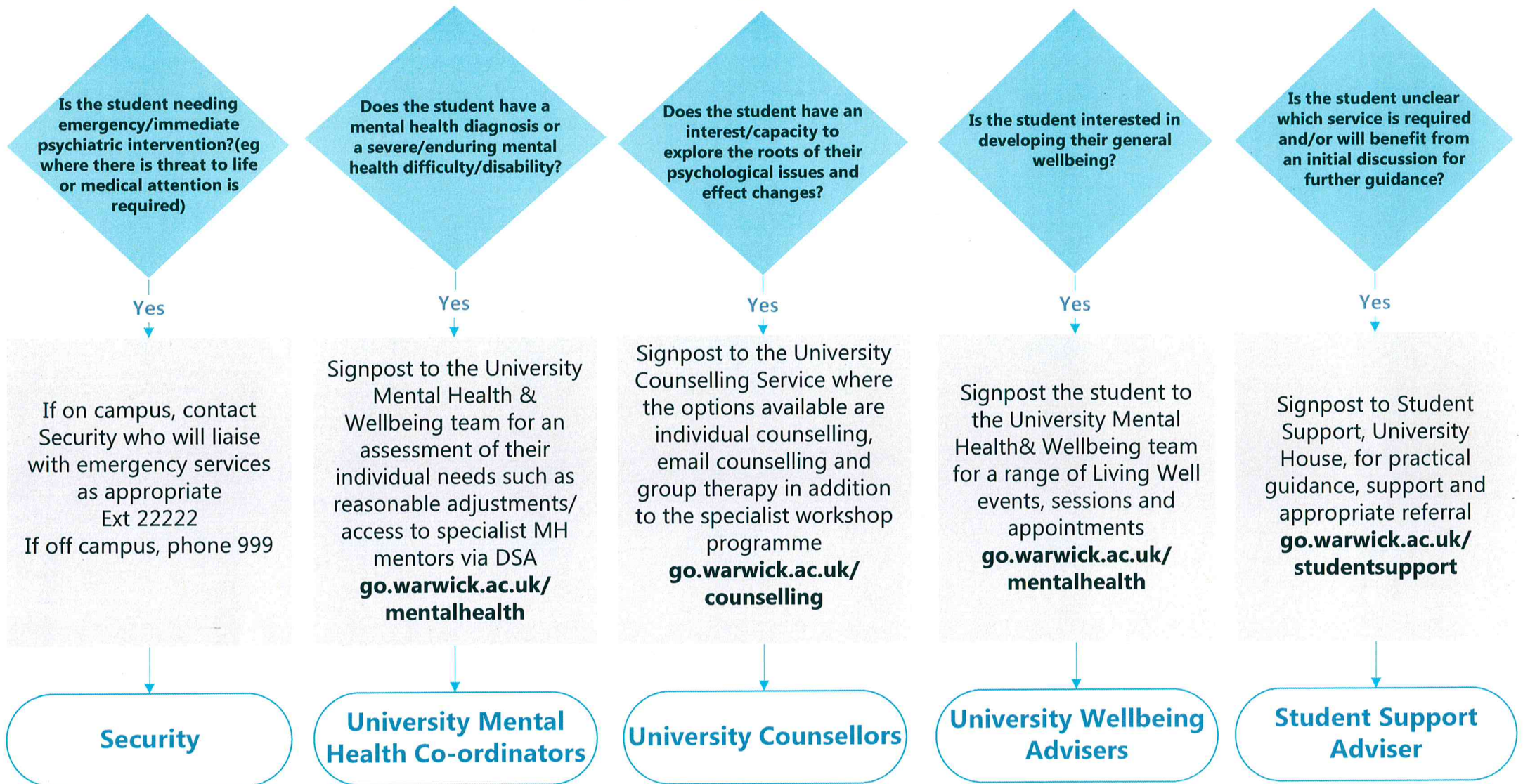


Where can I refer students who are struggling with emotional or psychological issues?



Glossary

Counsellors: Work to help explore the roots of psychological issues and/or to make cognitive changes

Mental Health Coordinators: Work with students to help manage risk and severe/enduring mental health issues

Mental Health Mentors: Offer regular mentoring sessions to support students who have a mental health disability

Student Support Advisers: Provide information and guidance on practical issues and signpost to all services

Wellbeing Advisers: Work proactively with students to promote general wellbeing

NB there may be overlaps – students may use more than one service – contact us for further guidance

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