# **Health & Safety Matters**

# March 2023



### The Legionella and Water Quality Policy

The Legionella and Water Quality Policy was updated recently and is now available via the link: : <u>Legionella & Water</u> <u>Quality (warwick.ac.uk)</u>

#### Ask for Health and Safety Advice



If you have a question or need some Health and Safety Advice please use the 'Ask for H&S Advice' form using the <u>Assure</u> <u>system</u>. A step by step<u>' how to guide'</u> is available to support you to fill out the form if required.

# **Driving for Work**

**'Driving for Work'** covers those staff who drive either regularly as part of their normal job role, or occasionally for business travel, including academic activities, either on or off campus. This includes driving vehicles that are owned or leased by the University, and privately owned vehicles that are used by the employee. 'Driving for Work' does not include commuting to and from work unless travelling from their home to a location which is not their usual place of work. The University's arrangements for the management of its fleet of vehicles are set out in "<u>Management and Operation of</u> <u>University Vehicles</u>"

The University Driver and Vehicle Safety Policy has been reviewed and published on the Transport and Mobility pages available via the link: "<u>Management and Operation of</u> <u>University Vehicles</u>" We particularly draw your attention to the sections for; driver's fitness to drive, health surveillance, driver's licence requirements, specialist vehicles and reporting of road traffic incidents.

## **Health and Wellbeing**

**Mental Health Awareness courses** will soon be available for managers. These are 3 hour sessions and aim to increase awareness and understanding of mental health and build confidence in responding to others experiencing mental health difficulties. If you wish to register a place please visit:

https://warwick.ac.uk/services/wss/staff-

wellbeing/psychological/mentalhealthawarenesstrainingregistration form/

<u>Mental Health Awareness Week – 15 to 21 May</u> - The focus topic this year is anxiety. More information including a competition and prizes to be won will be announced on insite and other platforms from 10<sup>th</sup> May. To learn more visit <u>Mental Health Awareness Week</u> 2023 - Mental Health UK (mentalhealth-uk.org)

<u>Look out for World Wellbeing Week – 26 to 30 June</u> - This year we will be offering a wide variety of wellbeing events open to staff and students. A timetable of events will be published a few weeks prior to these dates.

<u>Thrive At Work -</u> The Thrive At Work group is continuing its bid to earn the next level of accreditation with Thrive who are committed to supporting staff with their physical and mental health at work. Warwick has gained the Foundation level and is now seeking the Bronze accreditation award. If you would like to learn more about this programme please visit: <u>Thrive at Work (wmca.org.uk)</u>

If you have any suggestions or ideas for wellbeing activities or events please email <a href="mailto:Denver.thorpe@warwick.ac.uk">Denver.thorpe@warwick.ac.uk</a>

#### Employee Assistance Programme (EAP)

health\_assured

Employee Assistance Programme A 24 hour helpline from Health Assured to support you through any of life's issues or problems.

The Health Assured EAP is an employee benefit designed to help staff members deal with personal and professional problems which could be affecting their home or work life, health and general wellbeing. Confidential support is available and, dependent on the nature of the issue, counselling or information services can be provided by fully qualified professionals.

Please view the EAP leaflet for more information