Support for Staff
Available from the University Counselling Service (UCS)
https://warwick.ac.uk/services/counselling/

A staff member requires support for themselves

Self refer to a range of services

UCS workshops
Self help resources
Individual Counselling face to face
Email counselling
Group therapy

A staff member wants to support others

Wanting to support other staff
Signpost to range of resources
Contact UCS for guidance on referral/signposting (can be done anonymously)

Wanting to support students
Discuss and encourage student to register with UCS
Read FAQs on UCS website