

Heatwave Health and Safety Message

The Met Office has issued an Amber Weather Warning for 'Extreme Heat' in the Coventry area for Sunday 17 July and a Red Weather Warning for 'Extreme heat' for Monday 18th and Tuesday 19 July 2022. High temperatures and intense sunlight pose a particular risk to those required to work outdoors, and additional risk control measures might be required to prevent acute issues such as heat stress and heat stroke, and longer-term health issues associated with prolonged exposure to intense UV light.

We have been in contact with departments who have staff that work outdoors regularly or are involved in outside events in order to review their risk assessments and where necessary take measures to support staff. We also ask you, if you are aware of staff in your departments who are required to work outside, to review your risk assessments and take action as necessary. We are also asking that those departments organising events during this period to work with their contractors, event organisers and others to review and update any relevant risk assessments and Event Safety Management Plans to ensure the health and safety of contractor staff and visitors during this period.

You can find out more about additional control measures for those working outdoors in high temperatures from the Health and Safety Executive <u>HSE - Temperature: Outdoor working.</u>

You can find out more about heat related illness, including common signs and symptoms from the NHS webpages. You can also see NHS guidance with tips for coping in hot weather.

If you require further advice and support please use the 'Ask for H&S Advice' form via the SHE Assure system and a member of the Health and Safety Team will be in touch.