

Support for Staff
Available from the
University Counselling Service (UCS)
<https://warwick.ac.uk/services/counselling/>

A staff member requires support for themselves

A staff member wants to support others

Self refer to a range of services

Wanting to support other staff

Wanting to support students

- UCS workshops
- Self help resources
- Individual Counselling face to face
- Email counselling
- Group therapy

Signpost to range of resources

Contact UCS for guidance on referral/signposting (can be done anonymously)

Discuss and encourage student to register with UCS

Read FAQs on UCS website

