliced Oranges</b>  | <b>Chocolate Cake</b>  | <b>Banana &amp; Ice Cream</b>                                       | <b>Vanilla Cookie</b>  |
| <i>Weaning Puree</i>   | <b>Cauliflower &amp; Sweetcorn</b>  | <b>Carrots &amp; Potato</b>  | <b>Pea &amp; Tomato</b>  | <b>Potato &amp; Beans</b>   | <b>Carrots &amp; Swede</b>   |
| <i>Afternoon Snack</i> | <b>Cheese &amp; Savoury Biscuits</b><br>Cream Cheese, Cheddar Cheese & Salsa                  | <b>Bagels with Ham or Cheese (V)</b><br>Side Salad                     | <b>Tortilla Wraps with Chopped Boiled Egg (V)</b><br>Fruit Portion               | <b>Pizza Fingers (V)</b><br>With Tomato Dip<br>Side Salad           | <b>Wholemeal Sandwiches with Cheese (V)</b><br>Fruit Portion                         |
| <b>WEEK THREE</b>      |   |  |  |   |  |
| <i>Main Course</i>     | <b>1/2 Jacket Potato</b><br>Low Sugar Baked Beans<br>Cheddar Chees                            | <b>Tuna &amp; Sweetcorn Pasta Bake topped with Cheese</b><br>Peas      | <b>Pork Sausages in Gravy</b><br>New Potatoes<br>Peas                            | <b>Chicken &amp; Vegetable Casserole</b><br>Crusty Bread            | <b>Vegetable Cutlets (V)</b><br>Low Sugar Baked Beans                                |
| <i>Vegetarian</i>      | <b>As Above</b>   | <b>Vegetable Pasta Bake (V)</b>  | <b>Vegan Sausage in Gravy (V)</b>  | <b>White Bean &amp; Vegetable Casserole(V)</b>                      | <b>As Above</b>  |
| <i>Dessert</i>         | <b>Arctic Roll</b>  | <b>Bananas &amp; Natural Yoghurt</b>                                   | <b>Apricot Flapjack</b>  | <b>Sliced Melon</b>   | <b>Vanilla Ice Cream with Crumbly Sprinkles &amp; Wafers</b>                         |
| <i>Weaning Puree</i>   | <b>Potato &amp; Bean</b>  | <b>Sweetcorn &amp; Squash</b>  | <b>Carrot &amp; Pea</b>  | <b>Potato &amp; Broccoli</b>  | <b>Cauliflower &amp; Pea</b>   |
| <i>Afternoon Snack</i> | <b>Cheese &amp; Savoury Biscuits</b><br>Cream Cheese, Cheddar Cheese & Salsa<br>Fruit Portion | <b>Flatbreads with Ham or Cheese (V)</b><br>Side Salad                 | <b>Pasta Twists with Herby Tomato Sauce &amp; Grated Cheese</b><br>Side Salad    | <b>Flour Tortilla Wrap with Boiled Egg (V)</b><br>Side Salad        | <b>Wholemeal Sandwiches with Cheese (V)</b><br>Fruit Portion                         |

WEEK COMMENCING

22<sup>nd</sup> JULY 24  
12<sup>th</sup> AUG 24  
2<sup>nd</sup> SEPT 24  
23<sup>rd</sup> SEPT 24  
14<sup>th</sup> OCT 24  
4<sup>th</sup> NOV 24  
25<sup>th</sup> NOV 24  
16<sup>th</sup> DEC 24  
6<sup>th</sup> JAN 25  
27<sup>th</sup> JAN 25

WEEK COMMENCING:

29<sup>th</sup> JULY 24  
19<sup>th</sup> AUG 24  
9<sup>th</sup> SEPT 24  
30<sup>th</sup> SEPT 24  
21<sup>st</sup> OCT 24  
11<sup>th</sup> NOV 24  
2<sup>nd</sup> DEC 24  
23<sup>rd</sup> DEC 24  
13<sup>th</sup> JAN 25  
3<sup>rd</sup> FEB 25

WEEK COMMENCING:

5<sup>th</sup> AUG 14  
26<sup>th</sup> AUG 24  
16<sup>th</sup> SEPT 24  
7<sup>th</sup> OCT 24  
28<sup>th</sup> OCT 24  
28<sup>th</sup> NOV 24  
9<sup>th</sup> DEC 24  
30<sup>th</sup> DEC 24  
20<sup>th</sup> JAN 25  
10<sup>th</sup> FEB 25