Exams come in various shapes and sizes at Warwick, including 24-hour and 7-day take-home exams. In these long open-book exams, speed and memory are no longer the only keys to high grades. You may find them unfamiliar, but don’t feel panic. Library Student Partner, Angel Sun, has some tips to help you prepare and handle these different forms of exams.

7-day Take Home Exam
It may sound weird to many first years, but this is a common exam in many arts and humanities courses. In the 7-day exam period, students are required to write an essay with or without footnotes, depending on the requirements of different departments. You can use all the materials you have, so you need not memorise all the content. Yet, it is important to review your notes before the exam starts.

On the first day of the exam period, the list of essay topics is available on the assessment website. The link is sent by your department before the exam begins, so don’t forget to bookmark the webpage in advance. After you receive the topics, just read them carefully and plan your essays like how you usually do. 7 days are sufficient, so don’t rush and miss any important details.

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It is challenging to stay concentrated throughout the exam period. The sense of having plentiful time may encourage you to procrastinate, and the exciting student activities on campus may distract you. Last year, the opening ceremony of the Faculty of Art building was held during my take-home exam. There were K-pop performances, a picnic, and even a pop-up escape room. On one hand, I thought I had enough time because there were a few days left. On the other hand, not studying during the exam period brought me an overwhelming sense of guilt. I rejected my friends’ invitation at last, but taking breaks is necessary to keep you motivated in the 7-day period.

The 7-day take home exam is not a test of speed, but an assessment of self-discipline and endurance. It would help if you wrote a thorough schedule about how much you should finish each day at the beginning. It helps you stay motivated and adjust the pace from time to time. For example, I finished the first draft of my essay on the fourth day. Considering that I only needed to make corrections and modify it, I participated in a revision session of the Baking Society, in which I could work with some scrumptious cupcakes and...
relaxing music with my friends. Remember to eat well, sleep well and don’t burn yourself out. Everything is going to be fine.

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24-hour Take Home Exam
It is a middle ground between the timed exam of a few hours and the 7-day one. While you don’t need to recite all the details, there is less time for reading and going through your notes again. Thus, make sure that you are familiar with the syllabus and all the crucial information. Besides, don’t forget to spare enough time for uploading assignments and contact the IT department immediately when there is any technical issue. It may help if you mark down the contact of the IT department.

Furthermore, it is vital to understand how you can stay more concentrated. If you can hardly remain focused in the casual setting of your bedroom, or you are easily distracted by the noise in your flat, you can take the exam in the library. In contrast, some of my friends find that a sense of comfort can boost their energy and lead to a better performance. Hence, they prefer taking their exams in their favourite pyjamas or even with some music on. Remember to take the exam in the place and setting that suits you the most.

Unlike the traditional timed exam, the long take home exam tests students’ critical thinking, elaboration and source using skill instead of memorisation capacity. You may feel nervous about the unfamiliarity of these forms of exam, but they actually provide a better alternative for the assessment of your academic level.

Your hard work always pays off, and good luck this exam season!

Quick Tips
Organise your materials
You need not memorise everything, but don’t forget to review your notes before the exam starts. Read them, organise them, and place them in the correct folders on your laptops. You do not want to waste your time browsing the relevant information in the ocean of Word documents.

Set up your exam environment
If you cannot stay focused in your bedroom, take the exam in the library. In contrast, get your pyjamas on and play some music.

Create a work schedule
Before you start writing, plan how much you should finish each day or every two hours. It keeps you on track and helps you adjust the working pace from time to time.

Rest
Having sufficient rest is especially important for 7-day take-home exams. Taking breaks helps you stay motivated. Remember to eat well, sleep well and don’t burn yourself out.

Submit early
Referencing requirements for exams may change, so read the exam guidelines again and double-check your answer before submission. Remember to spare enough time for uploading assignments and contact IT immediately when there is any technical issue.