Buddy and Mentor Coordinator

The focus of the Health and Wellbeing programme is to develop and deliver inclusive programmes and initiatives that encourage all students and staff to be physically active with the intention of enhancing health and wellbeing across the university community. Contributing to this, we are launching a Buddy and Mentor programme with the aim of supporting more students and staff to increase their physical activity levels and protect their health and wellbeing.

We are looking to recruit a **Buddy and Mentor Coordinator (6 hours per week paid, term-time only)** to support with the day-to-day administration, promotion and coordination of the Buddy and Mentor Scheme, including:

- Supporting recruitment of Buddy Mentors by meeting with clubs and active societies.
- Helping to raise awareness of the Buddy and Mentor Scheme through promotional activities.
- Supporting the Health and Wellbeing Coordinator to assign individuals who sign up to the Buddy and Mentor Scheme ‘Buddies’ to an appropriate Buddy Mentor and/or activity group.
- To coordinate and facilitate introductions of buddy pairs (mentor and mentees).

This role will also contribute to the facilitation of our Health and Wellbeing outreach classes. The Health and Wellbeing outreach classes are a small programme of free exercise classes aimed at those who are new or returning to activity. Roles may include:

- Recording attendance to classes.
- Supporting with movement of class equipment.
- Supporting to gain feedback and insight to inform future developments of the Health and Wellbeing Programme.

We are looking for someone with excellent interpersonal skills, who has an appreciation of the common barriers that prevent individuals from taking part in physical activity, and who is passionate about helping individuals to increase their physical activity and promote their health and wellbeing.

The role is funded by the University of Warwick Innovation Fund and will required working an average of 6 hours a week during term-time only. This fixed term role will end on Friday 28th June 2019. **Rate of Pay £9.00, Holiday Rate £1.54.**

If you are interested in the role, please send an expression of interest outlining why you would be suitable for the role by close of play on **Friday 9th October 2018** to Jina Tanton (Health and Wellbeing Coordinator, Warwick Sport) E: j.tanton@warwick.ac.uk. I am more than happy to have a discussion or answer any questions about the role.