

Support for Staff

Available from the

University Counselling Service (UCS)

<https://warwick.ac.uk/services/counselling/>

A staff member requires support for themselves

A staff member wants to support others

Self refer to a range of services

Wanting to support other staff

Wanting to support students

UCS workshops

Self help resources

Signpost to range of resources

Individual Counselling face to face

Email counselling

Group therapy

Contact UCS for guidance on referral/signposting (can be done anonymously)

Discuss and encourage student to register with UCS

Read FAQs on UCS website