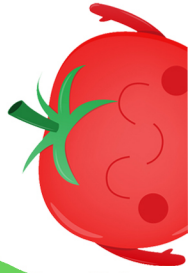




Feeding Our Future

# Afternoon Tea Menu WEEK 1



## Monday

Afternoon Tea  
Spaghetti hoops w/ haricot beans  
on toast

Dessert  
Natural yoghurt w/ strawberry

## Tuesday

Afternoon Tea  
DIY Ham sub  
or  
Hummus sub  
Both sw/ fresh cucumber

Dessert  
Orange smiles

## Wednesday

Afternoon Tea  
Mediterranean vegetable frittata

Dessert  
Watermelon

## Thursday

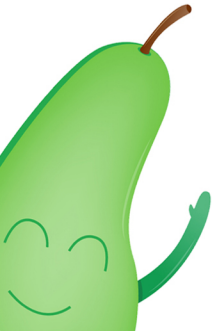
Afternoon Tea  
Southern Cajun  
rice & bean salad

Dessert  
Fromage frais w/ mixed berries

## Friday

Afternoon Tea  
Tuna, sweetcorn & mayonnaise  
or  
Egg, sweetcorn & mayonnaise  
Both sw/ pitta & lettuce

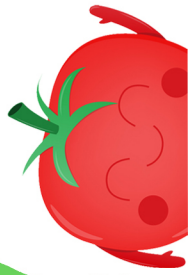
Dessert  
Banana & custard





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# Afternoon Tea Menu WEEK 2



## Monday

Afternoon Tea  
Baked beans on toast

Dessert  
Peach & pear in juice

## Tuesday

Afternoon Tea  
Stir fry vegetables  
w/ egg noodles

Dessert  
Apricot & coconut rice pudding

## Wednesday

Afternoon Tea  
Smooth vegetable  
& potato soup

Dessert  
Apple fruit twist

## Thursday

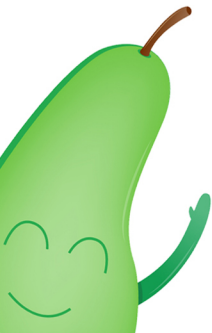
Afternoon Tea  
Cheese & broccoli egg bite

Dessert  
100% Fresh seasonal fruit

## Friday

Afternoon Tea  
Vegan garlic & herb hummus  
sw/ pitta & cucumber

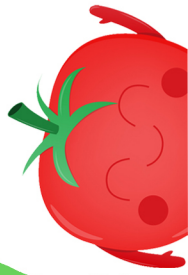
Dessert  
Natural yoghurt  
w/ strawberry & rhubarb





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# Afternoon Tea Menu WEEK 3



## Monday

Afternoon Tea  
Spaghetti hoops w/ haricot beans  
on toast

Dessert  
Seasonal melon

## Tuesday

Afternoon Tea  
Summer bean  
pasta salad

Dessert  
Natural yoghurt w/ raspberry

## Wednesday

Afternoon Tea  
Minestrone soup

Dessert  
Rhubarb & custard

## Thursday

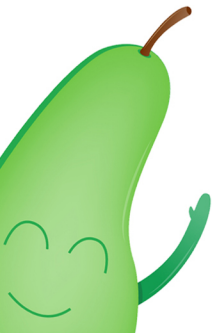
Afternoon Tea  
Tomato & bell pepper  
couscous salad

Dessert  
Natural yoghurt w/ blueberry

## Friday

Afternoon Tea  
Yellow split pea daal  
sw/ bread

Dessert  
Strawberry rice pudding





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# Afternoon Tea Menu WEEK 4



## Monday

Afternoon Tea  
Baked beans on toast

Dessert  
Diced mango

## Tuesday

Afternoon Tea  
Chickpea potato salad

Dessert  
Banana oat bite

## Wednesday

Afternoon Tea  
Fresh carrot & orange soup  
sw/ bread

Dessert  
100% Fresh fruit salad

## Thursday

Afternoon Tea  
Cheese, bean & tomato quiche

Dessert  
Custard & peach

## Friday

Afternoon Tea  
Butter bean pasta salad

Dessert  
Natural yoghurt w/ vanilla

