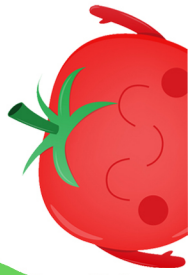




Feeding Our Future

Lunch & Dessert Menu WEEK 1



Monday

Lunch

Chicken pasta in a blended tomato
& mixed bell pepper sauce
or

Butterbean pasta in a blended tomato
& mixed bell pepper sauce

Dessert

Raspberry fromage frais

Tuesday

Lunch

Malaysian butternut squash
and mango curry
sw/ white rice & mint raita

Dessert

Fresh seasonal melon

Wednesday

Lunch

Baked jacket potato
sw/ classic baked beans
& cheddar cheese

Dessert

Natural yoghurt w/ peach

Thursday

Lunch

Italian lamb ragu w/ penne pasta
or
Italian mixed vegetable ragu w/ penne pasta

Dessert

Zesty lemon, carrot & cream cheese
mini slice

Friday

Lunch

Chipolata pork sausage w/ onion gravy
or
Vegetarian sausage w/ onion gravy
Both sw/ garden peas, sweet potato & potato mash

Dessert

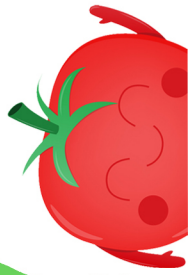
Fruit salsa





Feeding Our Future

Lunch & Dessert Menu WEEK 2



Monday

Lunch
Mexican beef stew
or
Mexican bean stew
Both sw/ coriander & lime rice

Dessert
Pineapple & mango
fromage frais

Tuesday

Lunch
Lightly seasoned chicken in gravy
or
Country bean hot pot
Both sw/ mixed vegetables & baby potatoes

Dessert
Banana custard

Wednesday

Lunch
Mediterranean spiced-lentil
conchiglie pasta

Dessert
Creamy rice pudding
w/ mixed berries

Thursday

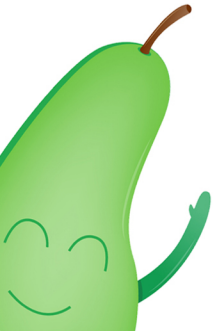
Lunch
Creamy pollock & salmon chowder
or
3-Bean chowder
Both sw/ wholemeal bread

Dessert
Orange smiles

Friday

Lunch
Chicken tikka masala
or
Cauliflower & lentil tikka masala
Both sw/ white rice

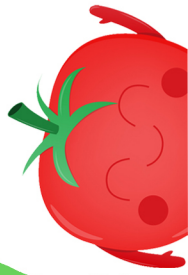
Dessert
Blueberry, sweet potato & cream cheese
mini slice





Feeding Our Future

Lunch & Dessert Menu WEEK 3



Monday

Lunch

Traditional Spanish fish paella
or
Spanish spiced
cannellini paella

Dessert

Natural yoghurt w/ cherry & vanilla

Tuesday

Lunch

Indian chickpea curry
sw/ wholemeal chapati

Dessert

Pear slices in custard

Wednesday

Lunch

Pork meatballs & garden peas in gravy
or
Vegetarian meatballs & garden peas in gravy
Both sw/ root vegetable mash

Dessert

Berry delight

Thursday

Lunch

Beef bolognese
or
Vegan bolognese
Both sw/ baked jacket potato & chive dip

Dessert

Pineapple, courgette & cream cheese
mini slice

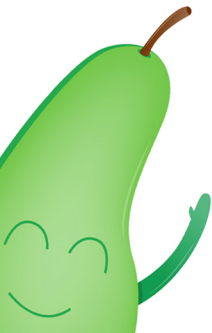
Friday

Lunch

Tuna, tomato and hidden vegetable pasta
or
Lentil, tomato, mushroom & hidden vegetable pasta
Both sw/ cheddar cheese

Dessert

Fresh seasonal melon





Feeding Our Future

Lunch & Dessert Menu WEEK 4



Monday

Lunch

Moroccan apricot chicken
or
Moroccan apricot chickpea
Both sw/ seasoned couscous

Dessert

Natural yoghurt w/ strawberry

Tuesday

Lunch

Smooth tomato & basil
conchiglie pomodoro

Dessert

Mango rice pudding

Wednesday

Lunch

Creamy chicken & leek pie
or
Creamy bean & vegetable pie
Both sw/ baby potato and flaky puff pastry

Dessert

Cheese & apple slices

Thursday

Lunch

Classic lamb chilli con carne
or
Vegan 3-bean chilli
Both sw/ white rice

Dessert

Natural yoghurt w/ mandarin

Friday

Lunch

Tuna & sweetcorn mayonnaise
or
White bean, cheddar cheese & sweetcorn
mayonnaise
Both sw/ baked jacket potato

Dessert

Strawberry, carrot & cream cheese
mini slice

