

Academic Progression Advisor

Emma O'Rourke

I've built up many years of customer-focused experience across Higher Education and the wider public sector, and I really enjoy working with others to solve problems and support academic colleagues at key points in their careers.

I joined Warwick in 2023 in the EPQ team, where I supported governance activity, events, communications and a variety of departmental processes. For the last two years, I've been part of the Academic Progression Team, giving me a strong understanding of the academic cycle and how best to support it.

In my work I aim to be approachable, steady and practical with a genuine desire to help colleagues and deliver a positive experience.

Outside of work, yoga plays a big part in helping me stay calm, balanced and grounded, and I use simple breathing techniques every day — something that helps me thrive in a fast-paced role.

