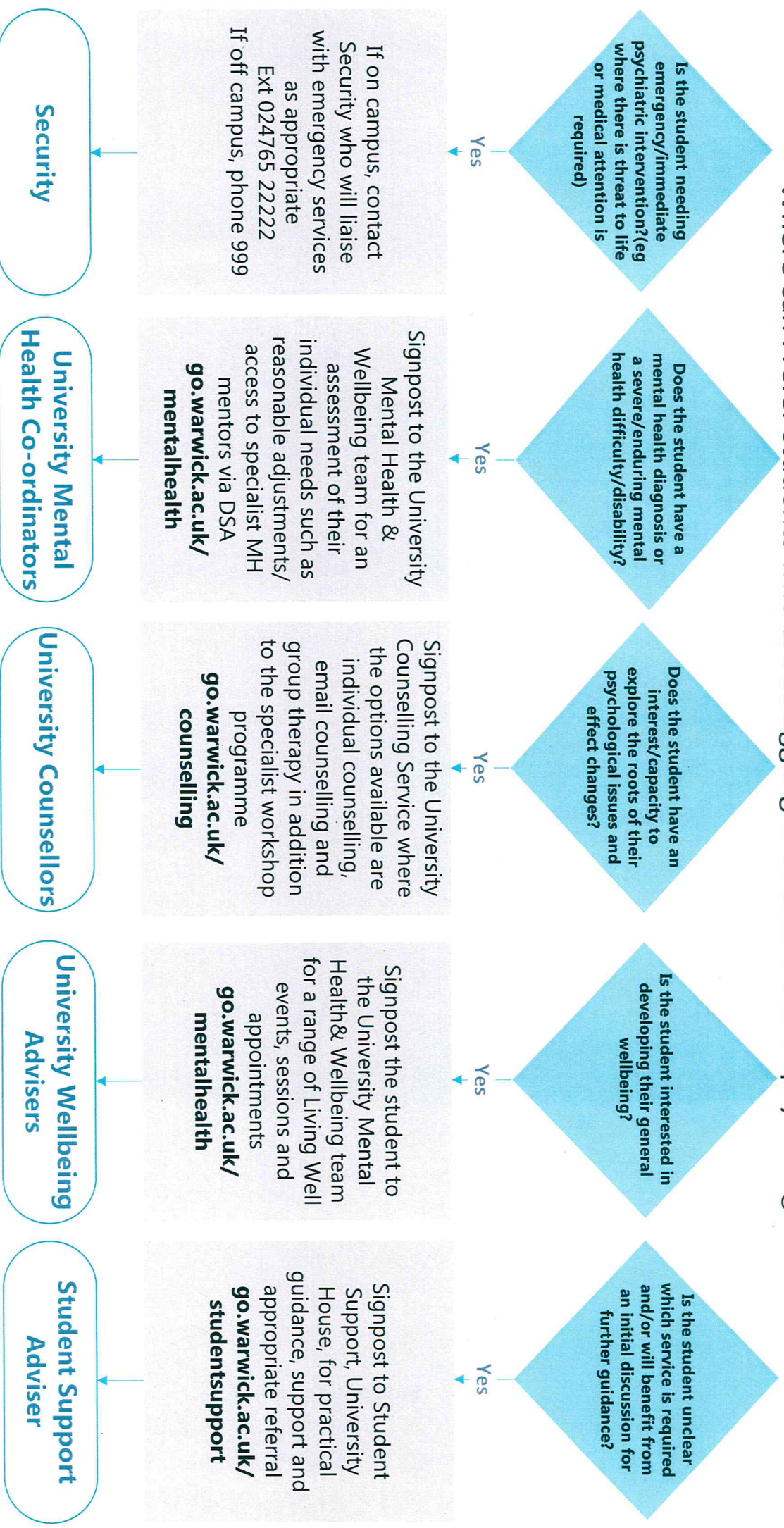


## Where can I refer students who are struggling with emotional or psychological issues?



### Glossary

**Counsellors:** Work to help explore the roots of psychological issues and/or to make cognitive changes

**Mental Health Coordinators:** Work with students to help manage risk and severe/enduring mental health issues

**Mental Health Mentors:** Offer regular mentoring sessions to support students who have a mental health disability

**Student Support Advisers:** Provide information and guidance on practical issues and signpost to all services

**Wellbeing Advisers:** Work proactively with students to promote general wellbeing

NB there may be overlaps – students

may use more than one service –

contact us for further guidance

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