

## Guidance

# Living in Norway

Information for British citizens moving to or living in Norway, including guidance on residency, passports and driving.

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From: **Foreign, Commonwealth & Development Office (/government/organisations/foreign-commonwealth-development-office)**

Published 26 June 2013

Last updated 20 August 2024 —

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This guide sets out essential information for British citizens moving to or living in Norway. Read about how our [embassy in Oslo \(https://www.gov.uk/world/organisations/british-embassy-oslo\)](https://www.gov.uk/world/organisations/british-embassy-oslo) can help.

This information is provided as a guide only. You should get definitive information from the Norwegian authorities. The Foreign, Commonwealth & Development Office (FCDO) is not liable for any inaccuracies in this information.

Read general guidance on [moving or retiring abroad \(https://www.gov.uk/moving-or-retiring-abroad\)](https://www.gov.uk/moving-or-retiring-abroad).

To stay up to date:

- sign up for [email alerts \(https://www.gov.uk/email-signup/?topic=/world/living-in-norway\)](https://www.gov.uk/email-signup/?topic=/world/living-in-norway)
- follow the British Embassy Oslo on [Facebook \(https://www.facebook.com/britishembassyoslo\)](https://www.facebook.com/britishembassyoslo) and [Twitter \(https://twitter.com/ukinnorway\)](https://twitter.com/ukinnorway)

You can also:

- read the [Norwegian Directorate of Immigration's frequently asked questions page \(https://udi.no/en/word-definitions/brexit/\)](https://udi.no/en/word-definitions/brexit/)
- check the [Norwegian government advice page \(https://www.regjeringen.no/en/topics/european-policy/brits\\_brexit/id2630241/\)](https://www.regjeringen.no/en/topics/european-policy/brits_brexit/id2630241/)
- read the [EEA EFTA Separation Agreement \(https://www.gov.uk/government/news/eea-efta-separation-agreement\)](https://www.gov.uk/government/news/eea-efta-separation-agreement)

## If you were living in Norway before 1 January 2021

Some parts of this guide only apply if you have been living in Norway since before 1 January 2021. You should read these in addition to the rest of the guidance in each section.

You should also read our [Living in Europe page \(https://www.gov.uk/guidance/living-in-europe\)](https://www.gov.uk/guidance/living-in-europe) for information about citizens' rights under the UK – European Economic Area European Free Trade Association (EEA EFTA) Separation Agreement.

## Visas and residency

You must tell the UK government offices that deal with your benefits, pension and tax if you are [moving or retiring abroad \(https://www.gov.uk/moving-or-retiring-abroad\)](https://www.gov.uk/moving-or-retiring-abroad).

Check the [entry requirements for Norway \(https://www.gov.uk/foreign-travel-advice/norway/entry-requirements\)](https://www.gov.uk/foreign-travel-advice/norway/entry-requirements).

You must register your intention to live in Norway with the [Norwegian Immigration Directorate \(https://www.udi.no/en/\)](https://www.udi.no/en/) (UDI) and apply for a residence permit (oppholdstillatelse).

Read the [Norwegian Tax Administration's guidance \(https://www.skatteetaten.no/en/person/foreign/you-must-notify-us-when-you-move/moving-to-norway/\)](https://www.skatteetaten.no/en/person/foreign/you-must-notify-us-when-you-move/moving-to-norway/) on how to register.

## Norwegian ID number

Everyone on the Norwegian National Population Registry (Folkeregisteret) is assigned a [national identity number \(https://www.skatteetaten.no/en/person/foreign/norwegian-identification-number/national-identity-number/\)](https://www.skatteetaten.no/en/person/foreign/norwegian-identification-number/national-identity-number/). This is an 11-digit personal identifier. The last 5 digits are called a 'personal number'.

Many public and private sector organisations require you to have a Norwegian identity number so you can access their services. You need it to open a bank account, register with a GP (fastlege), and pay taxes.

Use the [National Population Registry checker to see if you need to notify them when you move to Norway \(https://www.skatteetaten.no/en/person/foreign/you-must-notify-us-when-you-move/moving-to-norway\)](https://www.skatteetaten.no/en/person/foreign/you-must-notify-us-when-you-move/moving-to-norway/).

## Visas and residency if you were living in Norway before 1 January 2021

If you applied for your new residence card (oppholdskort) by 31 December 2021, your rights are protected by the [UK – EEA EFTA Separation Agreement](https://www.gov.uk/government/news/eea-efta-separation-agreement) (<https://www.gov.uk/government/news/eea-efta-separation-agreement>) pending a decision on your application. You should continue and complete the process to get your new residence card as soon as possible.

Dual UK-Norwegian nationals do not need to apply for a residence card.

You must [renew your residence card \(oppholdskort\)](https://www.udi.no/en/want-to-renew/replace-your-residence-card-or-the-sticker-in-your-passport-/) (<https://www.udi.no/en/want-to-renew/replace-your-residence-card-or-the-sticker-in-your-passport-/>) when it expires.

If you have not had a response to your residence card (oppholdskort) application, [contact UDI](https://www.udi.no/en/contact-us/) (<https://www.udi.no/en/contact-us/>) and provide your application reference number if you have one.

### Appeal process

If your application is refused, you will be notified about the appeal process. Read the Norwegian government advice on [how to appeal a residency decision](https://www.udi.no/en/word-definitions/appealing-a-decision/#link-1009) (<https://www.udi.no/en/word-definitions/appealing-a-decision/#link-1009>). You do not qualify for legal aid in Norway if you are appealing a decision relating to the UK-EEA EFTA Separation Agreement.

If your appeal is unsuccessful, you must either apply for another residence permit or leave Norway by the deadline that the UDI gives you.

If you are not eligible to apply for residence under the UK-EEA EFTA Separation Agreement, you may be able to apply for residence as a third country national on other grounds. You should [contact UDI for more information about alternative residence permits](https://www.udi.no/en/contact-us/) (<https://www.udi.no/en/contact-us/>).

### Late applications

The deadline for applying for a new residence status was 31 December 2021. You can still apply if you have reasonable grounds for missing it. Applications will be considered on an individual basis. You should apply as soon as possible. [Contact UDI](https://www.udi.no/en/contact-us/) (<https://www.udi.no/en/contact-us/>) to find out

how to apply.

## Family members

Your close family members continue to be able to join you and settle in Norway at any time in the future. Find more information on who this applies to in the [Living in Europe guidance \(https://www.gov.uk/guidance/living-in-europe\)](https://www.gov.uk/guidance/living-in-europe). Read the [Norwegian government guidance on how to apply as a family member \(https://www.udi.no/en/want-to-apply/residence-according-to-the-brexit-regulations/brexit-will-apply-from-abroad/\)](https://www.udi.no/en/want-to-apply/residence-according-to-the-brexit-regulations/brexit-will-apply-from-abroad/).

Nationals of certain non-EU countries may need a visa before travel. The Norwegian authorities should issue family reunion visas free of charge.

## Passports and travel

You can [apply for or renew your British passport from Norway \(https://www.gov.uk/overseas-passports\)](https://www.gov.uk/overseas-passports).

Check the [Norwegian travel advice \(https://www.gov.uk/foreign-travel-advice/norway/entry-requirements#passport-validity\)](https://www.gov.uk/foreign-travel-advice/norway/entry-requirements#passport-validity) for passport validity requirements.

Always carry your passport and residence permit when travelling within the [Schengen area \(https://ec.europa.eu/home-affairs/policies/schengen-borders-and-visa/schengen-area\\_en\)](https://ec.europa.eu/home-affairs/policies/schengen-borders-and-visa/schengen-area_en). If you have citizenship of an EU or EFTA country, in addition to your British citizenship, you should enter and leave Norway using your EU or EFTA passport.

The EU will introduce a new digital [Entry/Exit System \(EES\) \(https://travel-europe.europa.eu/ees\\_en\)](https://travel-europe.europa.eu/ees_en). The process will be implemented on 12 October 2025. Non-EU nationals visiting the EU, including UK nationals, will need to create a digital record when they enter the EU's Schengen Area. This includes providing biometric data (fingerprints and facial image) at the border. Norway is part of the EU's Schengen Area and so will also implement the EES. View the EU's [frequently asked questions \(https://travel-europe.europa.eu/ees/faqs-ees\\_en\)](https://travel-europe.europa.eu/ees/faqs-ees_en) about the EES.

Residents in Norway are exempt from registration in the EES. This includes UK nationals with rights under the Separation Agreement with the correct documentation. As such, if you hold the 'oppholdskort' (residence card) document, you will be exempt from registration in EES when travelling. If you do not hold this card, you should [contact UDI \(https://www.udi.no/en/contact-us/\)](https://www.udi.no/en/contact-us/) as soon as possible.

All UK nationals resident in Norway should carry their residence document when travelling. Make sure it remains valid and replace it if it's lost or stolen.

If you stay in Norway with a Norwegian residence permit or long stay visa, this time does not count towards your 90-day visa-free limit for the Schengen area.

If you visit other Schengen area countries outside Norway, make sure you do not exceed the visa-free 90 days in any 180-day period. This applies even if you have a Norwegian residence permit. You are responsible for counting how long you stay under the Schengen visa waiver, and you must comply with its conditions.

Different rules apply if you are [travelling to other EU and Schengen countries](https://www.gov.uk/travel-to-eu-schengen-area) (<https://www.gov.uk/travel-to-eu-schengen-area>) as a resident of Norway. Check each country's [travel advice page](https://www.gov.uk/foreign-travel-advice) (<https://www.gov.uk/foreign-travel-advice>) for information on entry requirements.

## **If you were living in Norway before 1 January 2021**

When you travel, carry your residence card (oppholdskort) or frontier worker permit issued under the UK-EEA EFTA Separation Agreement, in addition to your valid passport.

You must proactively show your residence card, or other evidence of residence status, if you are asked to show your passport at border control. Until you receive your new residence card, you should show one of the approved documents to prove that you are a resident in Norway. This can be the application receipt or:

- receipt for registration under the registration scheme for EEA nationals, dated before 1 January 2021
- certificate of application under sections 19-33 to 19-35 of the Immigration Regulations
- registration certificate or proof of permanent residence issued under the registration scheme for EEA nationals
- residence certificate from the National Population Register (bostedsattest)

You can order residence certificates from the [Norwegian Tax Administration](https://www.skatteetaten.no/en/person/national-registry/certificates-and-information/order-certificates/overview-of-certificates/bostedsattest/) (<https://www.skatteetaten.no/en/person/national-registry/certificates-and-information/order-certificates/overview-of-certificates/bostedsattest/>).

If you cannot prove that you are resident in Norway, you may be asked additional questions at the border to enter the Schengen area.

Your passport may be stamped on entry and exit. This will not affect your rights in the country or countries where you live or work. If a passport is stamped, the stamp is considered null and void when you can show evidence of lawful residence. Read [EU guidance for UK nationals on entering and leaving the Schengen area \(https://ec.europa.eu/info/sites/default/files/rules\\_for\\_uk\\_nationals\\_when\\_entering\\_or\\_leaving\\_the\\_schengen\\_area\\_for\\_publication\\_v2\\_en.pdf\)](https://ec.europa.eu/info/sites/default/files/rules_for_uk_nationals_when_entering_or_leaving_the_schengen_area_for_publication_v2_en.pdf).

If you have rights under the UK-EEA EFTA Separation Agreement, you can enter and exit Norway with a valid passport. You do not need any additional validity on the passport beyond the dates on which you are travelling.

## Healthcare

Read our guidance on [healthcare in Norway \(https://www.gov.uk/guidance/healthcare-in-norway\)](https://www.gov.uk/guidance/healthcare-in-norway) and make sure you are correctly registered for your circumstances.

Travel insurance is [not intended to cover healthcare costs if you live overseas \(https://www.gov.uk/guidance/foreign-travel-insurance#insurance-if-you-live-abroad-or-go-for-work-or-study\)](https://www.gov.uk/guidance/foreign-travel-insurance#insurance-if-you-live-abroad-or-go-for-work-or-study).

People employed and self-employed in Norway make contributions to the Norway National Insurance Scheme (folketrygden) which entitles them to access healthcare in Norway on the same basis as a Norwegian citizen. In Norway everyone must pay fees when accessing healthcare.

Read the [Norwegian government guidance on health rights for foreigners in Norway \(https://www.helsenorge.no/en/foreigners-in-norway/\)](https://www.helsenorge.no/en/foreigners-in-norway/).

You should also read guidance on:

- [finding an English-speaking doctor in Norway \(https://www.gov.uk/government/publications/norway-list-of-medical-facilitiespractitioners/norway-doctors\)](https://www.gov.uk/government/publications/norway-list-of-medical-facilitiespractitioners/norway-doctors)
- [travelling with medicines \(NHS\) \(https://www.nhs.uk/common-health-questions/medicines/can-i-take-my-medicine-abroad/\)](https://www.nhs.uk/common-health-questions/medicines/can-i-take-my-medicine-abroad/)

## Working in Norway

If you are planning to move to Norway and work, you may need a visa. Norway has a quota for work permits.

Read the Norwegian government's [guidance on working in Norway \(https://www.workinnorway.no/\)](https://www.workinnorway.no/) as a foreign national and [how to get a visa \(https://www.udi.no/en/want-to-apply/work-immigration/\)](https://www.udi.no/en/want-to-apply/work-immigration/).

To apply for a job you may need to provide a [UK police certificate \(https://www.acro.police.uk/Police-Certificates\)](https://www.acro.police.uk/Police-Certificates).

Read [working or providing services in Norway \(https://www.gov.uk/guidance/norway-providing-services-after-eu-exit#business-travel-and-entry-requirements\)](https://www.gov.uk/guidance/norway-providing-services-after-eu-exit#business-travel-and-entry-requirements).

If you work in Norway, even if you work for a UK-based company, this may affect where you pay National Insurance-type contributions. Read the [National insurance and social security contributions section \(https://www.gov.uk/guidance/living-in-norway#national-insurance-and-social-security-contributions\)](https://www.gov.uk/guidance/living-in-norway#national-insurance-and-social-security-contributions) for more information.

### If you were living in Norway before 1 January 2021

You have the right to work under the UK-EEA EFTA Separation Agreement if you have an 'oppholdskort' residence document, or have applied for one.

If you live in Norway and were regularly commuting to work in another EU or EFTA country before 1 January 2021, read our [guidance for frontier workers \(https://www.gov.uk/guidance/frontier-workers-in-eu-and-efta-countries\)](https://www.gov.uk/guidance/frontier-workers-in-eu-and-efta-countries).

If you are working in Norway as a posted or detached worker, you need a work permit to continue working in Norway. [Read UDI's guidance on permits for posted workers \(https://www.udi.no/en/want-to-apply/residence-according-to-the-brexit-regulations/brexit-apply-from-norway/#link-19206\)](https://www.udi.no/en/want-to-apply/residence-according-to-the-brexit-regulations/brexit-apply-from-norway/#link-19206).

## Professional qualifications

You may need to get your professional qualification recognised if you want to work in a profession that is regulated in Norway.

Read guidance on:

- [recognition of professional qualifications \(https://www.gov.uk/guidance/providing-services-to-any-country-in-the-eu-iceland-liechtenstein-norway-or-switzerland-after-eu-exit#recognition-of-professional-qualifications\)](https://www.gov.uk/guidance/providing-services-to-any-country-in-the-eu-iceland-liechtenstein-norway-or-switzerland-after-eu-exit#recognition-of-professional-qualifications)
- how to [get your qualification recognised in Norway \(https://www.gov.uk/guidance/norway-providing-services-after-eu-exit#recognition-of-professional-qualifications\)](https://www.gov.uk/guidance/norway-providing-services-after-eu-exit#recognition-of-professional-qualifications)

## If you were living in Norway before 1 January 2021

If the relevant regulator in Norway officially recognised your professional qualification before 1 January 2021, or you started the recognition process by this date, make sure you understand the terms of your decision. You should get advice from the relevant regulator.

## Studying in Norway

If you plan to study in Norway, you must meet all visa requirements before you travel.

Contact the relevant higher education provider in Norway to check what fees you may have to pay.

Read guidance on [healthcare for students in Norway \(https://www.gov.uk/guidance/healthcare-in-norway#studying-in-norway\)](https://www.gov.uk/guidance/healthcare-in-norway#studying-in-norway)

## Tax

The UK has a [double taxation agreement with Norway \(https://www.gov.uk/government/publications/norway-tax-treaties\)](https://www.gov.uk/government/publications/norway-tax-treaties) so that you do not pay tax on the same income in both countries. Ask the relevant tax authority your questions about double taxation relief.

You should get professional advice on paying tax in Norway. Find an [English-speaking lawyer in Norway \(https://www.gov.uk/government/publications/norway-list-of-lawyers\)](https://www.gov.uk/government/publications/norway-list-of-lawyers).

Read guidance on:

- [tax if you leave the UK to live abroad \(https://www.gov.uk/tax-right-retire-abroad-return-to-uk\)](https://www.gov.uk/tax-right-retire-abroad-return-to-uk)
- [tax on your UK income if you live abroad \(https://www.gov.uk/tax-uk-income-](https://www.gov.uk/tax-uk-income-)

[live-abroad/taxed-twice](#))

- [tax if you get a pension and live abroad \(https://www.gov.uk/tax-on-pension/tax-when-you-live-abroad\)](https://www.gov.uk/tax-on-pension/tax-when-you-live-abroad)
- [paying income tax in Norway \(https://europa.eu/youreurope/citizens/work/taxes/income-taxes-abroad/norway/index\\_en.htm\)](https://europa.eu/youreurope/citizens/work/taxes/income-taxes-abroad/norway/index_en.htm)
- [Norwegian guidance on tax and customs, including online shopping, excise duties and preferential origin \(https://www.toll.no/en/\)](https://www.toll.no/en/)

## National Insurance and social security contributions

[National Insurance-type contributions \(https://www.gov.uk/national-insurance\)](https://www.gov.uk/national-insurance) (NIC) are called 'social security contributions' (SSC) in Norway. Find out if you need to [pay National Insurance in the UK or social security contributions \(https://www.gov.uk/national-insurance-if-you-go-abroad\)](https://www.gov.uk/national-insurance-if-you-go-abroad) in Norway.

If you plan to move to Norway and work, even if you continue working for a UK-based company, you and your employer may need to pay social security contributions in Norway. These social security contributions would entitle you to certain benefits, such as healthcare, in Norway.

Read guidance on [National Insurance for workers from the UK working in the EEA or Switzerland \(https://www.gov.uk/guidance/national-insurance-for-workers-from-the-uk-working-in-the-eea-or-switzerland\)](https://www.gov.uk/guidance/national-insurance-for-workers-from-the-uk-working-in-the-eea-or-switzerland).

You can also check your [UK National Insurance record \(https://www.gov.uk/government/publications/national-insurance-statement-of-national-insurance-contributions-ca3916\)](https://www.gov.uk/government/publications/national-insurance-statement-of-national-insurance-contributions-ca3916).

Read guidance on:

- [national insurance for workers from the UK working in the EEA or Switzerland \(https://www.gov.uk/guidance/national-insurance-for-workers-from-the-uk-working-in-the-eea-or-switzerland\)](https://www.gov.uk/guidance/national-insurance-for-workers-from-the-uk-working-in-the-eea-or-switzerland)
- [social security contributions for workers coming to the UK from the EEA or Switzerland \(https://www.gov.uk/guidance/social-security-contributions-for-workers-coming-to-the-uk-from-the-eea-or-switzerland\)](https://www.gov.uk/guidance/social-security-contributions-for-workers-coming-to-the-uk-from-the-eea-or-switzerland)

## Benefits

## UK benefits

Read [guidance on entitlement to UK benefits and pensions \(https://www.gov.uk/guidance/benefits-and-pensions-for-uk-nationals-in-the-eea-or-switzerland\)](https://www.gov.uk/guidance/benefits-and-pensions-for-uk-nationals-in-the-eea-or-switzerland) while you are living in Norway.

[Check which UK benefits you can claim while abroad \(https://www.gov.uk/uk-benefits-abroad\)](https://www.gov.uk/uk-benefits-abroad) and how to claim them.

Many income-related benefits such as Pension Credit and Housing Benefit cannot be paid if you're abroad for more than 4 weeks.

## Norway benefits

You may be eligible to claim some Norwegian social security benefits after you've worked 6 months continually. Read about [Norwegian social security benefits \(https://www.nav.no/en/home/benefits-and-services/information-about-nav-s-services-and-benefits\)](https://www.nav.no/en/home/benefits-and-services/information-about-nav-s-services-and-benefits).

## Pensions

Read [guidance on entitlement to UK benefits and pensions \(https://www.gov.uk/guidance/benefits-and-pensions-for-uk-nationals-in-the-eea-or-switzerland\)](https://www.gov.uk/guidance/benefits-and-pensions-for-uk-nationals-in-the-eea-or-switzerland) while you are living in Norway.

Read [State Pension guidance if you have lived in Australia, Canada or New Zealand \(https://www.gov.uk/guidance/state-pension-if-youve-lived-in-australia-canada-or-new-zealand\)](https://www.gov.uk/guidance/state-pension-if-youve-lived-in-australia-canada-or-new-zealand) and you are claiming or waiting to claim your UK State Pension.

If you retire in Norway, you can claim:

- your [UK State Pension \(https://www.gov.uk/state-pension-if-you-retire-abroad\)](https://www.gov.uk/state-pension-if-you-retire-abroad) or [new UK State Pension \(https://www.gov.uk/new-state-pension\)](https://www.gov.uk/new-state-pension). [Contact the International Pension Centre \(https://www.gov.uk/international-pension-centre\)](https://www.gov.uk/international-pension-centre) for further information
- [pensions from working in EU countries \(https://europa.eu/youreurope/citizens/work/retire-abroad/state-pensions-abroad/index\\_en.htm\)](https://europa.eu/youreurope/citizens/work/retire-abroad/state-pensions-abroad/index_en.htm)
- your pension from the [Norwegian Pension Department \(https://www.regjeringen.no/en/dep/asd/organisation/departments/the-department-of-pension-policy/id975/\)](https://www.regjeringen.no/en/dep/asd/organisation/departments/the-department-of-pension-policy/id975/), if you have worked in Norway

Read the Money and Pension Service's MoneyHelper [guidance on pension and retirement](https://www.moneyhelper.org.uk/en/pensions-and-retirement/pension-problems/brexit-pension-retirement?source=mas#) (<https://www.moneyhelper.org.uk/en/pensions-and-retirement/pension-problems/brexit-pension-retirement?source=mas#>) for more information on cross-border pensions.

## Life certificates for UK State Pensions

If you get a ['life certificate' from the UK Pension Service](https://www.gov.uk/state-pension-if-you-retire-abroad/report-a-change-in-your-circumstances) (<https://www.gov.uk/state-pension-if-you-retire-abroad/report-a-change-in-your-circumstances>), you must respond as soon as possible. Your payments may be suspended if you do not.

## Money and banking

Whether UK banks can provide services to customers living in the EEA depends on local laws and regulation. Read the Money and Pension Service's MoneyHelper [guidance on banking, insurance and financial services](https://www.moneyhelper.org.uk/en/everyday-money/banking/brexit-banking-insurance-finance?source=mas) (<https://www.moneyhelper.org.uk/en/everyday-money/banking/brexit-banking-insurance-finance?source=mas>) for more information on cross-border banking.

## Accommodation and buying property

Read guidance on [how to buy or let property in Norway](https://www.gov.uk/guidance/guidance-for-buying-property-abroad) (<https://www.gov.uk/guidance/guidance-for-buying-property-abroad>).

## Driving in Norway

You cannot renew or replace your UK, Gibraltar, Jersey, Guernsey or Isle of Man licence if you live in Norway. Read the guidance on what you must do to drive legally in Norway:

- [what you need to drive in the EU](https://www.gov.uk/guidance/driving-in-the-eu) (<https://www.gov.uk/guidance/driving-in-the-eu>), which also includes information for Iceland, Liechtenstein, Norway and Switzerland
- [driving licence rules in Norway if you live there](https://www.gov.uk/guidance/driving-in-the-eu-uk-licence-holders-living-in-the-eu#norway) (<https://www.gov.uk/guidance/driving-in-the-eu-uk-licence-holders-living-in-the-eu#norway>)
- [road travel in Norway](https://www.gov.uk/foreign-travel-advice/norway/safety-and-security#road-travel) (<https://www.gov.uk/foreign-travel-advice/norway/safety-and-security#road-travel>)

## Exchanging your UK, Gibraltar, Jersey, Guernsey or Isle of Man licence

If you live in Norway, you must [exchange your UK licence for a Norwegian one](https://www.vegvesen.no/en/driving-licences/driving-licence-holders/driving-licences-in-norway-and-abroad/exchanging-eueea-driving-licences/) (<https://www.vegvesen.no/en/driving-licences/driving-licence-holders/driving-licences-in-norway-and-abroad/exchanging-eueea-driving-licences/>). You do not need to take a driving test. You cannot use an International Driving Permit (IDP) instead of exchanging your licence.

## Disabled drivers

If you have a [UK Blue Badge](https://www.gov.uk/government/collections/blue-badge-scheme) (<https://www.gov.uk/government/collections/blue-badge-scheme>) and live in Norway, you must return it to the original UK issuing authority. Norway has adopted the European Model Parking Card.

Read the [EU guidance on the EU parking card for people with disabilities](https://europa.eu/youreurope/citizens/travel/transport-disability/parking-card-disabilities-people/index_en.htm) ([https://europa.eu/youreurope/citizens/travel/transport-disability/parking-card-disabilities-people/index\\_en.htm](https://europa.eu/youreurope/citizens/travel/transport-disability/parking-card-disabilities-people/index_en.htm)).

## Bringing a UK-registered vehicle to Norway

Read our guidance on [taking a vehicle out of the UK](https://www.gov.uk/taking-vehicles-out-of-uk) (<https://www.gov.uk/taking-vehicles-out-of-uk>).

Read the [Norwegian guidance on car registration rules and taxes](https://www.skatteetaten.no/en/person/foreign/using-a-foreign-registered-vehicle-in-norway/?6920=0) (<https://www.skatteetaten.no/en/person/foreign/using-a-foreign-registered-vehicle-in-norway/?6920=0>).

## Driving outside Norway with a Norwegian licence

You can use your Norwegian licence when visiting the UK. Keep up-to-date with the [UK Highway Code](https://www.gov.uk/browse/driving/highway-code-road-safety) (<https://www.gov.uk/browse/driving/highway-code-road-safety>).

If you go to live in the UK, you can exchange your Norwegian licence for a UK one without taking a test.

To drive in another country, in addition to your Norwegian licence you may need to [apply for an IDP](https://www.vegvesen.no/en/driving-licences/driving-licence-holders/driving-licences-in-norway-and-abroad/norwegian-driving-licences-abroad/) (<https://www.vegvesen.no/en/driving-licences/driving-licence-holders/driving-licences-in-norway-and-abroad/norwegian-driving-licences-abroad/>).

## Voting

If you're resident in Norway, you can [vote in municipal council elections](https://www.valg.no/en/elections2/elections-in-norway/municipal-council-elections/) and [vote in county council elections](https://www.valg.no/en/elections2/elections-in-norway/county-council-elections/) if you meet the voter requirements.

You may be able to vote in some UK elections. You can:

- [check if you are able to vote](https://www.electoralcommission.org.uk/i-am-a-voter/overseas-voters)
- [register as an overseas voter](https://www.gov.uk/voting-when-abroad)

## Births, deaths, marriage and civil partnerships

If your child is born in Norway, you can [register the birth with the UK authorities](https://www.gov.uk/register-a-birth) in addition to registering locally. If your child has British nationality [you do not need to register the birth with the UK authorities to apply for a British passport](https://www.gov.uk/apply-citizenship-british-parent).

If someone dies in Norway read our guidance on:

- [what to do after someone dies abroad](https://www.gov.uk/after-a-death/death-abroad)
- [bereavement information for Norway](https://www.gov.uk/government/publications/norway-bereavement-packinformation)
- [finding English-speaking funeral directors in Norway](https://www.gov.uk/government/publications/norway-list-of-funeral-directors)

Find out [how you can get married or get a civil partnership abroad](https://www.gov.uk/marriage-abroad).

You may also need:

- [English-speaking lawyers in Norway](https://www.gov.uk/government/publications/norway-list-of-lawyers)
- [English-speaking translators and interpreters in Norway](https://www.gov.uk/government/publications/norway-list-of-translators-and-interpreters)
- [notary services for Norway](https://www.gov.uk/guidance/notarial-and-)

[documentary-services-guide-for-norway](#))

## Pets

If you're moving to Norway with your pet, read the guidance and ensure you comply with the regulations:

- [taking your pet abroad \(https://www.gov.uk/taking-your-pet-abroad/travelling-to-a-noneu-country\)](https://www.gov.uk/taking-your-pet-abroad/travelling-to-a-noneu-country)
- [travelling into Norway with pets \(https://www.mattilsynet.no/language/english/animals/travelling\\_with\\_pets/travelling\\_with\\_dogs\\_cats\\_and\\_ferrets\\_from\\_third\\_countries\\_and\\_territories\\_to\\_norway.23949\)](https://www.mattilsynet.no/language/english/animals/travelling_with_pets/travelling_with_dogs_cats_and_ferrets_from_third_countries_and_territories_to_norway.23949) from the Norwegian Food Safety Authority

To visit other countries with your pet, check the rules for the country you're travelling to. Contact your vet to get the travel documents your pet needs.

Read guidance on:

- [bringing your pet to Great Britain \(https://www.gov.uk/bring-pet-to-great-britain\)](https://www.gov.uk/bring-pet-to-great-britain). Check that your pet's rabies vaccinations are up to date. Vets in Great Britain cannot enter rabies vaccination details in non-UK issued pet passports
- [travelling to Ireland with your pet \(https://www.gov.uk/guidance/living-in-ireland#pets\)](https://www.gov.uk/guidance/living-in-ireland#pets)
- [travelling with your pet in the EU \(https://europa.eu/youreurope/citizens/travel/carry/animal-plant/index\\_en.htm\)](https://europa.eu/youreurope/citizens/travel/carry/animal-plant/index_en.htm)

## Emergencies

Dial the [European emergency number 112 in Norway \(https://europa.eu/youreurope/citizens/travel/security-and-emergencies/emergency/index\\_en.htm\)](https://europa.eu/youreurope/citizens/travel/security-and-emergencies/emergency/index_en.htm), or dial:

- 110 for fire brigade
- 112 for police
- 113 for ambulance
- 120 for emergency at sea

If you need guidance on child abduction, read the [guidance on international parental child abduction \(https://www.gov.uk/government/publications/international-parental-child-abduction\)](https://www.gov.uk/government/publications/international-parental-child-abduction); contact the [child welfare services of the Norwegian directorate for children, youth and family affairs \(https://bufdir.no/en/English\\_start\\_page/The\\_Norwegian\\_Child\\_Welfare\\_Services/contact\\_the\\_child\\_welfare\\_services/\)](https://bufdir.no/en/English_start_page/The_Norwegian_Child_Welfare_Services/contact_the_child_welfare_services/) and read the [Norwegian directorate for children, youth and family's information about the laws they apply \(https://bufdir.no/English\\_start\\_page/Haag96\\_eng/\)](https://bufdir.no/English_start_page/Haag96_eng/).

If you're the victim of a crime, have been arrested, or are affected by a crisis, [contact the British Embassy Oslo \(https://www.gov.uk/world/organisations/british-embassy-oslo\)](https://www.gov.uk/world/organisations/british-embassy-oslo).

## Returning to the UK

Tell the Norwegian and UK authorities if you are returning to the UK permanently.

If you get healthcare in Norway through the S1 form, you must contact the Overseas Healthcare Team on +44 (0)191 218 1999 to make sure your S1 is cancelled at the right time.

To move your pension to the UK, contact the [International Pension Centre \(https://www.gov.uk/international-pension-centre\)](https://www.gov.uk/international-pension-centre).

Read the guidance on [returning to the UK permanently \(https://www.gov.uk/guidance/returning-to-the-uk\)](https://www.gov.uk/guidance/returning-to-the-uk) which includes information on, amongst other things, bringing family members, tax and access to services.

## Useful information

[Support for British nationals abroad: a guide \(https://www.gov.uk/government/publications/support-for-british-nationals-abroad-a-guide\)](https://www.gov.uk/government/publications/support-for-british-nationals-abroad-a-guide) sets out how to stay safe abroad, and explains how the FCDO can support you if you get into difficulty.

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Published 26 June 2013

Last updated 20 August 2024 [+ show all updates](#)



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