HELP PROVIDE FOOD FOR SURVIVORS OF DOMESTIC ABUSE, THE HOMELESS AND LONELY THIS CHRISTMAS

For more information on Coventry Haven and Coventry Open Christmas, how you can get involved and donation points on campus see: bit.ly/WarwickCC

#GIVEWHATYOUCAN
# CHRISTMAS FOOD DRIVE

**FOR** [Coventry Haven](#) & [Coventry Open Christmas](#)

750,000 CHILDREN WITNESS DOMESTIC ABUSE EVERY YEAR

With an estimated 3000-4100 children living in domestic violence families in Coventry, Coventry has the highest level of abuse in the whole of the West Midlands and December is one of the most affected months. This year several colleagues are collecting donations across campus for two charities.

SUGGESTED DONATION ITEMS:

**FOOD ITEMS**
- Sugar
- Tea bags
- Coffee
- Long-life milk
- Cereal
- Squash
- Tins of potatoes
- Tins of veg
- Tinned tomatoes
- Pulses
- Spices
- Pasta sauces
- Part baked bread
- Naan breads
- Tinned meat pies
- Baked beans
- Tinned soup
- Pasta
- Rice

**BEDDING AND CLOTHING**
- Clean quilts
- Blankets
- Sleeping bags
- Pillows
- Sheets and towels
- Coats
- Jumpers
- Fleeces
- Socks
- Underwear (new only)
- Hats
- Gloves
- Scarves

**TOILETRIES (UNOPENED)**
- Sanitary products
- Shower gel
- Anti-perspirant
- Toothpaste
- Toothbrush
- Shampoo
- Hair conditioner
- Body lotion
- Face cream
- Unused hairbrush
- Towels
- Underwear

**ACTIVITY BASED IDEAS**
- Card to make things
- Paper & pens
- Stickers
- Colouring books
- Cake baking ingredients
- Plastic garden pots

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For more information on the charities we’re supporting, how you can get involved and donation points on campus see: [bit.ly/WarwickCC](#)

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