



Accra & Larabanga, Ghana

Volunteering

Kasia Jaworska
2nd year GSD & Biology



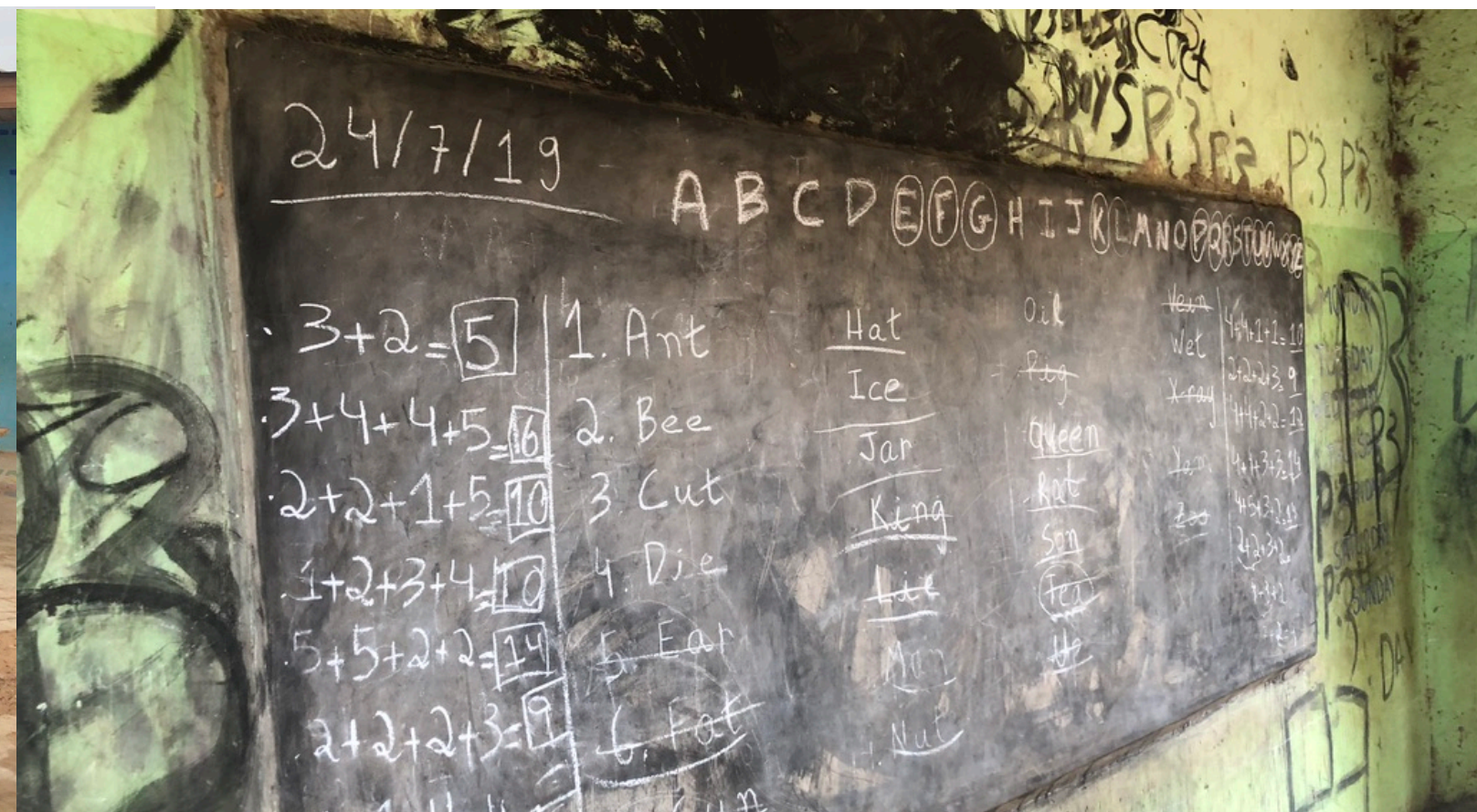
I spent **three weeks** living with local families in both the capital, **Accra**, and a little northern town **Larabanga**. I made the most of fresh fruit and **local food** – it was very spicy though.



I was a **volunteer** at local **health clinics**, helping mainly with administrative work and patient check in. During my time in Ghana I learned how to take **malaria tests**, supported an **outreach vaccination campaign** and had the chance to **observe doctors** from a variety of departments.



Whenever we had some free time we helped out at the **local school**, teaching children **English and playing sports** with them. I was surprised to see how big **football** is in Ghana, some of the kids were incredibly good. It was really easy to create bonds with the kids and **leaving was hard**.



On the weekends we didn't have work, so we **explored** the country. I got to go on a **full day trek** to see a **beautiful waterfall**, visit the **oldest mosque in West Africa** and spend days **talking to the locals**, learning about their country and culture.

