### MA Social Work - Study Week

#### A Week in the Life

**Monday**
- **8.30-10am** - Travel
- **10-4pm** - Lectures/study
- **4pm -5pm** - Travel
- **7pm** - Run/excercise

**Tuesday**
- **8.30-10am** - Travel
- **10-4pm** - Lectures/study
- **4pm-5pm** - Travel
- **5pm** - Family time

**Wednesday**
- **Study Day/Chores/Run**
- **7pm** - Food shop/hobbies

**Thursday**
- **8.30 -10am** - Travel
- **10-4pm** - Lectures/study
- **4-5pm** - Travel
- **5pm** - Family time
- **7pm** - Meet with friends

**Friday**
- **8.30 -10am** - Travel
- **10-4pm** - Lectures/study
- **4-5pm** - Travel
- **5pm** - Family time

**Saturday**
- **10am-4 pm (approx)** - Study day on campus
- **5pm** - Family time
- **7pm** - (once a month) date night with husband

**Sunday**
- **All day** - family day / catch up with friends and household chores