

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	DATES	
WEEK ONE	<p>Sausage & Mixed Bean Cassoulet Crusty Bread or Potato, Lentil & Mixed Bean Cassoulet (V)</p> <p>Bananas & Custard</p>	<p>Chicken & Vegetable Tikka Masala Rice & Peas</p> <p>Or Mixed Bean Vegetable & Chickpea Massala (V)</p> <p>Apricot & Vanilla Flapjack</p>	<p>Breast of Chicken in Gravy New Potatoes Carrots & Broccoli or Quorn in Lentil Gravy (V)</p> <p>Fresh Fruit & Yoghurt</p>	<p>Fruity Pork, Apple & Pea Casserole Mashed Potato Carrots or Fruity Quorn & Apple Casserole (V)</p> <p>Chocolate Sponge & Ice Cream</p>	<p>Beef Lasagne & Garlic Bread Peas or Vegetarian Mince & Lentil Bolognese (V)</p> <p>Fruit & Yoghurt</p>	WEEK COMMENCING	<p>1 Oct 29 Oct 26 Nov 1 Dec 28 Jan</p>
WEEK TWO	<p>Breaded Fishcakes New Potatoes Baked Beans Sweetcorn or Vegetable Cutlet (V)</p> <p>Arctic Roll</p>	<p>Pork Sausages in Gravy Mashed Potato Peas & Carrots or Vegetarian Sausage in Lentil Gravy (V)</p> <p>Fresh Fruit & Yoghurt</p>	<p>Chicken & Vegetable with Pasta in Herby Tomato Sauce Sweetcorn or Quorn, Butterbean Bean and Vegetable Pasta in Herby Tomato Sauce (V)</p> <p>Apricot Cookie</p>	<p>Mince Beef & Vegetable Hot Pot Sliced Potato Topping (with Carrots & Peas) Crusty Bread Or Mixed Bean & Vegetable Hot Pot with Potato Topping (V)</p> <p>Fresh Fruit & Yoghurt</p>	<p>Roasted Turkey Roast Potatoes Cauliflower & Peas or Quorn in Lentil Gravy (V)</p> <p>Strawberry Jelly & Ice Cream</p>	WEEK COMMENCING	<p>8 Oct 5 Nov 3 Dec 7 Jan 4 Feb</p>
WEEK THREE	<p>Swedish Meatballs Herby Tomato Sauce Pasta Twists Peas or Vegetarian Meatballs (V)</p> <p>Fruit & Yoghurt</p>	<p>Cottage Pie with Beef Mince, Carrots Topped with Mash Cabbage & Sweetcorn Or Vegetarian Mince Cottage Pie (V)</p> <p>Chocolate Brownie & Custard</p>	<p>Oven Baked Jacket Potatoes</p> <p>Grated Cheddar (V) or Baked Beans (V) or Sweetcorn</p> <p>Fruit Mousse</p>	<p>Roasted Ham in Gravy Roast Potatoes Carrots & Broccoli Or Vegetable Cutlet (V)</p> <p>Flapjack</p>	<p>Chicken & Vegetables in a Mild Mexican Style Sauce Boiled Rice Flour Tortillas or Mixed Beans & Chickpeas in a Mexican Style Sauce (V)</p> <p>Fruit & Yoghurt</p>	WEEK COMMENCING	<p>15 Oct 12 Nov 10 Dec 14 Jan 11 Feb</p>
WEEK FOUR	<p>Mild Vegetable, Potato & Lentil Curry Boiled Rice (V)</p> <p>Swiss Roll</p>	<p>Baked Sausage Rolls New Potatoes Baked Beans & Sweetcorn or Savoury Vegetarian Rolls V</p> <p>Fresh Fruit & Yoghurt</p>	<p>Bolognese Pasta Topped with Cheese Broccoli & Carrots Or Vegetarian Mince Bolognese topped with cheese (V)</p> <p>Chocolate Brownie</p>	<p>Turkey Leek, Potato & Pea Pie Mini Pastry Lids New Potatoes Carrots & Peas or Quorn, Vegetable Potato Pie (V)</p> <p>Vanilla Sponge & Ice Cream</p>	<p>Chicken & Vegetable Casserole served with Mashed Potato</p> <p>Mixed Bean & Vegetable Casserole (V)</p> <p>Fresh Fruit & Yoghurt</p>	WEEK	<p>24 Sep 22 Oct 19 Nov 17 Dec 21 Jan 18 Feb</p>

- ✓ Fresh fruit & yoghurts are supplied each week as a daily dessert alternative
- ✓ Full allergen information available contact us www.cupcakescatering.co.uk