## **HEALTH & SAFETY MATTERS**

Summer 2023



### TRAINING

WE HAVE MANAGING SAFELY AT WARWICK' (FOR SUPERVISORS AND MANAGERS) AND 'WORKING SAFELY AT WARWICK' TRAINING SESSIONS PLANNED OVER THE NEXT FEW MONTHS THESE HAVE BEEN DESIGNED TO PROVIDE DELEGATES WITH A GENERAL AWARENESS OF THE BENEFITS OF GOOD HEALTH AND SAFETY, THEIR DUTIES AND THE ROLE THEY PLAY WITH REGARD TO PROTECTING THE HEALTH AND SAFETY OF THEMSELVES AND OTHERS WITH WHOM THEY WORK, COLLABORATE, OR SUPERVISE.

PLEASE FEEL FREE TO SHARE THE INFORMATION AND NOMINATE MEMBERS OF YOUR TEAMS TO ATTEND. IF THE INDIVIDUAL HAS ALREADY COMPLETED AN EQUIVALENT NEBOSH OR IOSH COURSES, THEY WILL NOT NEED TO ATTEND THESE.

MORE INFORMATION AND BOOKING FORMS CAN BE FOUND ON HTTPS://WARWICK.AC.UK/SERVICES/HEALTHSAFETYWELLB EING/TRAINING/

# HEALTH ASSURED EMPLOYEE ASSISTANCE PROGRAMME (EAP)

THE HEALTH ASSURED EAP IS AN EMPLOYEE BENEFIT DESIGNED TO HELP STAFF MEMBERS DEAL WITH PERSONAL AND PROFESSIONAL PROBLEMS WHICH COULD BE AFFECTING THEIR HOME OR WORK LIFE, HEALTH AND GENERAL WELLBEING.
CONFIDENTIAL SUPPORT IS AVAILABLE AND, DEPENDENT ON THE NATURE OF THE ISSUE, COUNSELLING OR INFORMATION SERVICES CAN BE PROVIDED BY FULLY QUALIFIED PROFESSIONALS.

Employee Assistance Programme

A 24 now helpine from Hilliam Assured to support you to record in your of Infe Stoses or problems

Free 24 hour confidential helpline:

0800 028 0199

By Francial Stoses or problems

Francis Stoses or problems

Wellbeing Stoses or problems

And Stoses Stoses Stoses or problems

And Stoses Stoses Stoses Stoses Stoses

And Stoses Stoses Stoses Stoses

And Stoses Stoses Stoses Stoses Stoses

And Stoses Stoses Stoses Stoses Stoses

And Stoses Stoses Stoses Stoses Stoses

Back Stoses Stoses Stoses Stoses Stoses

And Stoses Stoses Stoses Stoses Stoses

Back Stoses Stoses Stoses Stoses Stoses Stoses

Back Stoses Stoses Stoses Stoses Stoses

Back Stoses Stoses Stoses Stoses Stoses Stoses

Back Stoses Stoses Stoses Stoses Stoses Stoses

Back Stoses Stoses Stoses Stoses Stoses Stoses Stoses

Back Stoses Stos

PLEASE VIEW THE EAP LEAFLET OR EAP WEBPAGE FOR MORE INFORMATION

### WORLD WELLBEING WEEK WORKSHOPS AND EVENTS MONDAY 26/6 10AM TO 3PM

WELLBEING STAND OUTSIDE WARWICK ARTS CENTRE OR STUDENT RECEPTION AT SENATE HOUSE IF WET.

EVENTS AND WORKSHOPS WILL BE AVAILABLE. HEALTHY SNACKS AND FRUIT WILL BE PROVIDED.

IF YOU HAVE ANY SUGGESTIONS OR IDEAS FOR WELLBEING ACTIVITIES OR EVENTS PLEASE EMAIL

DENVER.THORPE@WARWICK.AC.UK

#### WELLNESS IN THE HOT WEATHER

HIGH TEMPERATURES AND INTENSE SUNLIGHT POSE A PARTICULAR RISK TO THOSE REQUIRED TO WORK OUTDOORS, AND ADDITIONAL RISK CONTROL MEASURES MIGHT BE REQUIRED TO PREVENT ACUTE ISSUES SUCH AS HEAT STRESS AND HEAT STROKE

WE ARE ALSO ASKING THAT THOSE DEPARTMENTS ORGANISING EVENTS DURING THIS PERIOD TO WORK WITH THEIR CONTRACTORS, EVENT ORGANISERS AND OTHERS TO REVIEW AND UPDATE ANY RELEVANT RISK ASSESSMENTS AND EVENT SAFETY MANAGEMENT PLANS TO ENSURE THE HEALTH AND SAFETY OF CONTRACTOR STAFF AND VISITORS DURING THIS PERIOD.

YOU CAN FIND OUT MORE ABOUT ADDITIONAL CONTROL MEASURES FOR THOSE WORKING OUTDOORS IN HIGH TEMPERATURES FROM THE HEALTH AND SAFETY EXECUTIVE HSE - TEMPERATURE: OUTDOOR WORKING.

YOU CAN FIND OUT MORE ABOUT HEAT RELATED ILLNESS, INCLUDING COMMON SIGNS AND SYMPTOMS FROM THE <u>NHS WEBPAGES</u>. YOU CAN ALSO SEE NHS GUIDANCE WITH <u>TIPS FOR COPING IN HOT WEATHER.</u>

