



# AT A CROSSROADS NAVIGATING PERSONAL LIFE AND STUDY

Studying can throw different challenges your way. Balancing the demands of studying with your other commitments, family or employment responsibilities, can mean additional pressures. Try our 'At a crossroads: navigating work and/or family alongside study' interactive, an immersive video-based free resource, where you can further explore the challenges and consider the student and evidence-informed strategies or supports that will work best for you.



Learn more  
scan the QR code or visit  
[open.edu/openlearn/crossroads](https://open.edu/openlearn/crossroads)