



# NURSERY TEA MENU

September 2020  
to December 2020

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	31 <sup>st</sup> August – 21 <sup>st</sup> September - 12 <sup>th</sup> October 2 <sup>nd</sup> November – 23 <sup>rd</sup> November - 14 <sup>th</sup> December	Main Course	Cheese & Biscuits Cheddar & Red Leicester Fingers Hummus, Savoury Biscuits & Breadsticks	Flour Tortilla's filled with Ham  Vegetarian: Flour Tortilla's filled with Cream Cheese (V)	Mini Ploughman's Tea Crusty Bread, Ham, Grated Cheese Sweet Pickle	Soft filled Rolls with Chicken  Vegetarian: Soft Rolls with Egg Mayo (V)	Low Salt Baked Beans with Brown Bread Triangles
		Salad	Cucumber Slices	Carrot Batons & Sliced Tomato	Lettuce & Tomato	Carrot & Cucumber Batons	N/A
		Dessert	Strawberry Swiss Roll	Fruit Cupcakes	Fruit Yoghurt	Pineapple Pieces	Satsuma
		Weaning Tea	Cheese, Potato, Mushroom Puree	Pasta, Tomato, Sweetcorn Puree	Butternut Squash Puree	Potato & Sweetcorn	Low Salt Baked Beans & Potato
WEEK 2	7 <sup>th</sup> September – 28 <sup>th</sup> September - 19 <sup>th</sup> October 9 <sup>th</sup> November – 30 <sup>th</sup> November – 21 <sup>st</sup> Dec	Main Course	Soft filled Rolls with Ham  Vegetarian: Soft Rolls filled with Hummus (V)	Flour Tortillas filled with Grated Cheddar	Wholemeal Sandwiches filled with Chicken  Vegetarian: Wholemeal Sandwiches filled with Marmite (V)	Soft filled Rolls with Tuna Mayonnaise  Vegetarian: Soft Rolls with Cheese (V)	Mini Ploughman's Tea Crusty Bread, Ham, Grated Cheese Sweet Pickle
		Salad	Lettuce & Cucumber	Tomato & Cucumber Batons	Carrot Batons and Tomato	Cherry Tomato & Cucumber	Lettuce & Tomato
		Dessert	Satsuma	Fruit Salad	Chocolate Krispie Cake	Malt Loaf	Chocolate Brownie
		Weaning Tea	Butternut Squash Puree	Potato & Pea Puree	Pasta, Pea & Tomato Puree	Carrot & Potato Puree	White Bean & Cauliflower Puree
WEEK 3	14 <sup>th</sup> September – 5 <sup>th</sup> October – 26 <sup>th</sup> October 16 <sup>th</sup> November – 7 <sup>th</sup> December -	Main Course	Cheese & Biscuits Cheddar & Red Leicester Fingers Hummus, Savoury Biscuits & Breadsticks	Wholemeal Sandwiches filled with Chicken  Vegetarian: Wholemeal Sandwiches filled with Cream Cheese (V)	Flour Tortilla Wraps with Ham  Vegetarian: Flour Tortilla's filled with Hummus (V)	Mini Ploughman's Tea Crusty Bread, Ham, Grated Cheese Sweet Pickle	Low Salt Baked Beans with Brown Bread Triangles
		Salad	Cucumber Batons	Lettuce & Tomato	Carrot & Cucumber Batons	Sliced Tomato & Cucumber	N/A
		Dessert	Chocolate Swiss Roll	Banana	Flapjack	Fruit Salad	Melon
		Weaning Tea	Chickpea & Butternut Squash Puree	Potato Mushroom and Pea Puree	Cabbage & Sweetcorn	Pasta, Tomato and Cheese Puree	Carrot Potato & Pea Puree