

**1. What did you find useful and how will you implement your learning?**

- I understand what 'Impact' really meant. That it's not a one way process but a cyclical one. I will give a higher weight to impact at the beginning of a study.
- Good overview of the REF Impact process
- Good definitions of impact and different types of impact
- How to write about REF impact
- Being clear about what my research is trying to achieve.
- The 5 why's?
- The pathway to impact. How our research is converted to action. I will consciously plan and look out for my research impact on the future.

**2. What else do you feel should have been included?**

- I think all important aspects were covered in the session.
- Not sure. It was a good introduction and raised important questions for me which I can now explore.
- Clearer examples.
- I think you covered it all very well.

**3. What other learning and developing opportunities / courses do you need?**

- Writing paper process.

**4. Additional Comments**

- I am so grateful to Sandy and Davina for this valuable workshop. I think it will have a great 'Impact' on my research work as well as academic writing.
- I found level of impact (embedded, integrated) slide and associated concepts confusing. I do not think of my research in this way and found it difficult applying it to the impact case studies.
- This is great input and the practical work is great.